

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jul 2026

### Evaluation of Accuracy and Cost-benefit (cost-effectiveness) of Fluoroscopy-guided Surgical Navigation in Distal Locking of Intramedullary Nails, Compared to the Conventional Method

#### Protocol summary

##### Study aim

Determining the accuracy and cost-effectiveness of using surgical guidance system with the help of fluoroscopic images is to place the distal locking screws of intramedullary nails in comparison with the conventional method.

##### Design

The study will be performed in two groups of control and intervention group as double blinded and randomized through random numbers using Excel. The sample size in this study is 44 patients.

##### Settings and conduct

This clinical trial project is being carried out using the C-Guide system, a product of Parsis Company and performed in Shariati Hospital. This study is double blinded in which patients and the person in charge of data analysis are not aware. In Parsis surgical guidance system, images are analyzed and calibration processes are performed. The doctor will then be able to see the direction of his instrument on the images.

##### Participants/Inclusion and exclusion criteria

Patients with diaphysis fractures of the lower limb bones (femoral shaft or tibia) who are candidates for intramedullary nails (IMN) implantation. Exclusion criteria are as follows: Patients with open femoral or tibial shaft fractures, patients with small canal diameter, patients with bone canal obstruction, patients with a history of infection or active bone canal infection

##### Intervention groups

The intervention group are patients who will be placed under the distal screw of the femoral or tibial condensation using the tracking method using surgical navigation or fluoroscopy. The control group includes patients in whom the implantation of the distal femoral or tibial condensation screw will be determined using the conventional method (Conventional C-arm).

##### Main outcome variables

Duration of screw installation  
Duration of operation  
Received radiation  
Total irradiation time  
Repeat shooting  
Number of drills  
Check the alignment of screws by imaging  
Duration of presence in the operating room  
Setup time

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20210712051854N6**  
Registration date: **2023-01-04, 1401/10/14**  
Registration timing: **registered\_while\_recruiting**

Last update: **2023-01-04, 1401/10/14**

Update count: **0**

##### Registration date

2023-01-04, 1401/10/14

##### Registrant information

##### Name

Mohammad Hossein Nabian

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 8822 1444

##### Email address

dr.nabian@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2022-09-23, 1401/07/01

##### Expected recruitment end date

2024-09-21, 1403/06/31

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Evaluation of Accuracy and Cost-benefit (cost-effectiveness) of Fluoroscopy-guided Surgical Navigation in Distal Locking of Intramedullary Nails, Compared to the Conventional Method

**Public title**

Evaluation of the Effect of Surgical Navigation System on Diaphysis Fractures of Long Lower Limb Bones

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Patients with diaphysis fractures of the long bones of the lower extremities (femoral shaft or tibia) who are candidates for intramedullary nails (IMN) implantation.

**Exclusion criteria:**

Patients with open femoral or tibial shaft fractures  
patients with small canal diameter patients with bone canal obstruction patients with a history of infection or active bone canal infection

**Age**

From **18 years** old to **65 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

- Participant
- Data analyser

**Sample size**

Target sample size: **44**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Patients will be randomly divided into control and intervention groups. The randomization of people will be done using the Permuted block randomization method with the random selection of the size of the blocks. Block randomization works by randomizing participants within blocks such that an equal number is assigned to each treatment. For example, given a block size of 4, there are six possible ways to equally assign participants to a block. Allocation proceeds by randomly selecting one of the orderings and assigning the next block of participants to study groups according to the specified sequence. Furthermore, the block size must be divisible by the number of study groups. A disadvantage of block randomization is that the allocation of participants may be predictable and result in selection bias when the study groups are unmasked. That is, the treatment assignment that has so far occurred least often in the block likely will be the next chosen. Selection bias may be reduced by using random block sizes and keeping the

investigator blind to the size of each block.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

The blinding method in this study is double-blinded, in which the patients, the person responsible for randomization, and the person responsible for data analysis are not aware of the randomization setting of the study. Patients, the person responsible for randomization, and the person responsible for data analysis will only be aware of each person belonging to one of the group's A and B. They will not know which of the intervention or control groups each of the two groups, A and B, represents. Unlike the above people, the surgical team will know which of the intervention or control groups each of groups A and B belongs to.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Research Ethics Committees of School of Medicine-  
Tehran University of Medical Sciences

**Street address**

Floor 13, Block A, Ministry of Health & Medical  
Education Headquarters, Between Zarafashan &  
South Falamak, Qods Town

**City**

Tehran

**Province**

Tehran

**Postal code**

1419943471

**Approval date**

2022-04-05, 1401/01/16

**Ethics committee reference number**

IR.TUMS.MEDICINE.REC.1401.010

**Health conditions studied****1****Description of health condition studied**

Diaphysis fracture of the long bones of the lower  
extremities (Femoral Shaft)

**ICD-10 code**

S72.3

**ICD-10 code description**

Fracture of shaft of femur

## 2

### **Description of health condition studied**

Diaphysis fracture of the long bones of the lower extremities (Tibia)

### **ICD-10 code**

S82.20

### **ICD-10 code description**

Unspecified fracture of shaft of tibia

## **Primary outcomes**

### 1

#### **Description**

Screw insertion time

#### **Timepoint**

From the time of the start of the distal screw insertion until the end of it, during the operation

