

Clinical Trial Protocol

Iranian Registry of Clinical Trials

04 Jul 2026

Comparison of the effectiveness of the combined treatment of topical minoxidil and topical cetirizine solution with topical minoxidil alone in male and female patient with moderate to severe androgenetic alopecia

Protocol summary

Study aim

Comparison of the effectiveness of the combined treatment of topical cetirizine solution and topical minoxidil with topical minoxidil alone in the treatment of androgenetic alopecia.

Design

A clinical trial with a control group, with parallel groups, a blind strain, randomized, phase 3 on 62 patients, simple randomization using random number table method is used for randomization.

Settings and conduct

The number of 62 patients with androgenetic alopecia referring to the medical centers of Isfahan University of Medical Sciences from among the patients who are eligible to enter the study and have consented to participate in the study are randomly divided into two study groups. become First, a complete description of the patient's condition is taken and the patient is placed under photography in 4 standard views. Also, the number of hairs (non-vellus and vellus) on the surface of one square inch and the thickness of the hair are measured and recorded by dermatoscopy. Then the patients in two groups A and B are sent to the pharmacy. They are scheduled on a daily basis and the doctor is not aware of the type of group A and B, and they will be coded at the end of the study.4 months after the use of the topical medication, a re-examination with photography and dermatoscopy was performed, and the satisfaction score of the patients and the doctor was recorded.

Participants/Inclusion and exclusion criteria

People aged 18 to 50 years with androgenetic alopecia without other causes of alopecia and without serious underlying disease or recent systemic steroid use and without sensitivity to cetirizine and minoxidil

Intervention groups

In the intervention group, patients receive minoxidil

solution and cetirizine simultaneously, and in the comparison group, minoxidil solution is received alone.

Main outcome variables

Hair thickness, hair density, change of photography score, patient satisfaction

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230308057655N1**

Registration date: **2023-03-20, 1401/12/29**

Registration timing: **prospective**

Last update: **2023-03-20, 1401/12/29**

Update count: **0**

Registration date

2023-03-20, 1401/12/29

Registrant information

Name

Somaye Maleki

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 31 3240 3979

Email address

drs.malekii92@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-04-04, 1402/01/15

Expected recruitment end date

2023-11-21, 1402/08/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of the effectiveness of the combined treatment of topical minoxidil and topical cetirizine solution with topical minoxidil alone in male and female patient with moderate to severe androgenetic alopecia

Public title

Comparison of the effectiveness of topical minoxidil and cetirizine in androgenetic alopecia

Purpose

Treatment

Inclusion/Exclusion criteria**Inclusion criteria:**

All patient with androgenetic alopecia aged 18 to 50
Patient who are willing to participate in trial

Exclusion criteria:

Patient with other types of alopecia Any serious systemic disease Patient who have had a history of hair transplantation in the past History of sensitivity to cetirizine and minoxidil Systemic steroid use for more than 14 days in the last 2 months

Age

From **18 years** old to **50 years** old

Gender

Both

Phase

3

Groups that have been masked

- Investigator

Sample size

Target sample size: **62**

Randomization (investigator's opinion)

Randomized

Randomization description

Randomization in the study is a simple random method, in this way, using a computer system, 31 numbers are randomly selected from 1 to 62 for one group (A), and 31 numbers for the other group (B). then based on the order of entry of the patients into the study and the number they get based on the order of entry, which is related to which list, they are entered into one of these two groups (A or B). The pharmacy is aware of whether the intervention group (cetirizine + minoxidil) or the comparison group (minoxidil alone) is A and B and is blinded to the doctor.

