

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

11 Jun 2026

### **Ketamine versus midazolam as an adjuvant to peribulbar block using single inferonasal injection in patients undergoing vitreoretinal surgery: A randomized controlled trial**

#### **Protocol summary**

##### **Study aim**

Evaluating the role of midazolam and ketamine as adjuvants to the peribulbar block in lengthier ophthalmic procedures such as vitreoretinal surgeries.

##### **Design**

Parallel group randomized controlled clinical trial with 1:1:1 allocation ratio.

##### **Settings and conduct**

Research Institute of Ophthalmology, Giza, Egypt.

##### **Participants/Inclusion and exclusion criteria**

We will include adult (30-65 years-old) male or female patients, indicated for vitreoretinal surgeries (with axial length 20-29 mm), and are American Society of Anesthesiologists (ASA) physical status I or II. We will exclude uncooperative patients, patients who can't lie flat for the duration of the procedure (such as orthopedic patients and those with skeletal problems), and those having coagulopathy or using anticoagulant drugs.

##### **Intervention groups**

The trial has three groups. Control group (Group C) includes 31 patients. Each will receive peribulbar anesthesia in the form of 4 ml of lidocaine 2%, 75 units of hyaluronidase, and 4 ml of bupivacaine 0.5% to which 1 ml of normal saline is added. Midazolam group (Group M) includes 31 patients. Each will receive peribulbar anesthesia in the form of 4 ml of lidocaine 2%, 75 units of hyaluronidase, and 4 ml of bupivacaine 0.5% to which 1 mg midazolam is added. Ketamine group (Group K) includes 31 patients. Each will receive peribulbar anesthesia in the form of 4 ml of lidocaine 2%, 75 units of hyaluronidase, and 4 ml of bupivacaine 0.5% to which 25 mg of ketamine is added.

##### **Main outcome variables**

Primary outcomes include the onset of globe akinesia and the duration of analgesia. Secondary outcomes include the duration of motor block, the onset of corneal anesthesia, lid akinesia, and the vital data (blood

pressure, oxygen saturation, and pulse rate).

#### **General information**

##### **Reason for update**

##### **Acronym**

##### **IRCT registration information**

IRCT registration number: **IRCT20201220049777N2**

Registration date: **2021-07-07, 1400/04/16**

Registration timing: **prospective**

Last update: **2021-07-07, 1400/04/16**

Update count: **0**

##### **Registration date**

2021-07-07, 1400/04/16

##### **Registrant information**

##### **Name**

Noha Osama

##### **Name of organization / entity**

Research Institute of Ophthalmology

##### **Country**

Egypt

##### **Phone**

+20 2 35735688

##### **Email address**

noha.a.osama22@gmail.com

##### **Recruitment status**

**Recruitment complete**

##### **Funding source**

##### **Expected recruitment start date**

2021-07-15, 1400/04/24

##### **Expected recruitment end date**

2021-08-15, 1400/05/24

##### **Actual recruitment start date**

empty

##### **Actual recruitment end date**

empty

**Trial completion date**  
empty

**Scientific title**  
Ketamine versus midazolam as an adjuvant to peribulbar block using single inferonasal injection in patients undergoing vitreoretinal surgery: A randomized controlled trial

**Public title**  
Ketamine versus midazolam as an adjuvant to peribulbar block using single inferonasal injection in patients undergoing vitreoretinal surgery: A randomized controlled trial

**Purpose**  
Supportive

**Inclusion/Exclusion criteria**  
**Inclusion criteria:**  
Patients undergoing vitreoretinal surgeries with axial length 20-29 mm Adults (male or female) aged from 30 to 65 years old American Society of Anesthesiologists (ASA) physical status I or II  
**Exclusion criteria:**  
Uncooperative patients Patients who can't lie flat for the duration of the procedure as those with skeletal problems or orthopneic patients Patients with coagulopathy or using anticoagulant drugs

**Age**  
From **30 years** old to **65 years** old

**Gender**  
Both

**Phase**  
2

**Groups that have been masked**  

- Participant

**Sample size**  
Target sample size: **93**

**Randomization (investigator's opinion)**  
Randomized

**Randomization description**  
We will use the sequentially numbered, opaque sealed envelopes method. We will use envelopes that are impermeable to intense light, and the allocation sequence will be concealed from the physicians enrolling and assessing participants. To prevent subversion of the allocation sequence, the name and hospital admission number of the participant will be written on the envelope. Carbon paper will transfer the information onto the allocation card inside the envelope. Corresponding envelopes will be opened only after the enrolled participants complete all baseline assessments and it is time to allocate the intervention.

