

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### the effect of cyclosporine % 0/05 compared with tearlose on post cataract surgery dry eye

#### Protocol summary

##### Study aim

Determination of the effect of 0.05% cyclosporine on dry eye after cataract surgery

##### Design

This clinical trial study was performed on 50 patients who were candidates for cataract surgery referred to Bu Ali Sina Hospital in Sari with a control group with parallel, single-blind, randomized phase 2 on 50 patients for randomization of random allocation software.

##### Settings and conduct

The study site of Bu Ali Hospital in Sari was studied on 50 patients who were divided into two groups of 25. Group T and group C, intervention group or C in addition to a fixed treatment regimen of 0.05% cyclosporine drops, 4 times a day for 4 weeks and in the control group or Artificial tear drops were used 4 times a day for 4 weeks. Patients were followed up at intervals of day 1, day 7 and day 30 after surgery, and on day 30 after surgery, the necessary dry eye examinations were performed for patients at Bu Ali Sina Hospital. Participating in the study and clinical caregiver The evaluator in this study will be blind. Only the methodological consultant had access to the list.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Candidate patients for cataract surgery over 40 years Exclusion criteria: Significant preoperative dry eye ( $T_{but} \leq 10$ ,  $ST-I \leq 10$ ), Presence of systemic diseases, Use of drugs with the effect of dry eye, Existence of complications during or after cataract surgery, Pregnant and lactating mothers

##### Intervention groups

Intervention group: Includes group therapy patients who used 0.05% cyclosporine drops in addition to the fixed post-cataract treatment regimen (betamethasone / chloramphenicol). Control group: includes group therapy patients who, in addition to a fixed treatment regimen after cataract surgery (betamethasone / chloramphenicol), also used tyrollose drops or artificial tears.

#### Main outcome variables

Dry eyes

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20211227053548N1**

Registration date: **2022-01-19, 1400/10/29**

Registration timing: **prospective**

Last update: **2022-01-19, 1400/10/29**

Update count: **0**

##### Registration date

2022-01-19, 1400/10/29

##### Registrant information

##### Name

Hanieh Ahmadi

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 11 3320 3358

##### Email address

h.ahmadih123@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2022-01-21, 1400/11/01

##### Expected recruitment end date

2022-03-21, 1401/01/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

**Trial completion date**

empty

**Scientific title**

the effect of cyclosporine % 0/05 compared with tearlose on post cataract surgery dry eye

**Public title**

The effect of cyclosporine eye drops compared to artificial tears for dry eye after cataract surgery

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Candidate patients for cataract surgery Age over 40 years

**Exclusion criteria:**

Sever dry eye(Tbut  $\leq 10$  , ST-I $\leq 10$ ) Existence of systemic diseases such as uncontrolled diabetes ,Lupus, rheumatoid arthritis and ... Use of drugs with the effect of dry eye, such as anti-glaucoma drugs Complication in or post cataract surgery:endophthalmitis,nucleous drop,keratopathy,macular edema and retinal detachment Pregnant and breast feeding mother

**Age**

From **40 years** old

**Gender**

Both

**Phase**

3

**Groups that have been masked**

- Participant
- Care provider
- Investigator
- Outcome assessor

**Sample size**

Target sample size: **50**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Block Randomization method is used to randomized the patients. For randomization, we visited the www.sealedenvelope.com, then randomization tab and make a list option were selected, the number of intervention groups, sample size, block size (4) were entered the intended locations, then a random list containing the pattern of patient allocation was obtained in two groups

**Blinding (investigator's opinion)**

Single blinded

**Blinding description**

Placebo is prepared by the Department of Pharmacy, School of Pharmacy, Mazandaran University of Medical Sciences, Iran in a completely similar way to the drug (cyclosporine). The droppers (containing medicine or placebo) will be provided to eligible patients by the ward pharmacy based on a random allocation list. Patients, physicians, pharmacists, and ward nurses are unaware of the groups. Unique codes are used instead of letters to blind groups.

