

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jul 2026

### Comparison of the effectiveness of intramuscular olanzapine with intramuscular haloperidol for the treatment of agitation in patients with Bipolar Disorder, A randomized controlled study.

#### Protocol summary

##### Study aim

Comparison of the effect of intramuscular Olanzapine and Haloperidol in the treatment of agitation in patients with Bipolar Disorder.

##### Design

Clinical trial, parallel groups, double blind, semi-randomized controlled, phase 4 on 40 patients

##### Settings and conduct

patients are transferred to one of the two women wards of the Razi hospital in Tehran based on the capacity of the wards and in turn, to control the agitation, in one of the two wards, the Olanzapine and in the other ward the Haloperidol were provided to the staff

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Having an overall score of 14 and above in PANSS and having a score of 4 (max 7) in at least one of its five cases. No physical illness associated with mental retardation or other cognitive and neurological disorders and patients with a history of NMS. No dependence or abuse of substances, drugs or alcohol Exclusion criteria: Patients with a history of allergic reaction or intolerance to Olanzapine or Haloperidol. Patients with psychomotor restlessness who have not been diagnosed with Bipolar Disorder. Pregnant or nursing women. Patients who have received antipsychotics depo-injectable drugs during the last 1 month. Patients who have used psychological stimuli within 1 week. Patients who received benzodiazepines within the last 4 hours. Patients who have received oral or rapid muscular antipsychotics in the last 2 hours

##### Intervention groups

Samples will be selected from patients between 18 and 65 years old admitted to the psychiatric ward of Razi Hospital in 1401 who have a diagnosis of bipolar disorder. Patients are transferred to one of the two wards of the women's hospital. In order to control the agitation, in one of the two wards, Olanzapine and in the other part

of the injectable Haloperidol were provided to the staff

##### Main outcome variables

PANSS : RASS : MSAS

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20230131057294N1**

Registration date: **2024-02-25, 1402/12/06**

Registration timing: **prospective**

Last update: **2024-02-25, 1402/12/06**

Update count: **0**

##### Registration date

2024-02-25, 1402/12/06

##### Registrant information

##### Name

Marzieh Khodaparast

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 4445 2713

##### Email address

marzieh.kh1994@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2024-04-08, 1403/01/20

##### Expected recruitment end date

2024-06-09, 1403/03/20

##### Actual recruitment start date

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Comparison of the effectiveness of intramuscular olanzapine with intramuscular haloperidol for the treatment of agitation in patients with Bipolar Disorder, A randomized controlled study.

**Public title**

Comparison of the effectiveness of intramuscular olanzapine with intramuscular haloperidol for the treatment of agitation in patients with Bipolar Disorder

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Patients with Bipolar Disorder diagnosed based on DSM-5 criteria according to clinical interview of psychiatrist. Having an overall score of 14 and above (up to 35) in PANSS including five cases of tension, uncooperativeness, hostility, poor impulse control and excitement. Having a rating of 4 (max 7) in at least one of the above five The psychiatrist concludes that the patient should be treated with Olanzapine IM injection or Haloperidol No physical illness associated with mental retardation or other cognitive disorders and neurological disorders Not having severe cardiovascular diseases or cerberovascular in the past 6 months, any severe, acute or unstable medical conditions or laboratory disorders and uncontrolled underlying disease No NMS history No dependence or abuse of substances, drugs or alcohol acutely or in the past 12 months except nicotine or positive urine screen test Patient or guardian's consent

**Exclusion criteria:**

Patients with a history of allergic reaction or intolerance to Olanzapine or Haloperidol. Patients with psychomotor restlessness who have not been diagnosed with bipolar disorder. Unwillingness of the patient or the patient's family to participate in the study. Pregnant or nursing women Patients who have received antipsychotics depo-injectable drugs during the last 1 month. Patients who have used psychological stimuli within 1 week. Patients who received oral or injectable benzodiazepines within the last 4 hours. Patients who have received oral or rapid muscular antipsychotics in the last 2 hours.