**Blinding (investigator's opinion)**  
Single blinded

**Blinding description**  
Only participants will be blinded to the type of intervention.

**Placebo**  
Used

**Assignment**

Parallel

**Other design features**

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Research Ethical Committee of the Research Institute of Ophthalmology

##### Street address

2 El Ahram Street

##### City

Giza

##### Postal code

12557

#### Approval date

2021-03-14, 1399/12/24

#### Ethics committee reference number

14-3-2021

## Health conditions studied

### 1

#### Description of health condition studied

Peribulbar block in adult patients undergoing vitreoretinal surgeries.

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

The onset of globe akinesia.

#### Timepoint

At 1, 3, 5 minutes after the block.

#### Method of measurement

The 3-point scale.

### 2

#### Description

The duration of analgesia.

#### Timepoint

Time from the block till first analgesia required.

#### Method of measurement

The 10-point Visual Analog Scale.

## Secondary outcomes

### 1

#### Description

The duration of motor block.

## Timepoint

At 1, 2, 3, 4, and 5 h postoperative.

## Method of measurement

Clinical assessment of regaining full movement.

## 2

### Description

The onset of lid akinesia.

### Timepoint

At 1, 2, and 3 min after the block.

### Method of measurement

The 3-point scale.

## 3

### Description

The onset of corneal anesthesia.

### Timepoint

At 15 seconds intervals for one minute after the block.

### Method of measurement

Clinical assessment using a cotton pad.

## 4

### Description

The vital data (blood pressure, oxygen saturation, and pulse rate).

### Timepoint

Before giving the block (baseline) and then every 5 minutes after the block.

### Method of measurement

Clinical assessment.

## Intervention groups

## 1

### Description

Control group (Group C) received peribulbar anesthesia with a local anesthetic mixture composed of 4 ml of lidocaine 2%, 75 units of hyaluronidase, and 4 ml of bupivacaine 0.5% to which 1 ml of normal saline is added.

### Category

Other

## 2

### Description

Midazolam group (Group M) received peribulbar anesthesia with a local anesthetic mixture composed of 4 ml of lidocaine 2%, 75 units of hyaluronidase, and 4 ml of bupivacaine 0.5% to which 1 mg of midazolam is added.

### Category

Other

## 3

### Description

Ketamine group (Group K) received peribulbar anesthesia with a local anesthetic mixture composed of 4 ml of lidocaine 2%, 75 units of hyaluronidase, and 4 ml of

bupivacaine 0.5% to which 25 mg of ketamine is added.

### Category

Other

## Recruitment centers

## 1

### Recruitment center

#### Name of recruitment center

Research Institute of Ophthalmology

#### Full name of responsible person

Dr. Noha Osama

#### Street address

2 El Ahram Street

#### City

Giza

#### Postal code

12557

#### Phone

+20 2 35718304

#### Email

noha.a.osama22@gmail.com

## Sponsors / Funding sources

## 1

### Sponsor

#### Name of organization / entity

Research Institute of Ophthalmology

#### Full name of responsible person

Dr. Noha Osama

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#### City

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### Grant name

### Grant code / Reference number

### Is the source of funding the same sponsor organization/entity?

No

### Title of funding source

Self-funded

### Proportion provided by this source

100

### Public or private sector

Private

### Domestic or foreign origin

Domestic

### Category of foreign source of funding

empty

### Country of origin

### Type of organization providing the funding

Persons

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
Research Institute of Ophthalmology  
**Full name of responsible person**  
Dr. Noha Osama  
**Position**  
Assistant professor  
**Latest degree**  
Medical doctor  
**Other areas of specialty/work**  
Anesthesiology  
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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

### Contact

**Name of organization / entity**  
Research Institute of Ophthalmology  
**Full name of responsible person**

Dr. Noha Osama  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

No - There is not a plan to make this available

### Informed Consent Form

No - There is not a plan to make this available

### Clinical Study Report

No - There is not a plan to make this available

### Analytic Code

No - There is not a plan to make this available

### Data Dictionary

No - There is not a plan to make this available

### Title and more details about the data/document

Ketamine versus midazolam for peribulbar block in vitreoretinal surgeries IPD set (all collected deidentified IPD).

### When the data will become available and for how long

Beginning 12 months and ending 24 months following article publication.

### To whom data/document is available

Researchers from academic institutions whose proposal for the use of data has been approved by an independent review committee identified for this purpose.

### Under which criteria data/document could be used

For IPD meta-analysis.

### From where data/document is obtainable

From the PI.

### What processes are involved for a request to access data/document

A proposal for the use of data to be submitted to the PI, then evaluated by an independent review committee identified for this purpose.

### Comments