Comparing the effect of non-nutritional sucking and maternal voice on venous blood sampling pain in neonates

Protocol summary

Study aim
Comparison of non-nutritional sucking (NNS) methods and maternal voice on venous blood sampling pain in term infants with jaundice

Design
Clinical trial with control group, with parallel groups, block randomization using statistical software.

Settings and conduct
The study population was infants who were admitted to the neonatal ward of Imam Khomeini Hospital in Boroujerd with a diagnosis of physiological jaundice. The samples are randomly divided into three groups and are divided into three groups: NNS, maternal voice and control. In order to perform the intervention from before the start of blood sampling until after, in the NNS group, a pacifier is used and in the mother's voice group, the mother talks to the baby and in the control group, blood sampling is performed without any pain relief method. The baby is filmed during a blood draw. The infant pain level will be measured with the NIPS scale during blood sampling and the results of the three groups will be compared.

Participants/Inclusion and exclusion criteria
Infants with 3 to 10 days of age with jaundice are included in the study. Jaundice infants with other disorders that require serum therapy and medication are not included in the study.

Intervention groups
To perform the intervention, a pacifier is used 120 seconds before and during venous blood sampling in the NNS group, and the mother can be present with the baby if she wishes. In the "mother's voice" group, the mother talks to the baby in person from one minute before the end of the blood sampling. In the control group, the baby will be sampled routinely under the care of a nurse.

Main outcome variables
Reduce baby pain during blood sampling
Comparing the effect of non-nutritional sucking and maternal voice on venous blood sampling pain in neonates

Public title
Effect of non-nutritional sucking and maternal voice on venous blood sampling pain

Purpose
Prevention

Inclusion/Exclusion criteria

Inclusion criteria:
Infant jaundice Parents’ consent for the baby to participate in the research Infants with a gestational age of 37 to 42 weeks Confirmation of the baby's health by a specialist doctor The baby is healthy in terms of hearing and approved by a specialist doctor Birth weight 2500 to 3500 grams Baby age between 3 to 10 days Calm and awake baby Do not take Acetaminophen or any other Analgesic the night before Temperature between 36.5 to 37 No hypoglycemia Absence of previous painful intervention such as circumcision and serum therapy Dry baby diapers

Exclusion criteria:
Severe infant restlessness Maternal dissatisfaction with continuing to participate in the study Failure to draw blood for the first time Non-sucking of the infant Non-talking of the mother

Age
From 3 days old to 10 days old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: 105

Randomization (investigator's opinion)
Randomized

Randomization description
105 samples of eligible infants whose mothers are willing to participate in the study are selected. The samples are divided into three equal groups by block random method which is done with the help of software. To perform random blocking method, the statistician uses block software to perform block randomization and list the patients with ABC code. Provides the researcher with the samples that meet the inclusion criteria to enter the study in order and using the list provided by the statistician.

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids
empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics Committee of Arak University of Medical Sciences

Street address
Vice Chancellor for Research and Technology, Arak University of Medical Sciences, Basij Square

City
Arak

Province
Markazi

Postal code
3819693345

Approval date
2021-08-29, 1400/06/07

Ethics committee reference number
IR.ARAKMU.REC.1400.135

Health conditions studied

1

Description of health condition studied
pain

ICD-10 code
R52

ICD-10 code description
Pain, unspecified

Primary outcomes

1

Description
Pain score on the NIPS scale

Timepoint
Measuring the amount of pain during blood sampling

Method of measurement
NIPS scale

Secondary outcomes
empty

Intervention groups

1

Description
Intervention group: NNS intervention group that uses Baby Land pacifier made in Iran for the baby.

Category
Other

2

Description
Intervention group: In the mother’s voice group, the
baby’s mother speaks to the baby in a whispering voice

Category
Other

3

Description
Control group: In the control group, the baby is taken with routine care.

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Imam Khomeini Hospital

Full name of responsible person
Maryam Kordi

Street address
No.24, Nikfar alley., Gole sorkhi Ave.

City
Borujerd

Province
Lorestan

Postal code
6916613737

Phone
+98 66 4253 0286

Email
kordi.maryam1365@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Arak University of Medical Sciences

Full name of responsible person
Alireza Kamali

Street address
Arak, Basij Square, Arak University of Medical Sciences

City
Arak

Province
Markazi

Postal code
3819693345

Phone
+98 86 3313 6055

Fax
+98 86 3313 3147

Email
kordi.maryam1365@gmail.com

Person responsible for general inquiries

Contact

Name of organization / entity
Arak University of Medical Sciences

Full name of responsible person
Maryam Kordi

Position
Student

Latest degree
Bachelor

Other areas of specialty/work
Nursery

Street address
Arak, Basij Square, Arak University of Medical Sciences

City
Arak

Province
Markazi

Postal code
3819693345

Phone
+98 86 3313 6055

Fax
+98 86 3313 3147

Email
kordi.maryam1365@gmail.com
Province
Markazi
Postal code
3819693345
Phone
+98 86 3313 6055
Email
kordi.maryam1365@gmail.com

Person responsible for updating data

Contact
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Maryam Kordi
Position
Student
Latest degree
Bachelor
Other areas of specialty/work
Nursery
Street address
Arak University of Medical Sciences, Basij Square
City
Arak
Province
Markazi
Postal code
3819693345

Phone
+98 86 3313 6055
Fax
+98 86 3313 3147
Email
kordi.maryam1365@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)
No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD
There is no further information

Study Protocol
Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan
Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report
Undecided - It is not yet known if there will be a plan to make this available

Analytic Code
Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary
Undecided - It is not yet known if there will be a plan to make this available