

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

29 Jun 2026

### Preparation, characterization and clinical evaluation of the effectiveness of a cotton-based topical product in stopping bleeding from the leech therapy wound

#### Protocol summary

##### Study aim

Preparation, characterization and clinical efficacy of cotton-based product in stopping bleeding from leech therapy site

##### Design

A controlled, parallel-group unblinded randomized phase 3 clinical trial on twenty patients. Blocked randomization

##### Settings and conduct

40 bleeding wounds from the site of leech therapy in 20 patients referred to centers under the supervision of the university who meet the eligibility criteria will be studied after signing the informed consent. In the intervention group, the wound site will be dressed with a cotton-based composition, and in the control group, this dressing will be done by routine method with sterile gas. In each patient, two wounds will be measured: one wound randomly (by block method) in the intervention group and the other wound in The patient will be placed in the control group.

##### Participants/Inclusion and exclusion criteria

inclusion criteria: adults with leech therapy indication  
Conditions of non-entry: clinical or laboratory evidence of coagulation disorder; patients taking drugs affecting coagulation, including antiplatelets, anticoagulants, hemostatic agents such as tranexamic acid, vitamin K, aminocaproic acid and statins, oral contraceptives, herbal medicines containing garlic and ginger; diseases Bleeding, liver cirrhosis, chronic kidney failure, malignancy, skin sensitivity to the product, menstrual periods, facial leech therapy

##### Intervention groups

Intervention group: dressing with cotton-based topical product  
Control group: usual dressing

##### Main outcome variables

Determining the percentage of wounds whose bleeding stops completely after fifteen minutes after local administration of the product.

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20220625055267N1**

Registration date: **2023-05-18, 1402/02/28**

Registration timing: **prospective**

Last update: **2023-05-18, 1402/02/28**

Update count: **0**

##### Registration date

2023-05-18, 1402/02/28

##### Registrant information

##### Name

Fatemeh Akbari

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 51 3256 6725

##### Email address

akbarif981@mums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2023-07-23, 1402/05/01

##### Expected recruitment end date

2025-03-21, 1404/01/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

## Scientific title

Preparation, characterization and clinical evaluation of the effectiveness of a cotton-based topical product in stopping bleeding from the leech therapy wound

## Public title

Clinical evaluation of the effectiveness of a topical product prepared from cotton in stopping bleeding from the site of leech therapy

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Adults who have leech therapy indication according to the doctor's opinion.

### Exclusion criteria:

Clinical or laboratory evidence of coagulation disorder (ecchymosis, hematoma, petechiae purpura or disorder in PT, PTT, hemoglobin, platelets, glucose, calcium, urea, creatinine) Patients who take drugs that affect coagulability, including anti-platelets (aspirin, clopidogrel (Plavix), dipyridamole (Perzantin), ticlopidine (Ticlid), anticoagulants (warfarin, enoxaparin, rivaroxaban, heparin, streptokinase, etc.), blood thinners such as tranexamic acid, vitamin K, aminocaproic acid and statins and oral contraceptives and herbal anticoagulants such as products containing ginger and garlic بیماران دارای هموفیلی ، سیروز کبدی، نارسایی ITP، اختلالات خونریزی دهنده مثل Menstruating women Leech therapy in the face area Skin sensitivity to the product

## Age

No age limit

## Gender

Both

## Phase

3

## Groups that have been masked

No information

## Sample size

Target sample size: **20**

More than 1 sample in each individual

Number of samples in each individual: **2**

In each patient, the number of two bleeding wounds will be measured: one wound will be randomly (blocked) in the intervention group and the other wound will be in the control group.

## Randomization (investigator's opinion)

Randomized

## Randomization description

Randomization method: block Randomization Unit: Individual Randomization tool: sealed envelope How to generate random sequence: Manually The patients of two groups are named with codes A and B and the size of the blocks is selected. Number 1 (in the order of ABAB) is selected in the lottery, the first patient will receive treatment A, the second patient will receive treatment B, the third patient will receive treatment A, and the fourth patient will receive treatment B. The fifth patient will be randomly selected from one of the 4 blocks and the type of treatment will be assigned to the fifth to eighth patients according to the block. A selection number has

been assigned for each of the 6 blocks and the selection method of each of the blocks will be lottery style.

## Blinding (investigator's opinion)

Not blinded

## Blinding description

### Placebo

Not used

### Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of mashhad University of Medical Sciences

##### Street address

University Street, Mashhad University of Medical Sciences

##### City

Mashhad

##### Province

Razavi Khorasan

##### Postal code

13944-91388

#### Approval date

2023-04-07, 1402/01/18

#### Ethics committee reference number

IR.MUMS.REC.1402.018

## Health conditions studied

### 1

#### Description of health condition studied

Bleeding from the site of leech therapy

#### ICD-10 code

D69.9

#### ICD-10 code description

Coagulation defect, unspecified, Haemorrhagic condition, unspecified

## Primary outcomes

### 1

#### Description

The percentage of wounds whose bleeding will be completely stopped after local administration of the product

#### Timepoint

Fifteen minutes after using the product

#### Method of measurement

Monitoring bleeding from the site by clinical observation

## Secondary outcomes

### 1

#### Description

clinical Bleeding from the site of leech therapy after the patient leaves the clinic

#### Timepoint

After leaving the clinic up to 72 hours after using the product

#### Method of measurement

Observing bleeding from the wound site

### 2

#### Description

Possible side effects caused by the administration of the product within 72 hours after the administration of the product

#### Timepoint

From the time of leaving the clinic until 72 hours later

#### Method of measurement

Reporting the complication by the patient

## Intervention groups

### 1

#### Description

Intervention group: Dressing the site of leech therapy with a topical product based on cotton

#### Category

Treatment - Other

### 2

#### Description

Control group: Dressing the site of leech therapy with routine dressing

#### Category

Treatment - Other

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Traditional Medicine Clinic of Imam Reza Hospital

##### Full name of responsible person

Mahdi Yousefi

##### Street address

Ibn Sina Street, Imam Reza (AS) Hospital Square,  
Imam Reza (AS) Educational Research and Treatment  
Center

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+98 51 3854 3031

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yousefim@mums.ac.ir

### 2

#### Recruitment center

##### Name of recruitment center

Takhti Traditional Medicine Clinic

##### Full name of responsible person

Mahdi Yousefi

##### Street address

Takhti Square, South Motahari Center

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9139913113

##### Phone

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yousefim@mums.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Majid Ghayor Mobarhan

##### Street address

University St., Qurashi Building, Research and  
Technology Vice-Chancellor of Mashhad University of  
Medical Sciences

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##### Email

vcresearch@mums.ac.ir

##### Web page address

<http://v-research.mums.ac.ir>

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Mashhad University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

**Person responsible for general inquiries****Contact****Name of organization / entity**

Mashhad University of Medical Sciences

**Full name of responsible person**

Fatemeh Akbari

**Position**

resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Traditional Medicine

**Street address**

Azadi Square, east door of university campus, Faculty of Iranian and Complementary Medicine

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**Full name of responsible person**

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Medical doctor

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**Person responsible for scientific inquiries****Contact****Name of organization / entity**

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**Full name of responsible person**

Mahdi Yousefi

**Position**

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**Latest degree**

Ph.D.

**Other areas of specialty/work**

Traditional Medicine

**Street address**

Azadi Square, University Campus, Faculty of Iranian and Complementary Medicine

**City**

Mashhad

**Province**

Razavi Khorasan

**Postal code****Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available