

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

25 Jun 2026

### Bioequivalence study of esomeprazol 40 mg capsules manufactured by sina pishgam daru novin pharmaceutical company on 24 healthy volunteers and comparing pharmacokinetics results with Nexium 40 capsules manufactured by AstraZeneca

#### Protocol summary

##### Study aim

Comparing pharmacokinetics parameters of Sina pishgam daru novin Esomeprazole 40mg capsules and Nexium 40 mg Capsule of AstraZeneca company.

##### Design

Bioequivalence study consist of one 24 healthy volunteers group. This group itself randomly divided to two 12 volunteers sub-groups. The first sub-group administered reference drug and the second sub-groups administered generic or test drugs. The bioequivalence study is performed as cross over double blind within 1-2 weeks.

##### Settings and conduct

Bioequivalence Esomeprazole 40mg study will be performed under physician since 7 AM until 5 PM. This study is carried out as a cross over double blind investigation. The blind person included volunteers, administrator and analyst.

##### Participants/Inclusion and exclusion criteria

Acceptance criteria: Healthy liver and kidney and observing BMI limits Rejection criteria: Smokers and pregnancy

##### Intervention groups

Intervention group consist Measuring maximum plasma concentration and Tmax concentration. Control group include the volunteers administered reference drugs and Measuring maximum plasma concentration and Tmax concentration.

##### Main outcome variables

Most important outcome is plasma concentration versus time profile. Pharmacokinetics parameters are calculated using this profile and included Cmax, Tmax, AUC0-t, AUC0-inf

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200513047423N3**

Registration date: **2021-11-09, 1400/08/18**

Registration timing: **prospective**

Last update: **2021-11-09, 1400/08/18**

Update count: **0**

##### Registration date

2021-11-09, 1400/08/18

##### Registrant information

##### Name

Amir Mehdizadeh

##### Name of organization / entity

Ofogh pajo

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 6673 8727

##### Email address

ofoghfarmed.lab@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2021-12-31, 1400/10/10

##### Expected recruitment end date

2022-01-21, 1400/11/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

## Scientific title

Bioequivalence study of esomeprazol 40 mg capsules manufactured by sina pishgam daru novin pharmaceutical company on 24 healthy volunteers and comparing pharmacokinetics results with Nexium 40 capsules manufactured by AstraZeneca

## Public title

Bio equivalence study of Esomeprazole 40 mg

## Purpose

Other

## Inclusion/Exclusion criteria

### Inclusion criteria:

Healthy liver Healthy Kidney Observing BMI

### Exclusion criteria:

Out of age ranges smoking Unhealthy liver and kidney  
Pregnancy

## Age

From **18 years** old to **50 years** old

## Gender

Both

## Phase

Bioequivalence

## Groups that have been masked

- Participant
- Data analyser

## Sample size

Target sample size: **24**

More than 1 sample in each individual

Number of samples in each individual: **1**

Each volunteer has been administered once reference drug and the next time test drugs.

## Randomization (investigator's opinion)

Randomized

## Randomization description

We designate to 24 healthy volunteers one number between 1 and 24. Extraction of 12 numbers is carried out using random number table available in internet. these first 12 numbers establish first group.

## Blinding (investigator's opinion)

Double blinded

## Blinding description

The main investigator creates a table using randomization and divides 24 healthy volunteer in 2 groups which only he knows the details of group. Test and reference drugs are packaged in special envelopes that administrator and volunteers are blinded regarding to the kind of drugs. Volunteers, administrator (health care professional) and analyst are blinded regarding to reference and test drugs.

## Placebo

Not used

## Assignment

Crossover

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of school of pharmacy and Nursing & midwifery-shahid beheshti university of medical

##### Street address

No.65, Razi Ave, Enghelab sq

##### City

Tehran

##### Province

Tehran

##### Postal code

1133713144

#### Approval date

2021-09-19, 1400/06/28

#### Ethics committee reference number

IR.SBMU.RETECH.REC.1400.410

## Health conditions studied

### 1

#### Description of health condition studied

Bio equivalence Esomeprazole 40 mg

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Increasing plasma concentration after administration of esomeprazole capsules till Tmax and then decreasing plasma concentration after Tmax

#### Timepoint

Initial blood sampling is performed before drug administration to obtain blank plasma chromatogram of each healthy volunteers. Hence the Tmax of esomeprazole is between 1.5 and 2.5 hours, so it is needed to have 5 blood samplings before Tmax. This period of time is called absorption phase. In the elimination phase (after Tmax) blood sampling carry out each hours.

#### Method of measurement

In this study, the variable is plasma concentration of esomeprazole. High performance liquid chromatography is used to determine the concentration of esomeprazole in plasma.

## Secondary outcomes

empty

## Intervention groups

## 1

### Description

Intervention group 1: One esomeprazole 40 mg capsule manufactured by sina pishgam daru novin company( Test drug) is administrated to each of 12 healthy volunteers of group 1.

### Category

Treatment - Drugs

## 2

### Description

Intervention group 2: One Nexium 40 mg capsule manufactured by AstraZeneca company is administrated to each of 12 healthy volunteers of group 2.

### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Ofoqh pharmed

##### Full name of responsible person

Dr Amir Mehdizadeh

##### Street address

No 65, Razi Ave, Enghelab Ave

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1133713144

##### Phone

+98 21 6673 9211

##### Email

a\_mehdizadeh@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Sina pishgam daru novin

##### Full name of responsible person

Dr Naser Arab

##### Street address

No 28, 4th alley, North Kargar Ave, Tehran

##### City

tehran

##### Province

Tehran

##### Postal code

1413694163

##### Phone

+98 21 8863 0175

##### Email

info@sinapishgamdarou.com

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

No

#### Title of funding source

Sina pishgam darou novin company

#### Proportion provided by this source

100

#### Public or private sector

Private

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Industry

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Ofoqh pharmed labratory

##### Full name of responsible person

Dr Amir mehdizadeh

##### Position

Responsible pharmacist

##### Latest degree

Ph.D.

##### Other areas of specialty/work

Medical Pharmacy

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## Person responsible for scientific inquiries

#### Contact

##### Name of organization / entity

Shahid Beheshti University of Medical Sciences

##### Full name of responsible person

Dr Farzad Kobarfard

##### Position

Professor

##### Latest degree

Ph.D.

##### Other areas of specialty/work

Medical Pharmacy

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## Person responsible for updating data

### Contact

**Name of organization / entity**  
Ofogh pharmed  
**Full name of responsible person**  
Amir Mehdizadeh  
**Position**  
Responsible pharmacist  
**Latest degree**  
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**Other areas of specialty/work**  
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**Phone**  
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**Email**  
Ofoghfarmed.lab@gmail.com

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

### Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available

### Title and more details about the data/document

Demography tables of volunteers including group 1 and 2 have been shared in bioequivalence report.

### When the data will become available and for how long

The results of bioequivalence study of Esomeprazole capsules will be shared after accepting by Iranian food and drug organization.

### To whom data/document is available

The results of bioequivalence study of Esomeprazole capsules will be accessed by expert by Iranian food and drug organization and financial supporter.

### Under which criteria data/document could be used

To promotion of result of investigation, The results will be shared with eager.

### From where data/document is obtainable

1- Iranian food and drug organization, 2- Ofogh pharmed research laboratory

### What processes are involved for a request to access data/document

To complied of educational filed of eager to result of investigation

### Comments