Clinical Trial Protocol
Iranian Registry of Clinical Trials

09 Nov 2026

A study of the effectiveness of logo therapy based on Rumi's thought on reducing Post-Traumatic stress and increasing the resilience of hospital staff who involved in Corona Virus.

Protocol summary

Study aim

A study of the effectiveness of logo therapy based on Rumi's thought on reducing Post-Traumatic stress and increasing the resilience of hospital staff who involved in Corona Virus. -Providing solutions to practitioners in the field of research and treatment.

Design

The clinical trial has a control group.

Settings and conduct

Based on semi-experimental method of current research , the research is done among 15 people for each group and total of 30 people in hospitals in sari which are involved with Corona-Virus .

Participants/Inclusion and exclusion criteria

Exclusion criteria Having informed consent; Having ability to participate in medical sessions; The staff who work in hospital which involved with Corona-Virus; Having no participation in other subject classes at the same time; Having a minimum score (minimum score=3) in Post-Traumatic Stress Screening Questionnaire. Fail to enter They are not allowed being absent more than two sessions.

Intervention groups

According to the title of this research "The effectiveness of logo therapy based on Rumi's thought on reducing Post-Traumatic stress and increasing the resilience of hospital staff who involved in Corona Virus" ,it is showed that this research is semi-experimental and its design (experimental group and control group) makes out pre-test and post-test stage. According to the semi-experimental method of this research, the sample size is considered about 15 people for each group and totally 30 people of hospital staff which were chosen by the available sampling method in accordance with entrance criteria of research. Then they were randomly assigned to two experimental and control groups(15 people in each group). People in experimental group are under treatment protocol and people in control group are not under any training.

Main outcome variables

Resilience Post-traumatic stress

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20220627055298N1**
Registration date: **2022-08-01, 1401/05/10**
Registration timing: **registered_while_recruiting**

Last update: **2022-08-01, 1401/05/10**
Update count: **0**

Registration date

2022-08-01, 1401/05/10

Registrant information

Name

Maryam Faghih khoshabi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 11 3325 6565

Email address

mfaghih97@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-07-09, 1401/04/18

Expected recruitment end date

2022-08-16, 1401/05/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

A study of the effectiveness of logo therapy based on Rumi's thought on reducing Post-Traumatic stress and increasing the resilience of hospital staff who involved in Corona Virus.

Public title

A study of the effectiveness of logo therapy based on Rumi's thought on reducing Post-Traumatic stress and increasing the resilience

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria:

Having informed consent Being a staff of mentioned hospitals Having no participation in other subject classes at the same time. Having a minimum score (minimum score=3) in Post-Traumatic Stress Screening Questionnaire Having ability to participate in medical sessions.

Exclusion criteria:

Absence of more than two sessions of treatment

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Islamic Azad University of Sari

Street address

3th Floor, Manzarie building, Saba2 alley, Saba street, Sari, Iran

City

Sari

Province

Mazandaran

Postal code

4818895953

Approval date

2021-12-20, 1400/09/29

Ethics committee reference number

IR.IAU.SARI.REC.1400.111

Health conditions studied

1

Description of health condition studied

A study of the effectiveness of logo therapy based on Rumi's thought on reducing Post-Traumatic stress and increasing the resilience of hospital staff who involved in Corona Virus.

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Post-Traumatic Stress

Timepoint

8 Weeks

Method of measurement

Post-Traumatic Stress Disorder Questionnaire (pcl)

Secondary outcomes

1

Description

Resilience

Timepoint

8 weeks

Method of measurement

Conner-Davidson Resilience Questionnaire

Intervention groups

1

Description

According to the semi-experimental method of this research, the sample size is considered about 15 people for each group and totally 30 people of hospital staff which were chosen by the available sampling method in accordance with entrance criteria of research. Then they were randomly assigned to two experimental and control groups(15 people in each group). People in experimental group are under treatment protocol and people in control group are not under any training. In this research ,two

questionnaire and a treatment protocol are used. The Therapeutic training package for the first group will be taught in eight sessions and each session will last 75 minutes. Post-گروه های مداخلهTraumatic stress disorder (PCL) and Conner-Davidson Standard Resilience Questionnaires will be used in this research.

Category

Treatment - Other

2

Description

Control group: 15 people will be placed in the control group. This group does not receive any intervention. Two Post-Traumatic Stress Disorder Questionnaires (PCL) and Connor and Davidson's Standard Resilience Questionnaire are also used for this group.

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Khomeini hospital- Hekmat hospital

Full name of responsible person

Maryam Faghih Khoshabi

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3th Floor, Manzarie building, Saba2 alley, Saba street, Sari, Iran

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Email

mfaghih97@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Islamic Azad University of Sari

Full name of responsible person

Maryam Faghih Khoshabi

Street address

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

No

Title of funding source

Islamic Azad University of Sari

Proportion provided by this source

100

Public or private sector

Private

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Islamic Azad University of Sari

Full name of responsible person

Maryam Faghih Khoshabi

Position

Student

Latest degree

Bachelor

Other areas of specialty/work

Psychology

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Mazandaran University of Medical Sciences

Full name of responsible person

Seyed Hamze Hossieni

Position

Psychiatrist, Faculty member

Latest degree

Specialist

Other areas of specialty/work

Psychiatrics

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Person responsible for updating data

Contact

Name of organization / entity
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Full name of responsible person
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Position
Student

Latest degree
Bachelor

Other areas of specialty/work
Psychology

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available

Study Protocol
Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan
Not applicable

Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report
Not applicable

Analytic Code
Not applicable

Data Dictionary
Not applicable