

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

The effect of the designed transitional care plan from the Open Heart Intensive Care Unit to the general ward in patients undergoing coronary artery bypass graft surgery

Protocol summary

Study aim

Determine the effect of designed transitional care plan from OH-ICU to general ward in patients under Coronary artery BYPASS graft surgery

Design

The non-randomized clinical trial, with the control group, on 62 patients

Settings and conduct

The research environment is OH-ICU and cardiac surgery wards of Imam Khomeini hospitals in Tehran. First, the patients in the control group are sampled by the convenience sampling method and then the participants of the intervention group are selected and receive the transfer care program. Questionnaires related to expected outcomes are completed before and after the intervention.

Participants/Inclusion and exclusion criteria

Inclusion criteria: all patients undergoing CABG surgery who are candidates for transfer from the OH-ICU to the general ward at least two days after surgery; level of consciousness 15; no chronic progressive disease or acute unpredicted complications of the surgery; no history of diagnosed psychological disorders. Exclusion criteria: reluctance to continue participating in the study during the intervention; death of the patient; the occurrence of an unpredictable accident that interferes with the implementation of the program.

Intervention groups

The intervention group receives a transitional care plan that includes designed measures to transfer the patient from the physician's decision to transfer the patient from the OH-ICU until discharge from the general ward (5-7 days). This program is implemented with the cooperation of the patient, trained nurses, the treating physician, and the patient's companion (friend, spouse, or relatives). The researcher monitors the patient and the implementation of the program during the intervention

and records how the program is implemented in the registration forms.

Main outcome variables

Anxiety; relocation stress syndrome; patient satisfaction; family satisfaction

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20100531004062N2**

Registration date: **2021-08-02, 1400/05/11**

Registration timing: **prospective**

Last update: **2021-08-02, 1400/05/11**

Update count: **0**

Registration date

2021-08-02, 1400/05/11

Registrant information

Name

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

-

Email address

khoshkesht@razi.tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2021-09-23, 1400/07/01

Expected recruitment end date

2022-01-21, 1400/11/01

Actual recruitment start date

empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title
The effect of the designed transitional care plan from the Open Heart Intensive Care Unit to the general ward in patients undergoing coronary artery bypass graft surgery

Public title
The effect of the designed transitional care plan from the Open Heart Intensive Care Unit to the general ward in patients undergoing coronary artery bypass graft surgery

Purpose
Health service research

Inclusion/Exclusion criteria
Inclusion criteria:
 All patients undergoing Coronary artery bypass graft(CABG) surgery who are candidates for transfer from the Open Heart Intensive Care Unit (OH-ICU) to the general ward at least two days after surgery as directed by the physician Level of consciousness 15 according to Glasgow Coma Scale (GCS) No chronic progressive disease or acute unpredicted complications of surgery No history of diagnosed psychological disorders
Exclusion criteria:
 Reluctance to continue participating in the study during the intervention Death of the patient The occurrence of an unpredictable accident that interferes with the implementation of the program

Age
From **18 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **62**

Randomization (investigator's opinion)
Not randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features
This study is part of a mixed-method study that aims to design, implement and evaluation of the transitional care plan from OH-ICU to general ward; The result of the doctoral dissertation of Nursing, Tehran University of Medical Sciences, School of Nursing and Midwifery, Number: 961199997. In order to design a transitional care program, while examining the concept of transitional care from the perspective of stakeholders (patients, patient companions, physician, and nurse

responsible for patient transfer), the needs of patients undergoing CABG surgery eligible for transfer to the general ward have been identified (qualitative study). The program takes into account the preferences and needs of patients and stakeholders, using the best available evidence (systematic review of literature, guidelines, protocols, programs, and models of transitional care over the past 10 years), and the opinions of the Experts panel (Focus group) to be designed. Finally, the transitional care program was designed and developed in four dimensions: 1- Transfer expectation 2- Support, gradual reduction of dependence and increase of independence 3- Communication and strengthening of Care triangle 4- continuity of Integrated and need-based care.

