

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

04 Jul 2026

### Tailoring the Positive Parenting Program Based on ADHD Parent's lived Experience and Evaluation of the Effects on Parent's Competence and Child's Behavioral Problems

#### Protocol summary

##### Study aim

1- Tailoring a positive parenting program for the families of Iranian children with attention deficit-hyperactivity disorder 2- Evaluating the effect of the designed intervention on parents' competence and reducing the behavioral problems of children with attention deficit-hyperactivity disorder

##### Design

This clinical trial has an intervention group consisting of 5 parents (parents with a child with Attention Deficit Hyperactivity Disorder) who are selected from the purposeful and available sampling method.

##### Settings and conduct

Due to the conditions of the corona epidemic, each intervention session will be held online for one hour.

##### Participants/Inclusion and exclusion criteria

Criteria for entering the research 1- Written consent of the child's parents for informed and committed participation in the research 2- Having a child 6-12 years old with attention deficit-hyperactivity disorder 3- Parents complain about the child's behavioral problems 4- Absence of parents in similar programs 5- Simultaneous presence of parents

##### Intervention groups

The intervention includes 8-10 psychological sessions of Positive Parenting Program (Triple P). In each session, parents are taught how to properly treat children with attention deficit hyperactivity disorder.

##### Main outcome variables

Tailoring a positive parenting program for families of Iranian children with Attention Deficit Hyperactivity Disorder; Teaching parents how to behave properly towards children with Attention Deficit Hyperactivity Disorder; Increasing the competence of parents with a child with Attention Deficit Hyperactivity Disorder; Reducing Behavioral Problems in Children with Attention Deficit Hyperactivity Disorder

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200909048669N1**

Registration date: **2021-08-20, 1400/05/29**

Registration timing: **prospective**

Last update: **2021-08-20, 1400/05/29**

Update count: **0**

##### Registration date

2021-08-20, 1400/05/29

##### Registrant information

##### Name

shokouh Eftari

##### Name of organization / entity

The university of Kharazmi

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 3334 6846

##### Email address

std\_shokouh.eftari@khu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2021-08-23, 1400/06/01

##### Expected recruitment end date

2021-09-23, 1400/07/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

Tailoring the Positive Parenting Program Based on ADHD Parent's lived Experience and Evaluation of the Effects on Parent's Competence and Child's Behavioral Problems

### Public title

effect of parenting on ADHD Disorder

### Purpose

Education/Guidance

### Inclusion/Exclusion criteria

#### Inclusion criteria:

have a 6-12 years old child with ADHD disorder

#### Exclusion criteria:

have no 6-12 years old child with ADHD disorder

### Age

No age limit

### Gender

Both

### Phase

N/A

### Groups that have been masked

No information

### Sample size

Target sample size: 5

More than 1 sample in each individual

Number of samples in each individual: 2

Father and mother

### Randomization (investigator's opinion)

N/A

### Randomization description

### Blinding (investigator's opinion)

Not blinded

### Blinding description

### Placebo

Not used

### Assignment

Single

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Research Ethics Committees of kharazmi university

##### Street address

No. 5, Unit 5, Mofrahnejad Alley, Shoofeh St., Shoofeh St., Piroozi St., Tehran, Iran

##### City

Tehran

##### Province

Tehran

##### Postal code

1717946956

### Approval date

2021-06-27, 1400/04/06

### Ethics committee reference number

IR.KHU.REC.1400.001

## Health conditions studied

### 1

#### Description of health condition studied

Attention-deficit/hyperactivity disorder (ADHD)

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Child Symptom Inventory-4 (CSI4) score; Parenting Sense of Competence score

#### Timepoint

4 times before the intervention at intervals of one week, and 4 times during the intervention at intervals of one week, and 4 times after the intervention at intervals of one week

#### Method of measurement

Child Symptom Inventory-4 (CSI4); Parenting Sense of Competence

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: Parents of 6-12 year old with Attention Deficit Hyperactivity Disorder

#### Category

Lifestyle

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Rasesh Psychological Counseling and Services Center

##### Full name of responsible person

Sedighe Ahmadi

##### Street address

Tehran. Fatemi St., No. 221

##### City

Tehran

##### Province

Tehran

##### Postal code

1400000000

##### Phone

+98 21 8897 0494

**Email**

Dr.ahmadi.sedighe@khu.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

The University of Kharazmi

**Full name of responsible person**

Dr. sedighe Ahmadi

**Street address**

No. 43, Shahid Mofteh St., Tehran

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**Phone**

+98 21 8832 9220

**Email**

Std\_shokouh.eftari@khu.ac.ir

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

The University of Kharazmi

**Proportion provided by this source**

1

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Academic

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**

The University of Kharazmi

**Full name of responsible person**

Shokouh Eftari

**Position**

student

**Latest degree**

Master

**Other areas of specialty/work**

Counseling

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## Person responsible for scientific inquiries

#### Contact

**Name of organization / entity**

The University of Kharazmi

**Full name of responsible person**

Sedighe Ahmadi

**Position**

Assistant professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

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## Person responsible for updating data

#### Contact

**Name of organization / entity**

The University of Kharazmi

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student

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Std\_shokouh.eftari@khu.ac.ir

## Sharing plan

### **Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

### **Study Protocol**

Yes - There is a plan to make this available

### **Statistical Analysis Plan**

Yes - There is a plan to make this available

### **Informed Consent Form**

Yes - There is a plan to make this available

### **Clinical Study Report**

Yes - There is a plan to make this available

### **Analytic Code**

Yes - There is a plan to make this available

### **Data Dictionary**

Yes - There is a plan to make this available

### **Title and more details about the data/document**

After the names of the individuals are not identified, the results of the clinical trial can be shared.

### **When the data will become available and for how long**

Access period starts from 2022

### **To whom data/document is available**

Researchers and therapists in the field of children

### **Under which criteria data/document could be used**

There are no restrictive conditions.

### **From where data/document is obtainable**

shokouh.eftari@gmail.com

### **What processes are involved for a request to access data/document**

One week from the time of sending the request

### **Comments**

The results of this clinical trial will be made available to others in the form of a scientific research article.