

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

07 Jul 2026

### Comparison evaluation of letrozol metoretotate treatment in patients with ectopic pregnancy

#### Protocol summary

##### Study aim

Comparison of treatment with letrozole and methotrexate in patients with ectopic pregnancy in Kowsar Qazvin hospital

##### Design

Clinical trials include a 24-person group receiving mtx for ep treatment and a 24-person group receiving letrozole for ep treatment. Without control group, parallel groups, data collection is blind. Random allocation is based on software allocation ra software, phase 2 on 48 patients.

##### Settings and conduct

This study will begin at Kowsar Hospital in Qazvin in 1401. Patients receiving MTX receive 50 mg / m2 of intramuscular methotrexate. We measure BHCG on the fourth day of the seventh day and then every week until zero. CBC, LFT and BUN measurements are also on the fourth day 0 and every week until zero BHCG. The other group will receive 2.5 mg of letrozole every 12 hours for 10 days. BHCG, CBC, LFT and BUN are the same as the previous group

##### Participants/Inclusion and exclusion criteria

Women with ectopic pregnancies can participate in this study if they have the following conditions: The adnexal mass is less than four centimeters Absence of active intra-abdominal bleeding The person is healthy in terms of kidney health diseases Lack of fetal heart activity Hcg B level is less than 5000 Do not breastfeed The conditions for not entering the study are as follows: The disease is a candidate for surgery Patient's dissatisfaction with participating in the study

##### Intervention groups

In this study, the intervention was therapeutic use of letrozole instead of methotrexate to treat EP in order to prevent liver and blood complications and to prevent adverse effects on patients' ovarian reserve.

##### Main outcome variables

The rate of BHCG drop on the seventh day compared to the fourth day; BHCG zeroing time; The effect of medication on blood platelets; The effect of drug therapy

on liver enzymes; The effect of medication on the patient's BUN and Cr

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20220411054497N1**

Registration date: **2022-10-03, 1401/07/11**

Registration timing: **prospective**

Last update: **2022-10-03, 1401/07/11**

Update count: **0**

##### Registration date

2022-10-03, 1401/07/11

##### Registrant information

##### Name

Sanaz Maleki

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 28 3323 6374

##### Email address

sanazmlk97@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2022-10-23, 1401/08/01

##### Expected recruitment end date

2023-02-20, 1401/12/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

## Trial completion date

empty

## Scientific title

Comparison evaluation of letrozol metoretotate treatment in patients with ectopic pregnancy

## Public title

Evaluation of the effectiveness of letrozole in EP treatment

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Absence of active intra-abdominal bleeding Adnexal mass below four centimeters The person is healthy in terms of liver and kidney disease B-HCG levels should be less than 5000 The patient should not breastfeed

### Exclusion criteria:

If the patient is a candidate for surgery If the patient does not consent to participate in the study

## Age

From **18 years** old to **40 years** old

## Gender

Female

## Phase

2-3

## Groups that have been masked

*No information*

## Sample size

Target sample size: **48**

## Randomization (investigator's opinion)

Not randomized

## Randomization description

## Blinding (investigator's opinion)

Not blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics of committee of Qazvin University of Medical sciences

##### Street address

Bahonar

##### City

Qazvin

##### Province

Qazvin

##### Postal code

3419759811

## Approval date

2021-02-22, 1399/12/04

## Ethics committee reference number

IR.QUMS.REC.1399.484

## Health conditions studied

### 1

#### Description of health condition studied

Ectopic Pregnancy

#### ICD-10 code

O00.9

#### ICD-10 code description

Ectopic pregnancy, unspecified

## Primary outcomes

### 1

#### Description

B-HCG

#### Timepoint

0 day fourth day and seventh day

#### Method of measurement

Blood test and B-HCG check request

### 2

#### Description

Duration of zeroing of B-HCG in the two groups of letrozole and methotrexate

#### Timepoint

From day one of B-HCG assay until the B-HCG marker is zero

#### Method of measurement

Blood test and B-HCG check request

## Secondary outcomes

### 1

#### Description

Hbg

#### Timepoint

The first day of referral, the fourth day and the seventh day and then weekly until the BHCG is zero