**Placebo**

Not used

**Assignment**

Other

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Mazandaran university ethics committee

**Street address**

Joybar three way,mazandaran univercity of medical sciences

**City**

Sari

**Province**

Mazandaran

**Postal code**

4815733971

**Approval date**

2021-09-01, 1400/06/10

**Ethics committee reference number**

IR.MAZUMS.REC.1400.435

**Health conditions studied****1****Description of health condition studied**

Post cataract surgery dry eye

**ICD-10 code**

H26

**ICD-10 code description**

Other cataract

**Primary outcomes****1****Description**

Dry eye

**Timepoint**

1month post cataract surgery

**Method of measurement**

Osid,tbut test,schirmer1 test

**Secondary outcomes****1****Description**

Eye irritation

**Timepoint**

One day,one week and 1month post surgery

**Method of measurement**

Osid

## 2

### **Description**

eye's pain

### **Timepoint**

One day,one week and 1month post surgery

### **Method of measurement**

Osid

## 3

### **Description**

eye redness

### **Timepoint**

One day,one week and 1month post surgery

### **Method of measurement**

Osid

## **Intervention groups**

### 1

#### **Description**

Intervention group: Cyclosporine drops of% 0.05, which is given to the patient every 6 hours every 6 hours after surgery for a fixed treatment regimen, including steroid eye drops, and the drops are the product of Sina Daru Company. Patients are fully followed up at intervals of day 1, day 7 and day 30 after surgery, and on day 30 after surgery, the necessary dry eye examinations are performed for patients at Bu Ali Sina Hospital.

#### **Category**

Treatment - Drugs

### 2

#### **Description**

Control group: Adding drops of Tyrol or artificial tears, which are given to the patient every 6 hours every 6 hours after surgery for a fixed period of 4 weeks, including steroid eye drops, and the drops are the product of Sina Daroo Company. Patients are fully followed up at intervals of day 1, day 7 and day 30 after surgery, and on day 30 after surgery, the necessary dry eye examinations are performed for patients at Bu Ali Sina Hospital. It is administered every 6 hours after surgery.

#### **Category**

Treatment - Drugs

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Boalisina hospital

##### **Full name of responsible person**

Hanieh ahmadi

##### **Street address**

Pasdaran blv

##### **City**

Sari

##### **Province**

Mazandaran

##### **Postal code**

4815838477

##### **Phone**

+98 11 3334 3010

##### **Fax**

+98 11 3334 3012

##### **Email**

Diako112358@gmail.com

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

##### **Name of organization / entity**

Mazandaran University of Medical Sciences

##### **Full name of responsible person**

Hanieh ahmadi

##### **Street address**

Joybar 3 way

##### **City**

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##### **Email**

diako112358@gmail.com

#### **Grant name**

Ww

#### **Grant code / Reference number**

344

#### **Is the source of funding the same sponsor organization/entity?**

No

#### **Title of funding source**

Ghh

#### **Proportion provided by this source**

4

#### **Public or private sector**

Public

#### **Domestic or foreign origin**

Domestic

#### **Category of foreign source of funding**

*empty*

#### **Country of origin**

#### **Type of organization providing the funding**

Academic

## **Person responsible for general inquiries**

#### **Contact**

##### **Name of organization / entity**

Mazandaran University of Medical Sciences

**Full name of responsible person**

Hanieh ahmadi

**Position**

Assistan professor

**Latest degree**

Subspecialist

**Other areas of specialty/work**

Ophthalmology

**Street address**

Piroozi

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

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**Full name of responsible person**

Hanieh ahmadi

**Position**

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**Latest degree**

Subspecialist

**Other areas of specialty/work**

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

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**Full name of responsible person**

Hanieh ahmadi

**Position**

Assistan proffosor

**Latest degree**

Subspecialist

**Other areas of specialty/work**

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**Street address**

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**Email**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

**Justification/reason for indecision/not sharing IPD**

It is confidential

**Study Protocol**

No - There is not a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

No - There is not a plan to make this available

**Clinical Study Report**

No - There is not a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available