

Clinical Trial Protocol

Iranian Registry of Clinical Trials

30 May 2026

Comparing of Gabapentin and Cinnarizine Effect on Tinnitus in Patients with Sensorineural Hearing Loss

Protocol summary

Study aim

Comparing of Gabapentin and Cinnarizine effect on tinnitus in patients with Sensorineural Hearing Loss and Ability to provide a safe, non-invasive, effective and economical treatment for patients with Tinnitus

Design

Two arm parallel group randomized trial with 114 patients, Randomization with a table of random numbers on an online site

Settings and conduct

114 patients who referred to the ENT clinic of Imam Khomeini Hospital in Urmia with a complaint of Tinnitus and have sensorineural hearing loss and have entry condition and do not have the non-entry condition of the study after completing the consent form by the patients for participation In this study, taking a complete history and performing examinations, and if needed, performing audiometry and necessary tests, the THI questionnaire will be completed for them. Patients are randomly divided into two groups, A and B (A: Gabapentin, B: Cinnarizine), and are treated for 6 weeks, and after the completion of the treatment period, they return to complete the THI questionnaire.

Participants/Inclusion and exclusion criteria

Entry condition: Age:18-75 years old, Having persistent and pulseless Tinnitus for at least one year, Having Sensorineural Hearing Loss, Obtaining a score of 38 and above in the Tinnitus Handicap Inventory (THI) questionnaire, Non-entry condition: Having an active Meniere's disease, Being pregnant or breastfeeding, Having any one of the following: Glaucoma, Urinary Retention, Prostatic Hypertrophy, Epilepsy, and Liver disease, Having a health condition that prohibits the use of gabapentin for the patient and other contraindications

Intervention groups

A: Gabapentin 100mg/d 1st week, 300mg/d 2nd week, 900mg/d 3rd and 4th weeks, 300mg/d 5th week, 100mg/d 6th week B: Cinnarizine 25mg/d 1st week, 50mg/d 2nd week, 75mg/d 3rd and 4th weeks, 50mg/d

5th week, 25mg/d 6th week

Main outcome variables

Tinnitus severity

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20221002056073N1**

Registration date: **2022-10-09, 1401/07/17**

Registration timing: **prospective**

Last update: **2022-10-09, 1401/07/17**

Update count: **0**

Registration date

2022-10-09, 1401/07/17

Registrant information

Name

Reza Samarei

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 44 3345 7286

Email address

samareireza@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-10-23, 1401/08/01

Expected recruitment end date

2023-02-19, 1401/11/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date
empty

Scientific title
Comparing of Gabapentin and Cinnarizine Effect on Tinnitus in Patients with Sensorineural Hearing Loss

Public title
Comparing of Gabapentin and Cinnarizine Effect on Tinnitus

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria:
The patient has continuous tinnitus without pulsation for at least one year. Having sensorineural hearing loss Based on the Tinnitus Handicap Inventory (THI), the patient must have scored 38 or higher.
Exclusion criteria:
Having active Meniere's Disease Having Kidney Dysfunction Being pregnant or breastfeeding Having any of the following: Glaucoma, Urinary Retention, Prostate Hypertrophy, Epilepsy and Liver Disease Having a health condition that prohibits the use of Gabapentin for the patient or other Contraindications

Age
From **18 years** old to **75 years** old

Gender
Both

Phase
3

Groups that have been masked
No information

Sample size
Target sample size: **114**

Randomization (investigator's opinion)
Randomized

Randomization description
Patients will be grouped into two groups, A and B, where group A will receive Gabapentin and group B will receive Cinnarizine. In this way, the number between 1 and 114 will be applied to the patients in the order of entering the study, and then using the website <https://www.graphpad.com/quickcalcs>, a table of random numbers with two groups will be randomized online. We will create A and B with 57 numbers in each group from numbers 1 to 114.

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids
empty

Ethics committees

1

Ethics committee

Name of ethics committee

Research Ethics Committees of Urmia University of Medical Sciences - Imam Khomeini University Hospit

Street address

Imam Khomeini University Hospital, Ershad Ave., Modarres Blvd.

City

Urmia

Province

West Azarbaijan

Postal code

5715781351

Approval date

2022-02-09, 1400/11/20

Ethics committee reference number

IR.UMSU.HIMAM.REC.1401.015

Health conditions studied

1

Description of health condition studied

Tinnitus

ICD-10 code

H93.1

ICD-10 code description

Tinnitus

Primary outcomes

1

Description

Severity of tinnitus

Timepoint

At the beginning of the study (before the start of the intervention) and 6 weeks after starting the medication

Method of measurement

Tinnitus Handicap Inventory Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Cap Gabapentin 100mg/d 1st week, 300mg/d 2nd week (100mg q8h), 900mg/d 3th and 4th weeks (300mg q8h), 300mg/d 5th week (100mg q8h), 100mg/d 6th week- oral administration

Category

Treatment - Drugs

2

Description

Control group: Tab Cinnarizine 25mg/d 1st week, 50mg/d 2nd week (25mg q12h), 75mg/d 3th and 4th weeks (25mg q8h), 50mg/d 5th week (25mg q12h), 25mg/d 6th week- oral administration

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Khomeini University Hospital

Full name of responsible person

Reza Samarei

Street address

Imam Khomeini University Hospital, Ershad Ave.,
Modarres Blvd.

City

Urmia

Province

West Azarbaijan

Postal code

5715781351

Phone

+98 44 3345 9538

Email

samarai.r@umsu.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

Saber Gholizadeh

Street address

Research and Technology Vice-Chancellor Building,
Headquarters of Urmia University of Medical Sciences,
Emergency St., Resalat Blvd.

City

Urmia

Province

West Azarbaijan

Postal code

5714783734

Phone

+98 44 3193 7224

Email

saber@umsu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Oroumia University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

Reza Samarei

Position

Associate professor

Latest degree

Specialist

Other areas of specialty/work

Ear, Nose, and Throat

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+98 44 3345 9538

Email

samarai.r@umsu.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

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Position

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Person responsible for updating data

Contact

Name of organization / entity

Oroumia University of Medical Sciences

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available