Blinding (investigator's opinion)

Single blinded

Blinding description

In order to blind the study, both cetirizine and minoxidil were given to the patients in the form of a solution and in the same packaging as numbers one and two, and the doctor did not know the type of medicine for each patient. (one-way blind method) The doctor secretly sent the patients with numbers A and B to the pharmacy, and

only the pharmacist was aware of the type of treatment for these two groups, and at the end of the study and the end of the examinations, the type of treatment for each group will be revealed to the doctor. and B are each cetirizine and minoxidil or minoxidil alone)

Placebo

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee of Isfahan University of Medical Sciences

Street address

Sofeh St., Isfahan University of Medical Sciences

City

Isfahan

Province

Isfahan

Postal code

8174673461

Approval date

2023-01-17, 1401/10/27

Ethics committee reference number

IR.MUI.MED.REC.1401.367

Health conditions studied**1****Description of health condition studied**

Androgenetic Alopecia

ICD-10 code

L64

ICD-10 code description

Androgenic alopecia

Primary outcomes**1****Description**

The increase in density and thickness of hair

Timepoint

before the start of treatment and 4 months after the start of treatment

Method of measurement

Trichogram and standard photography in 4 views

Secondary outcomes

1**Description**

Patient satisfaction score, doctor satisfaction score

Timepoint

The beginning of the study and 4 months after the start of the study

Method of measurement

A 7-point questionnaire to check the level of patient and doctor satisfaction

Intervention groups1**Description**

Intervention group: The intervention group is treated with topical cetirizine and topical minoxidil solution. First, 38 grams of cetirizine powder is prepared from Amin Pharmaceutical Company, then it is prepared by pharmacist in the form of a 1% cetirizine solution in alcohol base and it is provided to patients in a 120 cc solution package. After the initial examination, the patients start taking local treatment in the form of a 1% cetirizine solution once a day along with 5% minoxidil solution of the brand Pak Darou 2 times a day (morning and night) and after 4 months of treatment, re-evaluation and examination will be performed.

Category

Treatment - Drugs

2**Description**

The control group was first examined and then treated with minoxidil 5 percent of the brand Pak Darou twice a day in the morning and at night and at the end of 4 months the evaluation and examination will be done again.

Category

Treatment - Drugs

Recruitment centers1**Recruitment center****Name of recruitment center**

Alzahra Hospital

Full name of responsible person

Somayeh Maleki

Street address

Alzahra Hospital , Sofeh Ave.

City

Isfahan

Province

Isfahan

Postal code

8174673461

Phone

+98 31 3620 2020

Email**Sponsors / Funding sources**1**Sponsor****Name of organization / entity**

Esfahan University of Medical Sciences

Full name of responsible person

Vice President of Technology and Research of Isfahan University of Medicine

Street address

Hazar Jarib St., Isfahan University of Medical Sciences and Health Care Services, Building No. 4 - University Research and Technology Vice-Chancellor

City

Isfahan

Province

Isfahan

Postal code

8174673461

Phone

+98 31 3668 8138

Email

research@mui.ac.ir

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Esfahan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries**Contact****Name of organization / entity**

Esfahan University of Medical Sciences

Full name of responsible person

Somayeh Maleki

Position

Medical Resident

Latest degree

Medical doctor

Other areas of specialty/work

Dermatology

Street address

No. 26, Rozatian Ave., Kashani Blvd.

City

Isfahan

Province
Isfahan
Postal code
7564184481
Phone
+98 31 3240 3979
Email
drs.malekii92@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person
Somayeh Maleki
Position
Medical Resident
Latest degree
Medical doctor
Other areas of specialty/work
Dermatology
Street address
No.26, Rozatian Ave., Kashani Blvd.,
City
Isfahan
Province
Isfahan
Postal code
7564184481
Phone
+98 31 3240 3979
Email
drs.malekii92@gmail.com

Person responsible for updating data

Contact

Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person

Somayeh Maleki
Position
Medical Resident
Latest degree
Medical doctor
Other areas of specialty/work
Dermatology
Street address
No. 26 , Rozatian Ave . , Kashani Blvd
City
Isfahan
Province
Isfahan
Postal code
7564184481
Phone
+98 31 3240 3979
Email
drs.malekii92@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available