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Joint institutional research ethics Committee of School of Nursing and Midwifery & Rehabilitat

Street address

Nosrat St., Tohid Sq., School of Nursing & Midwifery, Tehran University of Medical Sciences, Tehra, Iran

City

Tehran

Province

Tehran

Postal code

1419733171

Approval date

2019-05-19, 1398/02/29

Ethics committee reference number

IR.TUMS.FNM.REC.1398.020

Health conditions studied

1

Description of health condition studied

Transitional care program for patients undergoing coronary artery bypass graft surgery from the open heart intensive care unit to the general ward

ICD-10 code

I25.7

ICD-10 code description

Atherosclerosis of coronary artery bypass graft(s) and coronary artery of transplanted heart with angina pectoris

Primary outcomes

1

Description

Patients Satisfaction
Timepoint
After the intervention
Method of measurement
Patients Satisfaction Instrument

2

Description
Family Satisfaction
Timepoint
After the intervention
Method of measurement
Family Satisfaction Questionnaire

3

Description
Anxiety
Timepoint
Before and after the intervention
Method of measurement
Spielberger State – Trait Anxiety Inventory (STAI-Y)

4

Description
Relocation Stress Syndrome
Timepoint
After the intervention
Method of measurement
Relocation Stress Syndrome Scale

5

Description
Total Comfort Score
Timepoint
Before and after the intervention
Method of measurement
Visual Analog Scale to Total Comfort

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: after the necessary explanations to the research samples and obtaining informed consent, before transferring the patient from the open heart surgery-intensive care unit, questionnaires related to the expected outcomes (anxiety and perceived social support) are completed. Patients then have a transitional care program that includes measures designed to transfer the patient from the physician's decision to transfer the patient from the open heart surgery-intensive care unit to discharge from the general ward, which is designed to maintain the continuity of the integrated care while transferring the patient. It is

performed in a multidisciplinary manner and with the cooperation of the patient, the patient care nurses from the open heart intensive care unit and general care, and the physician with the participation of the patient companions (friend, spouse, or relatives). Interventions are performed by trained nurses to implement this program in the intensive care unit and the general ward. The researcher monitors and tracks the patient and the implementation of the program during the course and records how the program is implemented in the registration forms of the transitional care program. On the day of the patient's discharge, questionnaires related to the expected outcomes (perceived anxiety and social support, patient satisfaction, and family satisfaction) are completed.

Category

N/A

2

Description
Control group: after the necessary explanations to the research samples and obtaining informed consent, before transferring the patient from the open heart surgery-intensive care unit of , questionnaires related to the expected outcomes (anxiety and perceived social support) are completed. Patients then receive routine care during the transfer to the general ward until the day of discharge. The researcher follows the patient throughout the course to be excluded from the study if they meet the exclusion criteria. On the day of the patient's discharge, questionnaires related to the expected outcomes (perceived anxiety and social support, patient satisfaction and family satisfaction) are completed.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Khomeini Hospital

Full name of responsible person

Sahar Khoshkesht

Street address

Imam Khomeini Hospital, Keshavarz Blvd., Tehran, Iran

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Province

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Phone

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Email

Imamhospital@tums.ac.ir

Web page address

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Dr. Mohammad Ali Sahraian

Street address

No. 226, Central Building of TUMS, Ghods St.,
Keshavarz Blvd., Tehran, Iran

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vcr@tums.ac.ir

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries

Contact**Name of organization / entity**

Tehran University of Medical Sciences

Full name of responsible person

Sahar Khoshkesht

Position

PhD. Candidate

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

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School of Nursing & Midwifery, Tehran University of
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Person responsible for scientific inquiries

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Tehran University of Medical Sciences

Full name of responsible person

Masoumeh Zakerimoghadam

Position

Associate professor

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Ph.D.

Other areas of specialty/work

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Person responsible for updating data

Contact**Name of organization / entity**

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Full name of responsible person

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Position

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Other areas of specialty/work

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Email

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable

Title and more details about the data/document

The data file, participants' details, information about the

outcomes, and the study protocol with the designed program will be published as an articles

When the data will become available and for how long

6 months after publishing the results

To whom data/document is available

For researchers working in academic institutions with the approval of supervisors and advisors

Under which criteria data/document could be used

Only for use of the designed program with cited to the source

From where data/document is obtainable

The main researcher, Ms. Sahar Khoshkasht

What processes are involved for a request to access data/document

Send email to supervisors Dr. Masoumeh

ZakeriMoghadam and Dr. Shahrzad Ghiyasvandian

Comments