Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

A study to compare the relative bioavailability of Fatak Chemie Pars and Mylan formulations of triamterene-hydrochlorothiazide tablets in 24 healthy adult volunteers under fasting conditions

Protocol summary

Study aim

The study aims to evaluate the bioequivalence of triamterene-hydrochlorothiazide tablets produced by two different pharmaceutical companies under fasting conditions

Design

This randomized, single-dose, two-way, crossover study is conducted to compare the pharmacokinetics of triamterene-hydrochlorothiazide and Maxzide® tablets in 24 healthy adult volunteers. Volunteers will be sorted and receive a number from 1 to 24. In the first phase of the study, 12 volunteers will receive triamterene-hydrochlorothiazide manufactured by Fatak Chemie Pars and the remaining 12 volunteers will receive Maxzide® produced by Mylan company. The administered drugs will be replaced by another group in the second phase of the study.

Settings and conduct

The dose administration and subsequent sample collection will be performed in Motahhari hospital (Gonbade Kavous, Iran).

Participants/Inclusion and exclusion criteria

Inclusion criteria: aged 18-55 years; subject available for the entire study period; willingness to adhere to protocol requirements as evidenced by written informed consent; good health at screening. Exclusion criteria: History of use of any drug; hypersensitivity or intolerance; significant history or current evidence of chronic disease; receipt of any drug as part of a research study within 30 days prior to the present study.

Intervention groups

First intervention group: A single oral dose of triamterene-hydrochlorothiazide (1 tablet) manufactured by Fatak Chemie Pars company to 12 subjects. Second intervention group: A single oral dose of Maxzide (1 tablet) manufactured by Mylan company to 12 subjects. Since in this study, the volunteers will receive both test and reference drugs, each volunteer will act as his own control.

Main outcome variables

Drug plasma concentration; Area under the plasma concentration-time curve

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20130626013776N59**
Registration date: **2021-08-31, 1400/06/09**
Registration timing: **prospective**

Last update: **2021-08-31, 1400/06/09**
Update count: **0**

Registration date

2021-08-31, 1400/06/09

Registrant information

Name
Hossein Amini

Name of organization / entity
Golestan University of Medical Sciences

Country
Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2021-10-23, 1400/08/01

Expected recruitment end date

2022-09-23, 1401/07/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

A study to compare the relative bioavailability of Fatak Chemie Pars and Mylan formulations of triamterene-hydrochlorothiazide tablets in 24 healthy adult volunteers under fasting conditions

Public title

Bioequivalence study of triamterene-hydrochlorothiazide tablets

Purpose

Basic scienece

Inclusion/Exclusion criteria

Inclusion criteria:

18-55 years of age. The subject is able and willing to provide signed informed consent. The subject is available for the entire study period. Willing to adhere to protocol requirements as evidenced by written informed consent. The subject has a stable residence and telephone. Good health as determined by lack of clinically significant abnormalities in health assessments performed at screening.

Exclusion criteria:

History of allergy or sensitivity to triamterene and hydrochlorothiazide. History of any drug hypersensitivity or intolerance which, in the opinion of the investigator,would compromise the safety of the subject of the study. Significant history or current evidence of chronic infectious disease, system disorder or organ dysfunction. Presence of gastrointestinal disease or history of malabsorption within the last year. History of a medical disorders occurring within the last year that required hospitalization or medication. Use of pharmacologic agents known to significantly induce or inhibit drug-metabolizing enzymes within 30 days prior to dosing. Receipt of any drug as part of a research study within 30 days prior to the present study. Donation or significant loss of whole blood (480 ml or more) within 30 days prior to the present study.

Age

From **18 years** old to **55 years** old

Gender

Both

Phase

Bioequivalence

Groups that have been masked

No information

Sample size

Target sample size: **24**

More than 1 sample in each individual

Number of samples in each individual: **2**

In a crossover design, each person is its own control and receives two different interventions

Randomization (investigator's opinion)

Randomized

Randomization description

A pot randomization method will be used in this study. 12 papers are labeled "Reference Product" and 12 papers will be written as "Test Product". The papers will be then placed in sealed envelopes, and participants randomly selected a paper and will be placed in the Reference or Test groups.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Crossover

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Golestan University of Medical Sciences

Street address

Falsafi Building, Sari Road Km 2

City

Gorgan

Province

Golestan

Postal code

4934174515

Approval date

2021-05-23, 1400/03/02

Ethics committee reference number

IR.GOUMS.REC.1400.049

Health conditions studied

1

Description of health condition studied

.

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Drug plasma concentration

Timepoint

At time zero and 0.5, 1, 1.25, 1.5, 2, 2.5, 3, 4, 5, 6, 8, 10 and 12 h after drug administration

Method of measurement

Blood sampling and measurement of drug concentrations by high-performance liquid chromatography

2

Description
Area under plasma concentration-time curve
Timepoint
At time zero and 0.5, 1, 1.25, 1.5, 2, 2.5, 3, 4, 5, 6, 8, 10 and 12 h after drug administration
Method of measurement
Blood sampling and measurement of drug concentrations by high-performance liquid chromatography

Secondary outcomes

1

Description
Plasma half-life
Timepoint
From the terminal 8 hours of plasma concentration-time profile
Method of measurement
Blood sampling and drug analysis by high-performance liquid chromatography method

Intervention groups

1

Description
Intervention group: Oral administration of a single dose of triamterene-hydrochlorothiazide (1 tablet) manufactured by Fatak Chemie Pars to healthy volunteers under fasting condition in the morning of the experiment day
Category
Treatment - Drugs

2

Description
Intervention group: Oral administration of a single dose of Maxzide (1 tablet) manufactured by Mylan to healthy volunteers under fasting condition in the morning of the experiment day
Category
Treatment - Drugs

Recruitment centers

1

Recruitment center
Name of recruitment center
Dialysis Center, S. Motahhari Hospital
Full name of responsible person
Yahya Naserifard
Street address
Taleghani Street
City
Gonbade Kavous
Province
Golestan
Postal code
4916817693
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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Fatak Chemie Pars Pharmaceuticals
Full name of responsible person
Dr. Maryam Karimi
Street address
Valiasr Street, Tavakkol Street, Semnan Industrial estate,
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14578-6687
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+98 23 3365 1021
Email
info@fatakchemie.com
Web page address
https://fatakchemie.com/
Grant name
Bioequivalence Study of triamterene-hydrochlorothiazide
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
No
Title of funding source
Fatak Chemie Pars Pharmaceuticals
Proportion provided by this source
100
Public or private sector
Private
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Industry

Person responsible for general inquiries

Contact
Name of organization / entity
Gorgan University of Medical Sciences
Full name of responsible person
Hossein Amini

Position
Associate professor
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Other areas of specialty/work
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
No - There is not a plan to make this available
Justification/reason for indecision/not sharing IPD
Data are confidential and need permission from the company.
Study Protocol
No - There is not a plan to make this available
Statistical Analysis Plan
No - There is not a plan to make this available
Informed Consent Form
No - There is not a plan to make this available
Clinical Study Report
No - There is not a plan to make this available
Analytic Code
No - There is not a plan to make this available
Data Dictionary
No - There is not a plan to make this available