

Clinical Trial Protocol

Iranian Registry of Clinical Trials

22 Sep 2026

in- Vivo Bioequivalence study of Finasteride tablet 5 mg Aburaihan Pharma (FINIDE® 5 mg FC.Tablets, Aburaihan, Iran) with brand drug (PROSCAR® 5 mg, FC. Tablets, MSD,Germany) in Iranian healthy volunteers.

Protocol summary

Study aim

in- Vivo Bioequivalence study of Finasteride tablet 5 mg Aburaihan Pharma (FINIDE® 5 mg FC.Tablets, Aburaihan, Iran) with brand drug (PROSCAR® 5 mg, FC. Tablets, MSD,Germany) in Iranian healthy volunteers.

Design

In-vivo bioequivalence study of Finasteride tablet 5 mg Aburaihan Pharma. in compared with reference drug (PROSCAR® 5 mg, FC. Tablets, MSD,Germany). The single blind, Cross-over, two period, two groups (Intervention and control) and randomized (paper lottery randomization method) study with one week wash-out time.

Settings and conduct

This study is carried out in Simin Baspar Tayf-Gostar Company, Tabriz, Iran. The study population is 24 healthy Iranian volunteers. This study is a single blind study and by taking out the drugs from the existing packaging, the volunteers will not know the time of receiving the test drug and the brand. This study is a cross over study that is performed in two time periods of 24 hours with a two-week wash-out period.

Participants/Inclusion and exclusion criteria

Inclusion criteria: Age between 18-55 years, body mass index (BMI) in the range of 18-28. Exclusion criteria: History of heart, kidney and liver disease, Pregnancy, Drug addiction, Smoking

Intervention groups

Single dose Finasteride tablet 5 mg Aburaihan Pharma. Control group: brand drugs (PROSCAR® 5 mg, FC. Tablets, MSD,Germany)

Main outcome variables

Plasma drug concentration

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20200105046010N54**

Registration date: **2022-02-11, 1400/11/22**

Registration timing: **registered_while_recruiting**

Last update: **2022-02-11, 1400/11/22**

Update count: **0**

Registration date

2022-02-11, 1400/11/22

Registrant information

Name

Javad Shokri

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 41 3661 4125

Email address

shokri.j@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-02-03, 1400/11/14

Expected recruitment end date

2022-08-05, 1401/05/14

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty	
Scientific title	in- Vivo Bioequivalence study of Finasteride tablet 5 mg Aburaihan Pharma (FINIDE® 5 mg FC.Tablets, Aburaihan, Iran) with brand drug (PROSCAR® 5 mg, FC. Tablets, MSD,Germany) in Iranian healthy volunteers.
Public title	In-vivo Bioequivalence Test offinasteride tablets with brand drug (PROSCAR® 5 mg, FC. Tablets, MSD,Germany)
Purpose	Treatment
Inclusion/Exclusion criteria	Inclusion criteria: General health Body mass index between18-28 Informed consent Being at the age of 18-55 years old Exclusion criteria: Smoking A history of cardiovascular disease A history of liver & kidney disease Pregnancy Alcohol & Drug addiction Hypersensitivity to the drug
Age	From 18 years old to 55 years old
Gender	Both
Phase	Bioequivalence
Groups that have been masked	Participant
Sample size	Target sample size: 24
Randomization (investigator's opinion)	Randomized
Randomization description	For this purpose, A 24- persons group will be selected and divided to two 12-persons groups randomly. The names of all volunteers will be written on paper pieces and wrapped in aluminum foils. The first 12 papers will randomly be withdrawn from bottle will be selected as group A and others will be categorized in group B.
Blinding (investigator's opinion)	Single blinded
Blinding description	Candidates are not aware of receiving the test drug or brand one. In a one-blind study, information that could distort the test result is hidden from the candidates, but the person in charge of the test is aware of it. Test and Brand drugs are removed from their packaging by the executor and placed in similar and coded cans. Volunteers will not be informed about receiving the brand or test drug.
Placebo	Not used
Assignment	Crossover
Other design features	
Secondary Ids	empty

Ethics committees	
1	
Ethics committee	
Name of ethics committee	Ethics Committee of Tabriz University of Medical Sciences
Street address	Third floor; Central building; Tabriz University of Medical Sciences; Dneshgah St.
City	Tabriz
Province	East Azarbaijan
Postal code	5166614766
Approval date	2022-01-12, 1400/10/22
Ethics committee reference number	IR.TBZMED.REC.1400.1045
Health conditions studied	
1	
Description of health condition studied	Bio equivalence test
ICD-10 code	
ICD-10 code description	
Primary outcomes	
1	
Description	Plasma drug concentration
Timepoint	Sampling times in this study will be 0, 0:30, 1, 1:30, 2, 2:30, 3, 4, 6, 8, 10, 24 hours after prescribing the tablet.
Method of measurement	High Performance Liquid Chromatography with tandem mass spectroscopy detector
Secondary outcomes	empty
Intervention groups	
1	
Description	Intervention group: One test tablet (Finasteride tablet 5 mg produced by Aburaihan Pharma.) will be received. Blood samples will be taken for 24 hours at the mentioned times after drug administration and the concentration of the drug in Plasma samples will be measured by liquid chromatography with mass spectroscopy detector
Category	Treatment - Other

2

Description

Control group: One Reference tablet (PROSCAR® 5 mg, FC. Tablets, MSD, Germany) will be received. Blood samples will be taken for 24 hours at the mentioned times after drug administration and the concentration of Finasteride in plasma samples will be measured by liquid chromatography with mass spectroscopy detector.

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Simin Baspar Teyf Gostar

Full name of responsible person

Javad Shokri

Street address

No.48, Ferdos square

City

Tabriz

Province

East Azarbaijan

Postal code

5167874434

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+98 41 3384 2724

Email

Shokri.j@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Aburayhan Pharmaceutical Company

Full name of responsible person

Mortaza Sobhani Niya

Street address

Tehran - corner of Tehranpars three ways in front of Shahr Hotel, No. 1

City

Tehran

Province

Tehran

Postal code

1654613111

Phone

+98 21 7770 7173

Email

info@aburaihan.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Aburayhan Pharmaceutical Company

Proportion provided by this source

100

Public or private sector

Private

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Persons

Person responsible for general inquiries

Contact

Name of organization / entity

Tabriz University of Medical Sciences

Full name of responsible person

Javad Shokri

Position

Professor

Latest degree

Ph.D.

Other areas of specialty/work

Medical Pharmacy

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Person responsible for scientific inquiries

Contact

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Full name of responsible person

Javad Shokri

Position

Professor

Latest degree

Ph.D.

Other areas of specialty/work

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Person responsible for updating data

Contact

Name of organization / entity

Simin Baspar Teyf Gostar Company

Full name of responsible person

Dariush Omidar

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Lab. Manager

Latest degree

Master

Other areas of specialty/work

Others

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Dariush.omidfar@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

All information and data of the study will remain secured based on the agreement established between researcher and drug producer.

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

Only protocol and methods of study are sharable

When the data will become available and for how long

The access to data will be possible after finishing of project (almost 6 months after receiving of IRCT Code).

To whom data/document is available

Pharmaceutical and medical sciences researchers

Under which criteria data/document could be used

Projects information's for any publications is not allowed.

From where data/document is obtainable

By email to the project manager (shokri.j@gmail.com)

What processes are involved for a request to access data/document

These information are confidential and be under disposal of the project's contractor. Upon request, the information will be accessed to the applicant by the Executor's email after receiving contractor's consent.

Comments