

Clinical Trial Protocol

Iranian Registry of Clinical Trials

19 Sep 2026

Impact of psychological empowerment workshops on assertion of Neonatal Intensive Care Unit Nurses

Protocol summary

Study aim

The effect of the psychological empowerment workshop on the assertion of nurses in the neonatal intensive care unit

Design

clinical trial without control group, single group, without blinding, non-randomized, on all nurses of neonatal intensive care unit

Settings and conduct

A census study was conducted after the approval of the ethics committee on the nurses working in the special care department of Shahid Sadougi hospital in Yazd after obtaining informed consent. The demographic information and assertion questionnaire was posted on the Eitaa messenger network after the group was formed, and two A week after the intervention and holding four sessions of the psychological empowerment workshops, the assertion questionnaire was completed again by the samples

Participants/Inclusion and exclusion criteria

The samples include all nurses working in the neonatal intensive care unit

Intervention groups

Intervention group: psychological empowerment workshops training on assertion

Main outcome variables

assertion

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230109057085N1**

Registration date: **2023-02-08, 1401/11/19**

Registration timing: **retrospective**

Last update: **2023-02-08, 1401/11/19**

Update count: **0**

Registration date

2023-02-08, 1401/11/19

Registrant information

Name

Reyhaneh Ghasemian

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 2360 2185

Email address

r.ghsmn843@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2022-12-20, 1401/09/29

Expected recruitment end date

2022-12-20, 1401/09/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Impact of psychological empowerment workshops on assertion of Neonatal Intensive Care Unit Nurses

Public title

Impact of psychological workshops on assertion of Nurse

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

All nurses who have spent at least two mounts in the neonatal intensive care unit. All nurses who have not

participated in the empowerment workshops yet.

Exclusion criteria:

The Nurses who work simultaneously in two neonatal intensive care unit. Nurses who are sick or on paid leave during the study. Nurses who are graduate students in neonatal intensive care.

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 30

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Yazd University of medical sciences

Street address

Yazd Sadoghi University

City

Yazd

Province

Yazd

Postal code

۸۹۱۶۹۷۸۴۷۷

Approval date

2022-09-21, 1401/06/30

Ethics committee reference number

lr.ssu.rec.1401.053

Health conditions studied

1

Description of health condition studied

Assertion

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

assertion

Timepoint

At the beginning of the study (before the start of the intervention) and 14 days after the workshops.

Method of measurement

Gambrill and Ritchie's assertion questionnaire 1975

Secondary outcomes

empty

Intervention groups

1

Description

intervention group: all NICU nurses. Holding 4 virtual workshops sessions in two consecutive weeks with the topic of assertion.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid Sadoughi Hospital

Full name of responsible person

Reyhaneh Ghasemian

Street address

Yazd- Shahid Qandi Blvd., Ibn Sina St., Sadoughi Hospital

City

Yazd

Province

Yazd

Postal code

۸۹۱۵۸۸۷۸۵۷

Phone

+98 35 3822 4000

Email

r.ghsmn843@gmail.com

Web page address

http://web.ssu.ac.ir/

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Zahra Pourmovahed

Street address

Yazd, Jahad Blvd;16th St;BuAli St;

City

Yazd

Province

Yazd

Postal code

۸۹۱۶۹۷۸۴۷۷

Phone

+98 35 3724 0171

Fax

Email

movahed446@yahoo.com

Web page address

https://ssu.ac.ir/

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

No

Title of funding source

Yazd Nursing Faculty Research Committee

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Reyhaneh Ghasemian

Position

Master of nursing student

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Unit 8, No.6, 7th alley, Moaieni Nejad street, Shahed Blvd, Tehranpars, Tehran, Iran

City

Tehran

Province

Tehran

Postal code

1655983789

Phone

+98 21 2360 2185

Fax

Email

R.ghsmn843@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Reyhaneh Ghasemian

Position

Master of nursing student

Latest degree

Bachelor

Other areas of specialty/work

Nursery

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Person responsible for updating data

Contact

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Fax

Email

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

All potential data can be shared after de-identifying individuals.

When the data will become available and for how long

The access period starts 6 months after the results are published.

To whom data/document is available

All researchers and nurses working in academic and

scientific institutions and all people working in the industry.

Under which criteria data/document could be used

Using documents as an idea for the title and subsequent articles Use of documentation for use in other departments and medical centers Use documentation to change items such as the number of samples

From where data/document is obtainable

Reyhaneh Ghasemian mobile number 09376445495
Master's student in nursing neonatal intensive care unit
A nurse working at Labafinejad Hospital in Tehran,
Pasdaran Bostan 9. Email r.ghsmn843@gmail.com Postal
address: Unit 8, No.6, 7th alley, Moieni Nejad street,
Sahed Blvd, Tehranpars, Tehran, Iran

What processes are involved for a request to access data/document

After making a request and establishing communication within a week, information will be provided to them via email or other means of communication.

Comments