#### **Method of measurement**

Based on the time measured by the stopwatch

### 2

#### **Description**

Duration of operation

#### **Timepoint**

From the time of the first fluoroscopic image of the organ to the time of preparing the fluoroscopic image for the final check

#### **Method of measurement**

Based on the time measured by the stopwatch

### 3

#### **Description**

Radiation dose received

#### **Timepoint**

The amount of radiation received during the operation

#### **Method of measurement**

With the help of special radiology badges

### 4

#### **Description**

X-ray radiation time

#### **Timepoint**

The duration of taking pictures with the C arm in each of the imaging methods

#### **Method of measurement**

Using the device's own settings

### 5

#### **Description**

The number of repetitions of photography

#### **Timepoint**

The number of times of taking pictures with the arm in each of the imaging methods

#### **Method of measurement**

Using the device's own settings

## 6

### **Description**

The number of times to drill

### **Timepoint**

The number of times to drill to find the screw path

### **Method of measurement**

The number of times the guide contour leaves, which is mentioned in the patient's file and recorded by the resident during the procedure

## 7

### **Description**

Duration of operating room stay

### **Timepoint**

The duration of the patient's presence in the operation room from the time of entry to the time of exit

### **Method of measurement**

Based on the time measured by the stopwatch

## 8

### **Description**

Setup time

### **Timepoint**

The time required to set up the operation equipment

### **Method of measurement**

Based on the time measured by the stopwatch

## **Secondary outcomes**

### 1

#### **Description**

Checking the alignment of screws by imaging

#### **Timepoint**

Checking the alignment of the distal screws with respect to the contour in the post-operative graph - the presence or absence of angulation and torsion

#### **Method of measurement**

Based on the opinion of an orthopedic and radiology specialist

### 2

#### **Description**

Duration of anesthesia

#### **Timepoint**

From the time of induction of anesthesia until the time of complete return of consciousness

#### **Method of measurement**

Based on the time measured by the stopwatch

### 3

#### **Description**

Checking the amount of union

#### **Timepoint**

In time intervals of 3, 6, 9 and 12 months after surgery

#### **Method of measurement**

Based on imaging data and the opinion of an orthopedic specialist

## Intervention groups

### 1

#### Description

Intervention group: There are patients who will have a distal femoral or tibial concave screw implantation using surgical navigation or fluoroscopy. In this method, the navigation system is calibrated using radiographic images prepared before the operation. The navigation system is then calibrated with the patient in another step during the surgery. Distal IMN screw implantation in these patients is determined based on the location determined by the navigation system using imaging and anatomical landmarks of the patient.

#### Category

Treatment - Surgery

### 2

#### Description

Control group: Includes patients in whom the distal femoral or tibial IMN screw implantation will be determined using the conventional method (Conventional C-arm). In this method, for implanting the distal cone screw, an inter-operative radiograph will be taken from the bone by C-arm. Based on that, screw implantation is done. After each screw implantation, radiography of the bone will be done again by C-arm to ensure the correctness of the screw insertion. If the distal screw is not inserted correctly, this process will be repeated and will continue until the correctness of the distal screw is ensured.

#### Category

Treatment - Surgery

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Shariati hospital

##### Full name of responsible person

Mohammad Hossein Nabian

##### Street address

North Kargar St., Jalal Al-Ahmad Three Ways,  
Opposite the Faculty of Economics, Dr. Shariati  
Research and Treatment Center

##### City

Tehran

##### Province

Tehran

##### Postal code

1411713135

##### Phone

+98 21 8490 1000

##### Fax

+98 21 8863 3039

##### Email

shariatihosp@tums.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Tehran University of Medical Sciences

##### Full name of responsible person

Dr. Akbar Fotouhi

##### Street address

Vice Chancellor for Research and Technology, Sixth  
Floor, Central Organization of Tehran University of  
Medical Sciences, Ghods St., Keshavarz Blvd.

##### City

Tehran

##### Province

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##### Postal code

1417653761

##### Phone

+98 21 8163 3698

##### Email

vcr@tums.ac.ir

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Tehran University of Medical Sciences

#### Proportion provided by this source

15

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

*empty*

#### Country of origin

#### Type of organization providing the funding

Academic

### 2

#### Sponsor

##### Name of organization / entity

Parseh Intelligent Surgical Systems Co.

##### Full name of responsible person

Mustafa Abdul Ghafar

##### Street address

No. 8, Hamedan Aly, North Kargar St, Tehran, Iran

##### City

Tehran

##### Province

Tehran

##### Postal code

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##### Phone

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##### Fax

+98 21 6612 4395

##### Email

contact@parsiss.com

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Parseh Intelligent Surgical Systems Co.

**Proportion provided by this source**

85

**Public or private sector**

Private

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Industry

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Dr. Mohammad Hossein Nabian

**Position**

Associated Professor

**Latest degree**

Subspecialist

**Other areas of specialty/work**

Orthopedics

**Street address**

Shariati Hospital, Jalal-e-Al-e-Ahmad Hwy

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**Person responsible for scientific inquiries**

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**Name of organization / entity**

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**Position**

Associate Professor

**Latest degree**

Subspecialist

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

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Dr. Mohammad Hossein Nabian

**Position**

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**Latest degree**

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**Other areas of specialty/work**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

**Justification/reason for indecision/not sharing IPD**

There is no more information

**Study Protocol**

No - There is not a plan to make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Not applicable

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

Not applicable