

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 May 2026

### Evaluation of the effect of pentoxifylline on the prevention of erythrocyte lysis in cardiac surgery patients undergoing cardiopulmonary bypass

#### Protocol summary

##### Study aim

Determining the effect of pentoxifylline on increasing the flexibility of red blood cells in patients undergoing cardiopulmonary bypass

##### Design

Due to the fact that there are no exact studies and the necessary information to estimate the sample size. Individuals in a pilot study consisting of 15 people in each group and using the information of this pilot study, the sample size will be estimated and announced.

##### Settings and conduct

The statistical population is all patients who will undergo open heart surgery in Kosar Hospital in Semnan

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Patients undergoing open heart surgery, absence of vascular disease, patients with no hemoglobinopathy or disorder that causes erythrocyte lysis, patients with no contraindications to pentoxifylline. To be.

##### Intervention groups

Patients enrolled in the study will be divided into two groups using a table of random numbers based on a computer random sequence. The first group will take 400 mg of pentoxifylline and the second group will take a placebo every 8 hours for three days before surgery.

##### Main outcome variables

Determining the effect of pentoxifylline on peripheral blood smear changes after surgery, Determining the effect of pentoxifylline on hemoglobinuria after surgery, Determining the effect of pentoxifylline on hemoglobin after surgery, Determining the effect of pentoxifylline on hematuria after surgery, Determining the effect of pentoxifylline on serum bilirubin after surgery, Determining the effect of pentoxifylline on the percentage of reticulocytes after surgery.

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20210420051018N1**  
Registration date: **2021-11-15, 1400/08/24**  
Registration timing: **prospective**

Last update: **2021-11-15, 1400/08/24**

Update count: **0**

##### Registration date

2021-11-15, 1400/08/24

##### Registrant information

##### Name

mohammad forozeshfard

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 23 3344 1022

##### Email address

mff45@yahoo.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2021-11-30, 1400/09/09

##### Expected recruitment end date

2022-04-29, 1401/02/09

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Evaluation of the effect of pentoxifylline on the prevention of erythrocyte lysis in cardiac surgery patients undergoing cardiopulmonary bypass

## Public title

Evaluation of the effect of pentoxifylline on the prevention of erythrocyte lysis in cardiac surgery patients

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Patients undergoing open heart surgery  
Absence of blood vessel disease  
Patients who do not have hemoglobinopathy or a disorder that causes red blood cell lysis  
Patients who do not have a contraindication to pentoxifylline.

### Exclusion criteria:

Patients with renal and hepatic insufficiency

## Age

No age limit

## Gender

Both

## Phase

3

## Groups that have been masked

- Participant

## Sample size

Target sample size: 15

## Randomization (investigator's opinion)

Randomized

## Randomization description

The study will be conducted as a clinical trial with an equivalent group and with before and after measurements. Using a table of random numbers based on computer random sequence, they will be divided into two groups. They will take it every 8 hours before the surgery

## Blinding (investigator's opinion)

Single blinded

## Blinding description

In this study, after selecting the sample and describing the objectives of the study, participants (patients) will be randomly divided into two groups. A separate code is defined for each person and the participants will be given the main drug and placebo without knowing which group they are in. Blinding will inform.

## Placebo

Used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Semnan University of Medical

Sciences

#### Street address

Kowsar educational and research center, Golestan town.

#### City

Semnan

#### Province

Semnan

#### Postal code

35198-99951

#### Approval date

2021-07-26, 1400/05/04

#### Ethics committee reference number

IR.SEMUMS.REC.1400.104

## Health conditions studied

### 1

#### Description of health condition studied

All patients undergo open heart surgery

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Determination of the effect of pentoxifylline on erythrocyte flexibility in patients undergoing cardiopulmonary bypass

#### Timepoint

400 mg pentoxifylline tablets every 8 hours for three days before heart surgery

#### Method of measurement

check list

### 2

#### Description

Determining the effect of pentoxifylline on peripheral blood smear changes after surgery

#### Timepoint

Before surgery and 24 hours after surgery

#### Method of measurement

Laboratory tests

### 3

#### Description

Determining the effect of pentoxifylline on hemoglobinuria after surgery

#### Timepoint

Before surgery and 24 hours after surgery

#### Method of measurement

Laboratory tests

### 4

#### Description

Determining the effect of pentoxifylline on serum

bilirubin after surgery

#### **Timepoint**

Before surgery and 24 hours after surgery

#### **Method of measurement**

Laboratory tests

### **5**

#### **Description**

Determining the effect of pentoxifylline on the percentage of reticulocytes after surgery

#### **Timepoint**

Before surgery and 24 hours and 48 hours after surgery

#### **Method of measurement**

Laboratory tests

### **Secondary outcomes**

empty

### **Intervention groups**

#### **1**

#### **Description**

Intervention group: Candidates who are candidates for cardiopulmonary bypass will take 400 mg pentoxifylline tablets made by Hakim Pharmaceutical Company every 8 hours for three days before surgery.

#### **Category**

Treatment - Drugs

#### **2**

#### **Description**

Control group: Candidates who will be candidates for cardiopulmonary bypass will take a placebo every 8 hours from the three days before surgery, much like the drug studied by Hakim Pharmaceutical Company.

#### **Category**

Treatment - Drugs

### **Recruitment centers**

#### **1**

#### **Recruitment center**

##### **Name of recruitment center**

Kosar Hospital, Semnan

##### **Full name of responsible person**

Mohammad Foroozeh Fard

##### **Street address**

Kowsar educational and research center,Golestan town.

##### **City**

Semnan

##### **Province**

Semnan

##### **Postal code**

35198-99951

##### **Phone**

+98 23 3343 7837

#### **Email**

mff45@yahoo.com

### **Sponsors / Funding sources**

#### **1**

#### **Sponsor**

##### **Name of organization / entity**

Semnan University of Medical Sciences

##### **Full name of responsible person**

Mohammad Foroozeh Fard

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#### **Grant name**

#### **Grant code / Reference number**

#### **Is the source of funding the same sponsor organization/entity?**

Yes

#### **Title of funding source**

Semnan University of Medical Sciences

#### **Proportion provided by this source**

100

#### **Public or private sector**

Public

#### **Domestic or foreign origin**

Domestic

#### **Category of foreign source of funding**

*empty*

#### **Country of origin**

#### **Type of organization providing the funding**

Academic

### **Person responsible for general inquiries**

#### **Contact**

##### **Name of organization / entity**

Semnan University of Medical Sciences

##### **Full name of responsible person**

Mohammad Foroozeh Fard

##### **Position**

full Profesor

##### **Latest degree**

Subspecialist

##### **Other areas of specialty/work**

Anesthesiology

##### **Street address**

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## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**  
Semnan University of Medical Sciences  
**Full name of responsible person**  
Mohammad Foroozeh Fard  
**Position**  
full Profesor  
**Latest degree**  
Subspecialist  
**Other areas of specialty/work**  
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## Person responsible for updating data

### Contact

**Name of organization / entity**  
Semnan University of Medical Sciences  
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Mohammad Foroozeh Fard  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Yes - There is a plan to make this available

### Title and more details about the data/document

All data is potentially shareable after unidentified individuals

### When the data will become available and for how long

Access period starts 6 months after the results are published

### To whom data/document is available

The data of this research will be available to all researchers working in academic and scientific institutions

### Under which criteria data/document could be used

They can request this email for information :mff45@yahoo.com

### From where data/document is obtainable

They can request this email for information :mff45@yahoo.com

### What processes are involved for a request to access data/document

They can request this email for information :mff45@yahoo.com

### Comments