**Age**

From **18 years** old to **65 years** old

**Gender**

Female

**Phase**

4

**Groups that have been masked**

- Participant
- Investigator

**Sample size**

Target sample size: **40**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

In psychiatric patients (women) on arrival to Razi Psychiatric Hospital, according to the capacity of wards and in turn, by admission and emergency staff, are transferred to one of the two wards of the hospital. (In the reception system of patients in the emergency room of Razi psychiatric hospital, patients who need to be admitted to one of the two wards of the hospital according to the psychiatrist's diagnosis, are referred to one of the two wards of gynecology by the reception officer) in each of those wards, one of two drugs A or B (haloperidol or olanzapine) is used to control the agitation of patients.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

For double-blind research, a label is attached to the injected drugs in each part so that the name of the drugs is not seen. One part A and the other is written on the drug B. Neither the patient nor the researcher is aware of the type of drug A or B. In medical instructions, a or B drug injection is written for each section. At the end of the study, the researcher is informed of the type of drug A and B.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee of The University of Rehabilitation Sciences and Social Health

**Street address**

At the end of 6th St.,Velenjak,Tehran

**City**

tehran

**Province**

Tehran

**Postal code**

1985713871

**Approval date**

2024-01-24, 1402/11/04

**Ethics committee reference number**

IR.USWR.REC.1402.244

**Health conditions studied****1****Description of health condition studied**

Bipolar disorder

**ICD-10 code**

F31

## ICD-10 code description

Bipolar disorder

## Primary outcomes

### 1

#### Description

Positive and Negative Symptom Scale score

#### Timepoint

15 minutes, 1 hour and 24 hours later

#### Method of measurement

Positive and Negative Symptom Scale

### 2

#### Description

Modified Simpson-angus scale score

#### Timepoint

15 minutes, 1 hour and 24 hours later

#### Method of measurement

Modified Simpson-angus scale

### 3

#### Description

Richmond Agitation-Sedation Scale score

#### Timepoint

15 minutes, 1 hour and 24 hours later

#### Method of measurement

Richmond Agitation-Sedation Scale

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

First intervention group: Intramuscular injection of (A or B) Olanzapine 10 mg, maximum 3 doses in 24 hours, second injection after at least 2 hours from the first injection and third injection after at least 4 hours of second injection at discretion, to control the agitation.

#### Category

Treatment - Drugs

### 2

#### Description

Second intervention group: Intramuscular injection of (A or B) Haloperidol 5 or 10 mg, maximum 3 doses in 24 hours, second injection after at least 2 hours from the first injection and third injection after at least 4 hours of second injection at discretion, to control the agitation.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Razi Psychiatric Hospital

##### Full name of responsible person

Marzieh Khodaparast

##### Street address

Razi Psychiatric Hospital, Amin Abad, Shahid Rastegar Blvd, Taghi Abad Street, Shahre-rey

##### City

tehran

##### Province

Tehran

##### Postal code

1867612016

##### Phone

+98 21 3340 1600

##### Email

razi@uswr.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

University of social welfare and rehabilitation sciences

##### Full name of responsible person

Hamidreza Khankeh

##### Street address

At the end of 6th St., Velenjak, Tehran

##### City

Tehran

##### Province

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##### Postal code

1985713871

##### Phone

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##### Email

pr@uswr.ac.i

##### Grant name

##### Grant code / Reference number

##### Is the source of funding the same sponsor organization/entity?

Yes

##### Title of funding source

University of social welfare and rehabilitation sciences

##### Proportion provided by this source

100

##### Public or private sector

Public

##### Domestic or foreign origin

Domestic

##### Category of foreign source of funding

empty

##### Country of origin

##### Type of organization providing the funding

Academic

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
University of social welfare and rehabilitation sciences

**Full name of responsible person**  
Marzieh Khodaparast

**Position**  
Resident

**Latest degree**  
Medical doctor

**Other areas of specialty/work**  
Psychiatrics

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No. 8, Unit 14, first Mahestan, Besat Blvd, Jannat  
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marzieh.kh1994@gmail.com

## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**  
University of social welfare and rehabilitation sciences

**Full name of responsible person**  
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**Position**  
Resident

**Latest degree**  
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## Person responsible for updating data

### Contact

**Name of organization / entity**  
University of social welfare and rehabilitation sciences

**Full name of responsible person**  
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**Position**  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

### Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

### Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

### Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

### Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

### Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

### Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available