

Clinical Trial Protocol

Iranian Registry of Clinical Trials

21 Jun 2026

Effect of Memoral on the memory dysfunction after mild traumatic brain injury , a randomize clinical trial

Protocol summary

Study aim

To assess and evaluate the efficacy of the generic medication "Memoral" on the recovery of the memory dysfunction in patients with TBI

Design

Two arm parallel group single-blind, Placebo-controlled phase 4 randomized trial.

Settings and conduct

This study is performed at Shiraz University of Medical Sciences, Trauma Research Center, on patients who have memory problems after mild brain injury.
Community Verified icon

Participants/Inclusion and exclusion criteria

In this study patients with the diagnosis of MTBI, who have the following criteria will be included in the study:
1- Age between 20 and 60 2- 8th class education; 3- Having no previous history of trauma 4- Having no major psychiatric and neurologic disorders according to the self-report 5- Having no judiciary issues or any probability of economic or insurance-related sue 6- Having no hematologic disorder

Intervention groups

intervention group: receiving memoral capsule every eight hours (8 am - 4 pm - 12 pm) for a month
control group: receiving placebo every eight hours (8 am - 4 pm - 12 pm) for a month

Main outcome variables

Patient memory function based on AVLT test results

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20130310012776N8**

Registration date: **2022-02-11, 1400/11/22**

Registration timing: **registered_while_recruiting**

Last update: **2022-02-11, 1400/11/22**

Update count: **0**

Registration date

2022-02-11, 1400/11/22

Registrant information

Name

Hosseinali Khalili

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 71 3625 4206

Email address

khalili_h@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-02-04, 1400/11/15

Expected recruitment end date

2022-06-20, 1401/03/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of Memoral on the memory dysfunction after mild traumatic brain injury , a randomize clinical trial

Public title

effect of Memoral on memory after TBI

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Cases should have mild traumatic brain injury cases

should have memory dysfunction after MTBI age between 20 and 60 years at least six class of education

Exclusion criteria:

moderate or severe brain injury history of psychiatric or neurological disorders history of hematologic disorders Having previous history of trauma Having major psychiatric and neurologic disorders according to the self-report

Age

From **20 years** old to **60 years** old

Gender

Both

Phase

4

Groups that have been masked

- Participant

Sample size

Target sample size: **94**

Randomization (investigator's opinion)

Randomized

Randomization description

Included patients will be allocated randomly into the experiment and placebo groups via the blocked randomization method. A trained research assistant will use blocked randomization with block sizes of 4 with an equal probability to enroll the eligible patients to the experiment group (group A) and placebo (group B). Regarding the size of block 4, we have six possible combinations of group assignments, including AABB, ABAB, BAAB, BABA, BBAA, and ABBA. At first, the assistant will select one of these arrangements randomly, and the four eligible admitted patients would be assigned accordingly in each block. We will repeat this process many times to include the eligible patients.

Blinding (investigator's opinion)

Single blinded

Blinding description

Although the patients will be informed of our primary objectives, they won't know which drugs/ placebo they will receive. Well-trained nurses will be recruited to give the medication/placebo to the patients. As the placebo's color, shape, and size were identical to our medications, their differentiations were only possible via a specific code imprinted on the bottles.

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Shiraz University of Medical Sciences

Street address

Zand Boulevard, the central building of Shiraz University of Medical Sciences

City

Shiraz

Province

Fars

Postal code

۷۱۳۳۶ - ۷۱۳۴۸

Approval date

2022-01-10, 1400/10/20

Ethics committee reference number

IR.SUMS.REC.1400.726

Health conditions studied

1

Description of health condition studied

Memory impairment after mild brain injury

ICD-10 code

S07.1

ICD-10 code description

Crushing injury of skull

Primary outcomes

1

Description

Patient memory function

Timepoint

Intervals of one month and three months after starting the drug

Method of measurement

Based on the auditory-verbal learning test questionnaire (AVLT)

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: memoral capsules are given to patients every 8 hours at 8 am, 2 pm and 12 pm for one month.

Category

Treatment - Drugs

2

Description

Control group: placebo are given to patients every 8 hours at 8 am, 2 pm and 12 pm for one month.

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Emtiaz trauma center

Full name of responsible person

Omid Yousefi

Street address

Chamran blvd, Emtiaz trauma center Zip code:
7194815711

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Phone

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Fax**Email**

Trauma_research_center@yahoo.com

Web page address

<https://traumarc.sums.ac.ir>

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Mahtab Memarpour

Street address

7th floor, Central building of Shiraz University of
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vcrdep@sums.ac.ir

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Shiraz University of Medical Sciences

Proportion provided by this source

80

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Hosseinali Khalili

Position

Associat professor

Latest degree

Specialist

Other areas of specialty/work

Neurosurgery

Street address

Rajae Hospital, Chamran Boulevard, Shiraz, Iran.

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

The results of the memory test will be published after the completion of the necessary tests while maintaining the principle of anonymity of the patients

When the data will become available and for how long

The data will be available after the results are published

To whom data/document is available

Members of Trauma Research Center, Shiraz University of Medical Sciences

Under which criteria data/document could be used

For possible use in future research, it will be made available to researchers with an approved researches

From where data/document is obtainable

Emtiaz Hospital Trauma Research Center

What processes are involved for a request to access data/document

The researcher's request will be reviewed after sending an official letter to the Trauma Center Research Council

Comments