

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

Protocol summary

Study aim

pain in cervical radiculopathy

Design

randomization will be through lottery method ,single blinded study will be conducted in which only patient would be blinded

Settings and conduct

Tehsil headquater hospital, haroonabad

Participants/Inclusion and exclusion criteria

inclusion: cervical radiculopathy impact scale 10 to 60 included, pain 4 to 8 numeric pain rating scale in neck
exclusion:Rheumatoid arthritis, osteoporosis

Intervention groups

two groups group A single session group B multiple session

Main outcome variables

cervical radiculopathy impact scale

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20220203053917N1**

Registration date: **2022-05-17, 1401/02/27**

Registration timing: **retrospective**

Last update: **2022-05-17, 1401/02/27**

Update count: **0**

Registration date

2022-05-17, 1401/02/27

Registrant information

Name

Zeb un nisa

Name of organization / entity

The University of Faislabad

Country

Pakistan

Phone

+92 312 6006078

Email address

dpt-fa13-058@tuf.edu.pk

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-03-20, 1400/12/29

Expected recruitment end date

2022-03-28, 1401/01/08

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

Public title

comparative effects of single verse multiple sessions of eldoa in patients of cervical radiculopathy

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

cervical radiculopathy impact scale 10 to 60 spurling test positive

Exclusion criteria:

diagnosed cases of RA osteoprosis

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

- Participant

Sample size

Target sample size: 60

Randomization (investigator's opinion)

Randomized

Randomization description

randomization is done by lottery method. sealed envelop will made upon which allocation of participants in both groups can be possible without biasness

Blinding (investigator's opinion)

Single blinded

Blinding description

participant is blinded means they dont know what treatment the other group gets

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

ethics committe of the university of faisalabad

Street address

bangla road

City

haroonabad

Postal code

52250

Approval date

2022-03-13, 1400/12/22

Ethics committee reference number

1021

Health conditions studied

1

Description of health condition studied

cervical radiculopathy

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

pain

Timepoint

total 2 weeks of interventional period in which every week 3 sessions and assessment of pain before and after every session

Method of measurement

numeric pain rating scale

Secondary outcomes

1

Description

quality of life

Timepoint

2 weeks

Method of measurement

cervical radiculopathy impact scale

Intervention groups

1

Description

intervention 1: single session. this group recieve only eldoa for 60 sec in clinic for once and then for 2 weeks telephonic record will be taken. numeric pain rating scale taken pre and post of every session

Category

Rehabilitation

2

Description

Intervention group: 2 multiple session: this group will recieve 3 sessions per week for 2 weeks. eldoa perform in clinic for 5 reps with 5 sec hold. numeric pain rating scale recorded pre and post of every session.

Category

Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center

Tehsil headquater haroonabad

Full name of responsible person

dr nabeel

Street address

bangla road

City

haroonabad

Postal code

52250

Phone

+92 312 6006078

Email

zaibsaeed058@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
the university of faisalabad

Full name of responsible person
dr sidra majeed

Street address
bangla road

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52250

Phone
+92 312 6006078

Email
zaibsaheed058@gmail.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
the university of faisalabad

Proportion provided by this source
100

Public or private sector
Private

Domestic or foreign origin
Foreign

Category of foreign source of funding
Sponsor: country of origin

Country of origin
PK

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
the university of faisalabad

Full name of responsible person
dr sidra majeed

Position
assistant professor

Latest degree
Master

Other areas of specialty/work
Physiotherapy

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Person responsible for scientific inquiries

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Full name of responsible person
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Position
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Latest degree
Master

Other areas of specialty/work
Physiotherapy

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zaibsaheed058@gmail.com

Person responsible for updating data

Contact

Name of organization / entity
zainab medicare hospital

Full name of responsible person
dr zeb un nisa

Position
clinical physiotherapist

Latest degree
Master

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Physiotherapy

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Email
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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available

Title and more details about the data/document

IPD collected for primary and secondary outcome measures

When the data will become available and for how**long**

jan 2023

To whom data/document is available

people working in any domain can be authorized to get this data

Under which criteria data/document could be used

any wrong information or editorial errors

From where data/document is obtainable

this data is only available on-demand via email mention to the person responsible

What processes are involved for a request to access data/document

documents can also be processed via university emails

Comments

data is private legacy respect it