

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The effect of counseling- cognitive - behavioral therapy on, anxiety and aggression in women with sexual activity

Protocol summary

Summary

Abstract: Introduction & Objective: Female sexual dysfunctions are classified by DSM-IV(APA,2000) into four categories: desire, arousal, orgasm, and pain disorders. Haven sexual when chronic, it may lead to anxiety and depression, and cause problems in other aspects of life. The aim of this study was: Investigation of women with sexual dysfunction, anxiety and aggression and the effect of cognitive-behavioral counseling on them. **Methodology:** This study is a clinical trial with pre-and post-tests are a total of 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual Glombok Rust, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran.

General information

Acronym

sexualdysfunction

IRCT registration information

IRCT registration number: **IRCT201105176460N2**

Registration date: **2013-12-20, 1392/09/29**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2013-12-20, 1392/09/29

Registrant information

Name

Khierollah Nooryan

Name of organization / entity

Yasuj university of medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 74 1222 7613

Email address

noorian.khairallah@yums.ac.ir

Recruitment status

Recruitment complete

Funding source

Yasuj University of Medical Sciences

Expected recruitment start date

2010-02-08, 1388/11/19

Expected recruitment end date

2013-12-09, 1392/09/18

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of counseling- cognitive - behavioral therapy on, anxiety and aggression in women with sexual activity

Public title

The effect of counseling- cognitive - behavioral therapy on, anxiety and aggression in women with sexual activity

Purpose

Treatment

Inclusion/Exclusion criteria

Exclusion criteria included: 1 - If the patient is unable to tolerate treatment 2 - does not work with a therapist.

Age

From **19 years** old to **75 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size
Target sample size: 20

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Single blinded

Blinding description

Placebo
Not used

Assignment
Single

Other design features
behavior therapy

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
yasuj university of medical sciences

Street address
sisakht street

City
yasuj

Postal code
7591736485

Approval date
2009-09-13, 1388/06/22

Ethics committee reference number
22443

Health conditions studied

1

Description of health condition studied
Sexual Dysfunction

ICD-10 code
F52

ICD-10 code description
Sexual dysfunction, not caused by organic disorder or disease

Primary outcomes

1

Description
Anxiety

Timepoint
pre-test, post-test

Method of measurement
This study is a clinical trial with pre-and post-tests are a total of 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction

questionnaire sexual Glombok Rusty and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran.

2

Description
aggression

Timepoint
pre and post test

Method of measurement
This study is a clinical trial with pre-and post-tests have been done, 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual satisfaction Glvmbvk right, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran

3

Description
Sexual activity

Timepoint
pre- and post test

Method of measurement
This study is a clinical trial with pre-and post-tests have been done, 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual satisfaction Glvmbvk right, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran

Secondary outcomes

empty

Intervention groups

1

Description
counselling - behavior -cognitive therapy

Category
Behavior

2

Description
This study is a clinical trial with pre-and post-tests have been done, 20 women with anxiety and aggression from sexual selection and to measure sexual satisfaction questionnaire sexual satisfaction Glvmbvk right, and Anxiety Inventory 40 Spielberger question for bass and Mark Perry aggression questionnaire was used to measure aggression. Samples tested, all women were referred to Taleghani Hospital in Tehran

Category

Recruitment centers

1

Recruitment center

Name of recruitment center

Yasuj University of Medical Sciences

Full name of responsible person

Khierollah Nooryan

Street address

Yasuj University of Medical Sciences

City

Yasuj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Mohamad Zoladi

Street address

Yasuj University of Medical Sciences .motahari street,

City

Yasuj

Grant name

پژوهشی 2

Grant code / Reference number

231

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yasuj University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Khierollah Nooryan

Position

PhD

Other areas of specialty/work

Street address

Yasuj University of Medical Sciences

City

Yasuj

Postal code

7591736485

Phone

+98 74 1223 6304

Fax

+98 74 1333 7938

Email

noorian20@yahoo.com

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Khierollah Nooryan

Position

Faculty member

Other areas of specialty/work

Street address

Yasuj University of Medical Sciences

City

Yasuj

Postal code

7591736485

Phone

+98 74 1223 6304

Fax

+98 71413337938

Email

noorian20@yahoo.com

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Khierollah Nooryan

Position

PhD

Other areas of specialty/work

Street address

Yasuj University of Medical Sciences

City

Yasuj

Postal code

7591736485

Phone

+98 74 1223 6304

Fax

+98 74 1223 3699

Email

noorian20@yahoo.com

Web page address

www.yums.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty