

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

26 Jun 2026

### Comparison of the effectiveness of Transcranial Direct Current Brain Stimulation (tDCS) and computer-based cognitive rehabilitation on improving executive functions, cognitive emotion regulation and impulsivity in children with attention deficit/ hyperactivity disorder

#### Protocol summary

executive functions; cognitive emotion regulation; impulsivity

#### Study aim

Comparison of the effectiveness of Transcranial Direct Current Brain Stimulation (tDCS) and computer-based cognitive rehabilitation on improving executive functions, cognitive emotion regulation and impulsivity in children with attention deficit/ hyperactivity disorder

#### Design

The current research has parallel groups (3 groups): two experimental groups and one control group. A blinded and randomized strain. After preparing the list of children suffering from attention deficit hyperactivity disorder, 60 people will be selected by simple random (lottery list) and two blind strains and will be divided into the desired groups by a simple sorting method (through the preparation of lottery list).

#### Settings and conduct

The current research will be conducted in Fatemi hospital in Ardabil city in the department of psychiatry. The implementation will be done by someone other than the researcher who is familiar and expert in the field of cognitive rehabilitation. The participants in the research are not aware of the assignment in the groups and they are also unaware of the names and research results of the other groups.

#### Participants/Inclusion and exclusion criteria

Entry conditions: having attention deficit/hyperactivity disorder; informed consent of parents and children to participate in the research and not having other psychiatric disorders  
Conditions of non-entry: low intelligence score

#### Intervention groups

First Intervention Group: They will receive electrical stimulation of the brain. Second Intervention Group: They will receive computer cognitive rehabilitation. A control group: They will not receive an intervention.

#### Main outcome variables

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20220911055936N1**

Registration date: **2022-10-02, 1401/07/10**

Registration timing: **registered\_while\_recruiting**

Last update: **2022-10-02, 1401/07/10**

Update count: **0**

##### Registration date

2022-10-02, 1401/07/10

##### Registrant information

##### Name

sara Taghizadeh

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 45 3325 7563

##### Email address

s.taghizadeh@uma.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2022-09-22, 1401/06/31

##### Expected recruitment end date

2022-11-21, 1401/08/30

##### Actual recruitment start date

empty  
**Actual recruitment end date**  
empty  
**Trial completion date**  
empty

**Scientific title**  
Comparison of the effectiveness of Transcranial Direct Current Brain Stimulation (tDCS) and computer-based cognitive rehabilitation on improving executive functions, cognitive emotion regulation and impulsivity in children with attention deficit/ hyperactivity disorder

**Public title**  
Comparison of the effectiveness of Transcranial Direct Current Brain Stimulation (tDCS) and computer-based cognitive rehabilitation on children with attention deficit/ hyperactivity disorder

**Purpose**  
Education/Guidance

**Inclusion/Exclusion criteria**

**Inclusion criteria:**

having attention deficit/hyperactivity disorder informed consent of parents and children to participate in the research not having other psychiatric disorders

**Exclusion criteria:**

Obtaining low intelligence score on Raven's intelligence test

**Age**

From **7 years** old to **13 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

- Participant

**Sample size**

Target sample size: **60**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

After preparing a list of children with attention deficit/ hyperactivity disorder, 60 of these children will be selected as a simple random sampling method (random listing and selection of people in lottery) and again by simple random method (preparation Lottery list and selection of people as lottery) will be planted in two experimental groups and one control group (each containing 20 people)

**Blinding (investigator's opinion)**

Single blinded

**Blinding description**

The participants in the research will not know about the other experimental groups, the method of intervention, the results, and also the names of the participants. The test groups will be present at the performance site at completely different times

**Placebo**

Not used

**Assignment**

Parallel

**Other design features**

**Secondary Ids**

empty

**Ethics committees**

**1**

**Ethics committee**

**Name of ethics committee**

Ethics Committee of Mohaghegh Ardabili University

**Street address**

Mohaghegh Ardabili University, Daneshgah Ave

**City**

Ardabil

**Province**

Ardabil

**Postal code**

5613974887

**Approval date**

2022-09-03, 1401/06/12

**Ethics committee reference number**

IR.UMA.REC.1401.044

**Health conditions studied**

**1**

**Description of health condition studied**

Attention Deficit/ Hyperactivity Disorder

**ICD-10 code**

F90.0

**ICD-10 code description**

Attention-deficit hyperactivity disorder, predominantly inattentive type

**Primary outcomes**

**1**

**Description**

Executive Functions

**Timepoint**

Conducting electrical brain stimulation (tDCS) once a week for 10 sessions, for the first experimental group. Implementation of the computerized cognitive rehabilitation package twice a week for 10 sessions, for the second experimental group. Conducting the pre-test and post-test before and after the end of the intervention sessions (one week before and after the start and end of the intervention)

