

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Jun 2026

The comparison of the efficacy of omeprazole with lansoprazole in the recovery rate of neonatal gastro esophageal reflux disease refractory to conservative therapy

Protocol summary

Study aim

The comparison of the efficacy of omeprazole with lansoprazole in the treatment of GERD in term neonates refractory to conservative therapy.

Design

A randomized double blinded clinical trial with two arm parallel groups and simple randomization at the individual level and using random number table with allocation concealment by sequentially numbered sealed opaque envelop.

Settings and conduct

The study will be performed on 120 term neonates with the diagnosis of gastro esophageal reflux disease attending to Bahrami Hospital. Eligible neonates will be randomly assigned to two groups receiving either omeprazole or lansoprazole. The physician and other caregivers, the researcher who collects the data and the person who analyses the data are blind to the study.

Participants/Inclusion and exclusion criteria

Major Inclusion Criteria: Study subjects will include term neonates aged 1-30 days with symptoms and signs of GERD not responding to conservative therapies including anti-reflux positioning, milk thickening and hypo-allergen regimen. Major Exclusion Criteria:1-Neonates with any underlying diseases, including anomalies or gastrointestinal obstruction, neurological diseases, sepsis, NEC, etc. 2- Using any sedative , relaxant or anticonvulsive medications .3- History of ventilation therapy

Intervention groups

Neonates who meet the criteria will be randomly assigned to two groups to receive either omeprazole with 0.5 mg/ kg / dose two times per day or lansoprazole 0.5 mg/ kg / dose two times per day for one month.

Main outcome variables

Primary outcome variable includes: The recovery rate in signs and symptoms of GERD. Secondary outcome

variable includes: Complications of omeprazole and lansoprazole in each group.

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20160827029535N10**

Registration date: **2022-02-02, 1400/11/13**

Registration timing: **prospective**

Last update: **2022-02-02, 1400/11/13**

Update count: **0**

Registration date

2022-02-02, 1400/11/13

Registrant information

Name

Peymaneh Alizadeh Taheri

Name of organization / entity

Tehran University of Medical Sciences, Bahrami Hospital

Country

Iran (Islamic Republic of)

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+98 21 7301 3420

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-02-20, 1400/12/01

Expected recruitment end date

2023-02-20, 1401/12/01

Actual recruitment start date

empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title
The comparison of the efficacy of omeprazole with lansoprazole in the recovery rate of neonatal gastro esophageal reflux disease refractory to conservative therapy

Public title
The comparison of the efficacy of two therapeutic regimens in the treatment of gastroesophageal reflux disease in term neonates.

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria:
Term neonates aged 1–30 days with gastro esophageal reflux disease
Exclusion criteria:
Neonates with any underlying diseases, including anomalies or gastrointestinal obstruction, neurological disorders, sepsis, NEC, etc. History of using any sedative , relaxant or anticonvulsive medications History of ventilation therapy.

Age
From **1 day** old to **30 days** old

Gender
Both

Phase
N/A

Groups that have been masked

- Participant
- Care provider
- Investigator
- Outcome assessor
- Data analyser
- Data and Safety Monitoring Board

Sample size
Target sample size: **120**

Randomization (investigator's opinion)
Randomized

Randomization description
We used the random number tables from "Rand Company" for simple randomization that include random numbers composed of five digits and are printed in blocks of five rows . We chose a starting page in the random number table and dropped a pencil anywhere on the page to indicate a starting block in the table with eyes closed . After starting place was identified, we recorded the first three digits as we used coding system from 001 to108 for number 1 to number 108 of the patients . After that we recorded each three next digits with moving the pencil going down the column to the bottom of the page and then to the top of the next column , and so on till 108 numbers were chosen. We ignored duplicates and omitted the “ three digits “ numbers more than 108. The random numbers for coding

numbers from 001 to 054 were considered as group A and the random numbers for coding numbers from 055 to108 considered as group B. According to the sample size of the study , opaque envelopes and cards were provided . Each random number was written on one opaque envelope and each card was put in one opaque envelope according to group A and B. Then the opaque envelopes were sealed and dropped into a box . According to the entrance of each participant, one of the sequentially numbered sealed envelope was opened and the group of intervention was defined.

Blinding (investigator's opinion)

Double blinded

Blinding description

The participants, the medical clinician, the researcher who collect data and the who analyze the data are blind.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Tehran University of Medical Sciences

Street address

Ghods Av, Enghelab Square

City

Tehran

Province

Tehran

Postal code

1417653761

Approval date

2021-11-14, 1400/08/23

Ethics committee reference number

IR.TUMS.CHMC.REC.1400.182

Health conditions studied

1

Description of health condition studied

Gastroesophageal Reflux

ICD-10 code

K21

ICD-10 code description

Gastro-oesophageal reflux disease

Primary outcomes

1

Description

The comparison of omeprazole with lansoprazole in neonatal GERD

Timepoint

One week and one month after using each drug

Method of measurement

using (I-GERDQ-R) and related scoring

Secondary outcomes

1

Description

The side effects of each drug

Timepoint

After one week and one month of administration

Method of measurement

Clinical manifestations

Intervention groups

1

Description

Intervention group: Intervention group1:Omeprazole 0.5mg/kg/dose /BID

Category

Treatment - Drugs

2

Description

Intervention group: Lansoprazole 0.5mg/kg/dose /BID

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Bahrami Hospital

Full name of responsible person

Peymaneh Alizadeh Taheri

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Kiaa Ave, Damavand Ave, Imam Hossein Square

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Akbar Fotoohi

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Peymaneh Alizadeh Taheri

Position

Full Professor

Latest degree

Subspecialist

Other areas of specialty/work

Pediatrics

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available