

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### Investigating the effect of a scaffold containing human placenta-derived mesenchymal stem cells in diabetic chronic wounds healing (phase II)

#### Protocol summary

##### Study aim

Investigation of the effect of a bandage containing stem cells derived from human-paired tissue on chronic wound healing in diabetic patients

##### Design

This is a phase 2 clinical trial intervention study. Regardless of gender, individuals between the ages of 18 and 45 will be selected. A sample size of 30 individuals has been considered and will be randomly assigned to the designated groups. Entry criteria: Informed consent for the treatment of grade 1 or 2 wounds with a diagnosis of diabetes and no pregnancy. Exit criteria: patients with uncontrolled disease history, pregnant individuals, and individuals with cancerous or pre-cancerous lesions in the treated area.

##### Settings and conduct

On the day of transplantation, an appropriate number of AAM, AMM+PLMSC, and PLMSC will be transferred to the clinic. During the transplantation, continuous monitoring of vital signs (heart rate, oxygen saturation, heart rhythm, and blood pressure) and any undesirable signs will be performed.

##### Participants/Inclusion and exclusion criteria

Informed consent for the treatment of grade 1 or 2 wounds with a diagnosis of diabetes and no pregnancy. Exit criteria: patients with uncontrolled disease history, pregnant individuals, and individuals with cancerous or pre-cancerous lesions in the treated area.

##### Intervention groups

AAM; PLMSCs + AAM; Ctrl

##### Main outcome variables

Wound closure rate- Tissue regeneration- Inflammatory response- Pain reduction

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20191007045008N2**

Registration date: **2023-07-26, 1402/05/04**

Registration timing: **prospective**

Last update: **2023-07-26, 1402/05/04**

Update count: **0**

##### Registration date

2023-07-26, 1402/05/04

##### Registrant information

###### Name

babak arjmand

###### Name of organization / entity

###### Country

Iran (Islamic Republic of)

###### Phone

+98 21 8835 4367

###### Email address

barjmand@sina.tums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2023-09-06, 1402/06/15

##### Expected recruitment end date

2025-03-20, 1403/12/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Investigating the effect of a scaffold containing human placenta-derived mesenchymal stem cells in diabetic chronic wounds healing (phase II)

##### Public title

stem cells for diabetic chronic wounds healing

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Sign Informed consent form Diagnosed with diabetes mellitus no pregnancy grade 1 or 2 wounds Men or women, 18 years old and above

### Exclusion criteria:

uncontrolled disease history pregnancy cancerous or pre-cancerous lesions in the treated area

## Age

From **18 years** old to **45 years** old

## Gender

Both

## Phase

2

## Groups that have been masked

- Participant
- Investigator

## Sample size

Target sample size: **30**

## Randomization (investigator's opinion)

Randomized

## Randomization description

This study will use a randomized, double-blind design to investigate the effect of AAM and PLMSCs on wound healing in diabetic patients. Participants will be randomly assigned to one of three groups: AAM group, PLMSCs + AAM group, or control group. The AAM group will receive a scaffold containing an acellular amniotic membrane, the PLMSCs + AAM group will receive a scaffold containing both placenta-derived mesenchymal stem cells and acellular amniotic membrane, and the control group will receive a placebo scaffold without any active ingredients. Randomization will be performed using a computer-generated randomization list that will be created by an independent statistician. The randomization list will be stratified by age, gender, and wound size to ensure a balance between the three groups. The study investigators, participants, and outcome assessors will be blinded to treatment allocation.

## Blinding (investigator's opinion)

Double blinded

## Blinding description

To maintain blinding, all study scaffolds will be identical in appearance and packaging. The study investigators will not know which scaffold each participant receives. The outcome assessors will also be blinded to treatment allocation and will not know which group each participant belongs to when assessing wound healing outcomes. In addition, participants will be instructed not to reveal their treatment allocation to the outcome assessors during follow-up visits. Any unblinding events will be recorded and reported in the study findings.