**Method of measurement**

1- N-Back working memory test (to measure working memory) 2- Stroop color word test (to measure inhibition)

**2**

**Description**

Cognitive Emotion Regulation

### Timepoint

Conducting electrical brain stimulation (tDCS) once a week for 10 sessions, for the first experimental group. Implementation of the computerized cognitive rehabilitation package twice a week for 10 sessions, for the second experimental group. Conducting the pre-test and post-test before and after the end of the intervention sessions (one week before and after the start and end of the intervention)

### Method of measurement

cognitive emotion regulation questionnaire (to measure cognitive emotion regulation)

### 3

#### Description

Impulsivity

#### Timepoint

Conducting electrical brain stimulation (tDCS) once a week for 10 sessions, for the first experimental group. Implementation of the computerized cognitive rehabilitation package twice a week for 10 sessions, for the second experimental group. Conducting the pre-test and post-test before and after the end of the intervention sessions (one week before and after the start and end of the intervention)

#### Method of measurement

Balloon risk test (to measure impulsivity)

### Secondary outcomes

empty

### Intervention groups

#### 1

##### Description

Intervention Group One: Electrical Stimulation of the Brain (TDCS): In this group, which includes 20 subjects, the brain's electrical stimulation will be performed for 10 20 -minute current with 2 mAh for subjects

##### Category

Rehabilitation

#### 2

##### Description

Second Intervention Group: Computer Cognitive Rehabilitation: In this group, which includes 20 subjects, participants will receive Captain Log Rehabilitation Package 10 times for 60 minutes

##### Category

Rehabilitation

#### 3

##### Description

Control Group: In this group, which includes 20 subjects, people will not receive any study interventions and will only be taken pre -test and post -test

##### Category

Other

### Recruitment centers

#### 1

##### Recruitment center

###### Name of recruitment center

Fatemi hospital

###### Full name of responsible person

Sara Tghizadeh

###### Street address

No. 19, behind Alavi Hospital, Saheli Ave, Ibrahim Abad Blvd

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###### Province

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###### Phone

+98 45 3325 7563

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sara.taghizadeh1370@gmail.com

### Sponsors / Funding sources

#### 1

##### Sponsor

###### Name of organization / entity

دانشگاه محقق اردبیلی

###### Full name of responsible person

Mohammad Narimani

###### Street address

Mohaghegh Ardabili University, Daneshgah Ave

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###### Phone

+98 45 3150 5625

###### Email

narimani@uma.ac.ir

##### Grant name

##### Grant code / Reference number

##### Is the source of funding the same sponsor organization/entity?

Yes

##### Title of funding source

دانشگاه محقق اردبیلی

##### Proportion provided by this source

100

##### Public or private sector

Public

##### Domestic or foreign origin

Domestic

##### Category of foreign source of funding

empty

##### Country of origin

##### Type of organization providing the funding

Academic

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Mohaghegh Ardabili University.

**Full name of responsible person**

Sara Taghizadeh

**Position**

PhD student

**Latest degree**

Master

**Other areas of specialty/work**

Psychology

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No. 19, Ibrahim Abad Blvd, Saheli Ave

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## Person responsible for scientific inquiries

### Contact

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Ardabil University of Medical Sciences

**Full name of responsible person**

Sara Taghizadeh

**Position**

PhD student

**Latest degree**

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**Other areas of specialty/work**

Psychology

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## Person responsible for updating data

### Contact

**Name of organization / entity**

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**Position**

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**Latest degree**

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**Other areas of specialty/work**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

No - There is not a plan to make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

No - There is not a plan to make this available

**Analytic Code**

Not applicable

**Data Dictionary**

Not applicable

**Title and more details about the data/document**

There is no data release plan. But this will be done if necessary

**When the data will become available and for how long**

There is no data release plan. But this will be done if necessary

**To whom data/document is available**

It will be available for researchers in academic and scientific institutions

**Under which criteria data/document could be used**

The final results will be provided to the applicants

**From where data/document is obtainable**

To receive documents, they can refer to the author's email address sara.taghizadeh1370@gmail.com

**What processes are involved for a request to access data/document**

After sending the email and request, the answer will be given in about a month

**Comments**