# Clinical Trial Protocol
# Iranian Registry of Clinical Trials

17 Sep 2026

## Tailoring the Positive Parenting Program Based on ADHD Parent's lived Experience and Evaluation of the Effects on Parent’s Competence and Child’s Behavioral Problems

## Protocol summary

**Study aim**

1- Tailoring a positive parenting program for the families of Iranian children with attention deficit-hyperactivity disorder 2- Evaluating the effect of the designed intervention on parents' competence and reducing the behavioral problems of children with attention deficit-hyperactivity disorder

**Design**

This clinical trial has an intervention group consisting of 5 parents (parents with a child with Attention Deficit Hyperactivity Disorder) who are selected from the purposeful and available sampling method.

**Settings and conduct**

Due to the conditions of the corona epidemic, each intervention session will be held online for one hour.

**Participants/Inclusion and exclusion criteria**

Criteria for entering the research 1- Written consent of the child's parents for informed and committed participation in the research 2- Having a child 6-12 years old with attention deficit-hyperactivity disorder 3- Parents complain about the child's behavioral problems 4- Absence of parents in similar programs 5- Simultaneous presence of parents

**Intervention groups**

The intervention includes 8-10 psychological sessions of Positive Parenting Program (Triple P). In each session, parents are taught how to properly treat children with attention deficit hyperactivity disorder.

**Main outcome variables**

Tailoring a positive parenting program for families of Iranian children with Attention Deficit Hyperactivity Disorder; Teaching parents how to behave properly towards children with Attention Deficit Hyperactivity Disorder; Increasing the competence of parents with a child with Attention Deficit Hyperactivity Disorder; Reducing Behavioral Problems in Children with Attention Deficit Hyperactivity Disorder

## General information

**Reason for update**

**Acronym**

**IRCT registration information**

IRCT registration number: **IRCT20200909048669N1**
Registration date: **2021-08-20, 1400/05/29**
Registration timing: **prospective**

Last update: **2021-08-20, 1400/05/29**
Update count: **0**

**Registration date**

2021-08-20, 1400/05/29

**Registrant information**

**Name**

shokouh Eftari

**Name of organization / entity**

The university of Kharazmi

**Country**

Iran (Islamic Republic of)

**Phone**

+98 21 3334 6846

**Email address**

std_shokouh.eftari@khu.ac.ir

**Recruitment status**

**Recruitment complete**

**Funding source**

**Expected recruitment start date**

2021-08-23, 1400/06/01

**Expected recruitment end date**

2021-09-23, 1400/07/01

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**
Tailoring the Positive Parenting Program Based on ADHD Parent's lived Experience and Evaluation of the Effects on Parent’s Competence and Child’s Behavioral Problems

**Public title**
effect of parenting on ADHD Disorder
**Purpose**
Education/Guidance
**Inclusion/Exclusion criteria**
**Inclusion criteria:**
have a 6-12 years old child with ADHD disorder
**Exclusion criteria:**
have no 6-12 years old child with ADHD disorder
**Age**
No age limit
**Gender**
Both

**Phase**
N/A
**Groups that have been masked**
*No information*
**Sample size**
Target sample size: **5**
More than 1 sample in each individual
Number of samples in each individual: **2**
Father and mother
**Randomization (investigator's opinion)**
N/A
**Randomization description**
**Blinding (investigator's opinion)**
Not blinded
**Blinding description**
**Placebo**
Not used
**Assignment**
Single
**Other design features**

## Secondary Ids

empty

## Ethics committees

**1**

**Ethics committee**
**Name of ethics committee**
Research Ethics Committees of kharazmi university
**Street address**
No. 5, Unit 5, Mofrahnejad Alley, Shoofeh St., Shoofeh St., Piroozi St., Tehran, Iran
**City**
Tehran
**Province**
Tehran
**Postal code**
1717946956
**Approval date**
2021-06-27, 1400/04/06
**Ethics committee reference number**
IR.KHU.REC.1400.001

## Health conditions studied

**1**

**Description of health condition studied**
Attention-deficit/hyperactivity disorder (ADHD)
**ICD-10 code**
**ICD-10 code description**