#### Method of measurement

Taking blood tests and checking CBC

### 2

#### Description

WBC

#### Timepoint

The first day of referral, the fourth day and the seventh day and then weekly until the BHCG is zero

#### Method of measurement

Taking blood tests and checking CBC

### 3

**Description**

platelets

**Timepoint**

The first day of referral, the fourth day and the seventh day and then weekly until the BHCG is zero

**Method of measurement**

Taking blood tests and checking CBC

### 4

**Description**

LFT

**Timepoint**

The first day of referral, the fourth day and the seventh day and then weekly until the BHCG is zero

**Method of measurement**

Blood test and blood biochemistry check

### 5

**Description**

BUN

**Timepoint**

The first day of referral, the fourth day and the seventh day and then weekly until the BHCG is zero

**Method of measurement**

Blood test and blood biochemistry check

## Intervention groups

### 1

**Description**

The intervention group: includes a group of 24 people receiving letrozole for the treatment of EP, after explaining the benefits and side effects of both treatment methods and obtaining informed consent from them, 2.5 mg tablets every twelve hours for ten days receive letrozole

**Category**

Treatment - Drugs

### 2

**Description**

The intervention group: includes a group of 24 people receiving methotrexate for the treatment of EP, who after explaining the benefits and complications of both treatment methods and obtaining informed consent from them, methotrexate ampoules with a dose of fifty mg per square meter It is done for them in a muscular way

**Category**

Treatment - Drugs

## Recruitment centers

### 1

**Recruitment center****Name of recruitment center**

Kosar Hospital

**Full name of responsible person**

Dr. Fatemeh Lalouha

**Street address**

Taleghani Ave.

**City**

Qazvin

**Province**

Qazvin

**Postal code**

3415613176

**Phone**

+98 28 3323 6380

**Email**

Lalooaha44@yahoo.com

## Sponsors / Funding sources

### 1

**Sponsor****Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Dr.Lalooaha

**Street address**

Taleghani Ave

**City**

Qazvin

**Province**

Qazvin

**Postal code**

3415613176

**Phone**

+98 28 3323 6380

**Email**

sanazmlk97@gmail.com

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

No

**Title of funding source**

Qazvin University of Medical Sciences Research Assistant

**Proportion provided by this source**

100

**Public or private sector**

Private

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

**Contact****Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Sanaz Maleki

**Position**

Medical Intern

**Latest degree**

A Level or less

**Other areas of specialty/work**

General Practitioner

**Street address**

Bahonar Ave.

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**Email**

sanazmlk97@gmail.com

**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Fatemeh Lalouha

**Position**

Associate professor

**Latest degree**

Specialist

**Other areas of specialty/work**

Gynecology and Obstetrics

**Street address**

Kosar Hospital, Taleghani Ave.

**City**

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**Province**

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**Postal code**

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**Phone**

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**Email**

lalooha44@yahoo.com

**Person responsible for updating data****Contact****Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Sanaz Maleki

**Position**

medical intern

**Latest degree**

A Level or less

**Other areas of specialty/work**

Others

**Street address**

Qazvin university of Medical science, Bahonar Ave.

**City**

Qazvin

**Province**

Qazvin

**Postal code**

3419759811

**Phone**

+98 28 3333 6001

**Email**

sanazmlk97@gmail.com

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Not applicable

**Title and more details about the data/document**

Only information from the study participants will be published that is relevant to the outcome of the study and that they have been informed of their consent prior to the start of the study.

**When the data will become available and for how long**

The access period started at the beginning of 1401 and continues until the examination of 24 patients receiving letrozole treatment

**To whom data/document is available**

This information is available in the early stages for researchers and university-level research supervisors

**Under which criteria data/document could be used**

This information is available in the early stages for researchers and university-level research supervisors

**From where data/document is obtainable**

To receive comments, you can refer to the main project manager and then the executive project manager

**What processes are involved for a request to access data/document**

Submitting a request to the research director After reviewing by the project manager, a request to the research vice chancellor of the university

**Comments**