

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 Jun 2026

Investigating the effect of local, oral and intravenous tranexamic acid on the amount of bleeding during humerus fracture surgery

Protocol summary

Registration timing: **prospective**

Study aim

Investigating the effect of local, oral and intravenous tranexamic acid on the amount of bleeding during humerus fracture surgery

Last update: **2023-05-29, 1402/03/08**

Update count: **0**

Registration date

2023-05-29, 1402/03/08

Design

The study will be double blind and clinical trial.90 patients will be randomly divided into 3 groups. The groups are parallel. The trial phase is 3.

Registrant information

Name

Fariba Farokhi

Name of organization / entity

Arak University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 86 3222 2003

Email address

f.farokhi@arakmu.ac.ir

Settings and conduct

Patients with humerus fracture surgery in valiasr Hospital in Arak are divided into 3 groups by simple randomization with blocks.The study is double-blind in which outcome evaluator and data analyst and participant are kept blind.

Recruitment status

Recruitment complete

Funding source

Participants/Inclusion and exclusion criteria

Inclusion criteria:All patients with ASA class 1 and 2, all patients with humerus fracture, all patients candidates for elective surgery, 18 to 70 years, patients with BMI greater than 30. Exclusion criteria: pregnancy, underlying kidney, heart, lung and liver disease, candidate patients for general anesthesia; sensitivity to tranexamic acid, no consent to participate in the study.

Expected recruitment start date

2023-06-05, 1402/03/15

Expected recruitment end date

2024-06-04, 1403/03/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Intervention groups

Intervention group 1: patients will receive 20 mg/kg tranexamic acid IV. Intervention group 2: Patients receive 1 gram of tranexamic acid orally 1 hour before surgery with 1 glass of water. Intervention group 3: 3 grams of topical tranexamic acid will be placed in contact with the operation site.

Scientific title

Investigating the effect of local, oral and intravenous tranexamic acid on the amount of bleeding during humerus fracture surgery

Main outcome variables

Bleeding

Public title

Investigating the effect of local, oral and intravenous

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20141209020258N184**

Registration date: **2023-05-29, 1402/03/08**

tranexamic acid on the amount of bleeding during humerus fracture surgery

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

All patients with ASA class 1 and 2 All patients with humerus fracture All patients candidates for elective surgery 18 to 70 years Patients with BMI greater than 30 Patients candidate for general anesthesia

Exclusion criteria:

Pregnancy Underlying kidney, heart, lung, and liver disease Sensitivity to tranexamic acid No consent to participate in the study

Age

From **18 years** old to **70 years** old

Gender

Both

Phase

3

Groups that have been masked

- Participant
- Outcome assessor
- Data analyser

Sample size

Target sample size: **90**

Randomization (investigator's opinion)

Randomized

Randomization description

Patients will be allocated into 3 groups using a permuted balanced block randomization method with the size of blocks 6. Random sequence will be generated by an epidemiologist by running an online program in sealed envelope website (<https://www.sealedenvelope.com/>). Random chain concealment is done by opaque envelope method.

Blinding (investigator's opinion)

Double blinded

Blinding description

In this study, the supervisor knows about the grouping and prescribes the drugs for the patients, and the specialized assistant does not know about the prescribed drugs, and the follow-up of the patients is with the orthopedic assistant, and the analyst does not know about the grouping, and as a result, the study will be double-blind.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Arak University of Medical Sciences

Street address

Ethics committee, Research center, Payambar Azam complex, Basij square, Sardasht, Arak

City

Arak

Province

Markazi

Postal code

3848176941

Approval date

2023-05-07, 1402/02/17

Ethics committee reference number

IR.ARAKMU.REC.1402.036

Health conditions studied

1

Description of health condition studied

Humerus fracture

ICD-10 code

M80.02

ICD-10 code description

Age-related osteoporosis with current pathological fracture, humerus

Primary outcomes

1

Description

Bleeding

Timepoint

During the operation, recovery and 24 and 48 hours after the operation

Method of measurement

Physical examination

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group 1: patients will receive 20 mg/kg tranexamic acid IV.

Category

Treatment - Drugs

2

Description

Intervention group 2: Patients receive 1 gram of tranexamic acid orally 1 hour before surgery with 1 glass

of water.

Category

Treatment - Drugs

3**Description**

Intervention group 3: 3 grams of topical tranexamic acid will be placed in contact with the operation site.

Category

Treatment - Drugs

Recruitment centers**1****Recruitment center****Name of recruitment center**

Valiasr hospital

Full name of responsible person

Dr Mohsen Parsi khameneh

Street address

Valiasr hospital, Valiasr square

City

Arak

Province

Markazi

Postal code

3848176941

Phone

+98 86 3222 2003

Email

parsi@arakmu.ac.ir

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Arak University of Medical Sciences

Full name of responsible person

Dr Mehdi Salehi

Street address

Research Center, Payambar Azam Complex, Basij square, Sardasht, Arak

City

Arak

Province

Markazi

Postal code

3848176941

Phone

+98 86 3222 2003

Fax

+98 86 3222 2003

Email

Mehdi @arakmu.ac.ir

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Arak University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries**Contact****Name of organization / entity**

Arak University of Medical Sciences

Full name of responsible person

Dr Mohsen Parsi Khameneh

Position

Assistant professor

Latest degree

Specialist

Other areas of specialty/work

Orthopedics

Street address

Valiasr Hospital, Valiasr square, Shahid Shirodi street

City

Arak

Province

Markazi

Postal code

3814957558

Phone

+98 86 3222 2003

Fax

+98 86 3222 2003

Email

parsi@arakmu.ac.ir

Person responsible for scientific inquiries**Contact****Name of organization / entity**

Arak University of Medical Sciences

Full name of responsible person

Dr Mohsen Parsi Khameneh

Position

Assistant professor

Latest degree

Specialist

Other areas of specialty/work

Orthopedics

Street address

Valiasr Hospital, Valiasr square, Shahid Shirodi street

City

Arak

Province

Markazi
Postal code
3814957558
Phone
+98 86 3222 2003
Fax
+98 86 3222 2003
Email
pars@arakmu.ac.ir

3814957558
Phone
+98 86 3222 2003
Fax
+98 86 3222 2003
Email
mosavi@arakmu.ac.ir

Person responsible for updating data

Contact

Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Dr Yasin Mosavi
Position
Resident
Latest degree
Specialist
Other areas of specialty/work
Orthopedics
Street address
Payambar Azam Complex, Basij square, Sardasht,
Arak
City
Arak
Province
Markazi
Postal code

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available