## Primary outcomes

**1**

**Description**
Child Symptom Inventory-4 (CSI4) score; Parenting Sense of Competence score
**Timepoint**
4 times before the intervention at intervals of one week, and 4 times during the intervention at intervals of one week, and 4 times after the intervention at intervals of one week
**Method of measurement**
Child Symptom Inventory-4 (CSI4); Parenting Sense of Competence

## Secondary outcomes

empty

## Intervention groups

**1**

**Description**
Intervention group: Parents of 6-12 year old with Attention Deficit Hyperactivity Disorder
**Category**
Lifestyle

## Recruitment centers

**1**

**Recruitment center**
**Name of recruitment center**
Rasesh Psychological Counseling and Services Center
**Full name of responsible person**
Sedighe Ahmadi
**Street address**
Tehran. Fatemi St., No. 221
**City**
Tehran
**Province**
Tehran
**Postal code**
1400000000
**Phone**

+98 21 8897 0494
**Email**
Dr.ahmadi.sedighe@khu.ac.ir

## Sponsors / Funding sources

### 1

**Sponsor**
**Name of organization / entity**
The University of Kharazmi
**Full name of responsible person**
Dr. sedighe Ahmadi
**Street address**
No. 43, Shahid Mofteh St., Tehran
**City**
Tehran
**Province**
Tehran
**Postal code**
15719-14911
**Phone**
+98 21 8832 9220
**Email**
Std_shokouh.eftari@khu.ac.ir
**Grant name**
**Grant code / Reference number**
**Is the source of funding the same sponsor organization/entity?**
Yes
**Title of funding source**
The University of Kharazmi
**Proportion provided by this source**
1
**Public or private sector**
Public
**Domestic or foreign origin**
Domestic
**Category of foreign source of funding**
*empty*
**Country of origin**
**Type of organization providing the funding**
Academic

## Person responsible for general inquiries

**Contact**
**Name of organization / entity**
The University of Kharazmi
**Full name of responsible person**
Shokouh Eftari
**Position**
student
**Latest degree**
Master
**Other areas of specialty/work**
Counseling
**Street address**
No. 4, Mofrahnejad Alley, Noursalehi St., Shokoؤfeh St., Piroozi St., Tehran
**City**
Tehran
**Province**
Tehran
**Postal code**
1717946956
**Phone**
+98 21 3334 6846
**Email**
shokouh.eftari@gmail.com

## Person responsible for scientific inquiries

**Contact**
**Name of organization / entity**
The University of Kharazmi
**Full name of responsible person**
Sedighe Ahmadi
**Position**
Assistant professer
**Latest degree**
Ph.D.
**Other areas of specialty/work**
Counseling
**Street address**
No. 43, Shahid Mofateh Street, Tehran
**City**
Tehran
**Province**
Tehran
**Postal code**
15719-14911
**Phone**
+98 21 8832 9220
**Email**
Dr.ahmadi.sedighe@khu.ac.ir

## Person responsible for updating data

**Contact**
**Name of organization / entity**
The University of Kharazmi
**Full name of responsible person**
Shokouh Eftari
**Position**
student
**Latest degree**
Master
**Other areas of specialty/work**
Counseling
**Street address**
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**Email**
Std_shokouh.eftari@khu.ac.ir

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**
Yes - There is a plan to make this available
**Study Protocol**
Yes - There is a plan to make this available
**Statistical Analysis Plan**
Yes - There is a plan to make this available
**Informed Consent Form**
Yes - There is a plan to make this available
**Clinical Study Report**
Yes - There is a plan to make this available
**Analytic Code**
Yes - There is a plan to make this available
**Data Dictionary**
Yes - There is a plan to make this available
**Title and more details about the data/document**
After the names of the individuals are not identified, the results of the clinical trial can be shared.
**When the data will become available and for how long**
Access period starts from 2022
**To whom data/document is available**
Researchers and therapists in the field of children
**Under which criteria data/document could be used**
There are no restrictive conditions.
**From where data/document is obtainable**
shokouh.eftari@gmail.com
**What processes are involved for a request to access data/document**
One week from the time of sending the request
**Comments**
The results of this clinical trial will be made available to others in the form of a scientific research article.