

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jul 2026

### The effect of counseling- cognitive - behavioral therapy on, anxiety and aggression in women with sexual activity

#### Protocol summary

##### Summary

**Abstract:** Introduction & Objective: Female sexual dysfunctions are classified by DSM-IV(APA,2000) into four categories: desire, arousal, orgasm, and pain disorders. Haven sexual when chronic, it may lead to anxiety and depression, and cause problems in other aspects of life. The aim of this study was: Investigation of women with sexual dysfunction, anxiety and aggression and the effect of cognitive-behavioral counseling on them. **Methodology:** This study is a clinical trial with pre-and post-tests are a total of 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual Glombok Rust, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran.

#### General information

##### Acronym

sexualdysfunction

##### IRCT registration information

IRCT registration number: **IRCT201105176460N2**

Registration date: **2013-12-20, 1392/09/29**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2013-12-20, 1392/09/29

##### Registrant information

###### Name

Khierollah Nooryan

###### Name of organization / entity

Yasuj university of medical sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 74 1222 7613

###### Email address

noorian.khairallah@yums.ac.ir

###### Recruitment status

**Recruitment complete**

###### Funding source

Yasuj University of Medical Sciences

###### Expected recruitment start date

2010-02-08, 1388/11/19

###### Expected recruitment end date

2013-12-09, 1392/09/18

###### Actual recruitment start date

empty

###### Actual recruitment end date

empty

###### Trial completion date

empty

###### Scientific title

The effect of counseling- cognitive - behavioral therapy on, anxiety and aggression in women with sexual activity

###### Public title

The effect of counseling- cognitive - behavioral therapy on, anxiety and aggression in women with sexual activity

###### Purpose

Treatment

###### Inclusion/Exclusion criteria

Exclusion criteria included: 1 - If the patient is unable to tolerate treatment 2 - does not work with a therapist.

###### Age

From **19 years** old to **75 years** old

###### Gender

Female

###### Phase

N/A

###### Groups that have been masked

No information

### Sample size

Target sample size: 20

### Randomization (investigator's opinion)

N/A

### Randomization description

#### Blinding (investigator's opinion)

Single blinded

#### Blinding description

#### Placebo

Not used

#### Assignment

Single

#### Other design features

behavior therapy

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

yasuj university of medical sciences

##### Street address

sisakht street

##### City

yasuj

##### Postal code

7591736485

#### Approval date

2009-09-13, 1388/06/22

#### Ethics committee reference number

22443

## Health conditions studied

### 1

#### Description of health condition studied

Sexual Dysfunction

#### ICD-10 code

F52

#### ICD-10 code description

Sexual dysfunction, not caused by organic disorder or disease

## Primary outcomes

### 1

#### Description

Anxiety

#### Timepoint

pre-test, post-test

#### Method of measurement

This study is a clinical trial with pre-and post-tests are a total of 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction

questionnaire sexual Glombok Rusty, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran.

### 2

#### Description

aggression

#### Timepoint

pre and post test

#### Method of measurement

This study is a clinical trial with pre-and post-tests have been done, 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual satisfaction Glvmbvk right, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran

### 3

#### Description

Sexual activity

#### Timepoint

pre- and post test

#### Method of measurement

This study is a clinical trial with pre-and post-tests have been done, 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual satisfaction Glvmbvk right, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

counselling - behavior -cognitive therapy

#### Category

Behavior

### 2

#### Description

This study is a clinical trial with pre-and post-tests have been done, 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual satisfaction Glvmbvk right, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran

#### Category

Behavior

## Recruitment centers

### 1

#### Recruitment center

**Name of recruitment center**

Yasuj University of Medical Sciences

**Full name of responsible person**

Khierollah Nooryan

**Street address**

Yasuj University of Medical Sciences

**City**

Yasuj

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Yasuj University of Medical Sciences

**Full name of responsible person**

Mohamad Zoladi

**Street address**

Yasuj University of Medical Sciences .motahari street,

**City**

Yasuj

**Grant name**

پژوهشی 2

**Grant code / Reference number**

231

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Yasuj University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

empty

**Domestic or foreign origin**

empty

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

empty

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**

Yasuj University of Medical Sciences

**Full name of responsible person**

Khierollah Nooryan

**Position**

PhD

**Other areas of specialty/work**

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## Person responsible for scientific inquiries

#### Contact

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Faculty member

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## Person responsible for updating data

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## **Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*