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Tehran University of Medical Sciences Endocrine & Metabolism Research Institute Ethics Committee

##### Street address

No.111,19th st., North Kargar Ave., Tehran, Iran

##### City

Tehran

##### Province

Tehran

##### Postal code

14579-65597

#### Approval date

2023-04-15, 1402/01/26

#### Ethics committee reference number

IR.TUMS.EMRI.REC.1402.010

## Health conditions studied

### 1

#### Description of health condition studied

diabetes mellitus

#### ICD-10 code

E08

#### ICD-10 code description

Diabetes mellitus due to underlying condition

## Primary outcomes

### 1

#### Description

Percentage of wound closure

#### Timepoint

several weeks to several months

#### Method of measurement

It will be measured using digital photography and software analysis

## Secondary outcomes

### 1

#### Description

time to complete wound closure

#### Timepoint

vary from weeks to months

#### Method of measurement

digital photography and software analysis

## 2

### **Description**

pain reduction

### **Timepoint**

several weeks

### **Method of measurement**

visual analog scale

## 3

### **Description**

quality of life improvement

### **Timepoint**

several months to several years

### **Method of measurement**

validated questionnaire

## **Intervention groups**

### 1

#### **Description**

Intervention group 1: AAM (Acellular amniotic membrane) Amniotic membrane preparation: The acellular amniotic membrane were used to providing the three-dimensional scaffold for seeding MSCs. After obtaining informed consent placenta was donated from healthy mother after caesarean delivery. placenta rinsed in sterile (PBS) and then human amniotic membrane(HAM) was separated from the chorion with forceps and washed three times with PBScontaining Penicillin-Streptomycin (10,000 U/mL)( gibco, usa) and cut into 3 cm×3 cm pieces, which were placed in dishes with the amniotic epithelial layer face up. Then pieces of HAM were decellularized with 0.5 M NaOH according to previous study(Saghizadeh, Winkler et al. 2013). all the procedures were carried out under aseptic conditions. haematoxylin and eosin (H&E) staining of the samples were accomplished to confirme Aecellularization process. Samples were viewed by light microscopy after staining with H&E. On the desired day for transplantation, membranes and tissue engineering products are transported to the hospital by Cool Box, and in this group, the acellularized amnion membrane is placed on the wound site. After 6 weeks, the final result will be seen. Of course, during this period, the healing process of the wound will be checked once a week.

#### **Category**

Treatment - Devices

### 2

#### **Description**

Intervention group 2: AAM+PLMSCs (acellular human amniotic membrane graft+placenta-derived MSCs). Mesenchymal stem cells are counted and suspended in fresh culture media. In each piece, 3 ml of cell suspension is planted and incubated at 37°C, 5% CO<sub>2</sub> and 95% humidity. After 24 hours, the culture medium is changed. On the fifth day, the prepared tissue engineered grafts will be ready for transplantation. The grafts are packed in sterile bottles and transported to the

clinic for transplantation. Grafts are transplanted to the wound site for 6 weeks, this transplant will be done once a week, and after 6 weeks the results will be evaluated. Patients will be followed up weekly for the first month and then monthly for 6 months.

#### **Category**

Treatment - Devices

### 3

#### **Description**

Control group: Ctrl (will receive a normal dressing)

#### **Category**

Treatment - Devices

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Diabetes Clinic

##### **Full name of responsible person**

Dr. Ensieh Nasli-Esfahani

##### **Street address**

No.111, 19th st., North Kargar Ave., Tehran, Iran

##### **City**

Tehran

##### **Province**

Tehran

##### **Postal code**

14579-65597

##### **Phone**

+98 21 8835 4367

##### **Email**

barjmand@sina.tums.ac.ir

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

##### **Name of organization / entity**

Tehran University of Medical Sciences

##### **Full name of responsible person**

Neda Mehrdad

##### **Street address**

No.111,19th st., North Kargar Ave., Tehran, Iran

##### **City**

tehran

##### **Province**

Tehran

##### **Postal code**

14579-65597

##### **Phone**

+98 21 8835 4367

##### **Email**

barjmand@sina.tums.ac.ir

#### **Grant name**

#### **Grant code / Reference number**

#### **Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Tehran University of Medical Sciences

**Proportion provided by this source**

50

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

Other

Iran, 1457965597, Tel +98 218 835 4367

**City**

tehran

**Province**

Tehran

**Postal code**

1457965597

**Phone**

+98 21 8835 4367

**Fax****Email**

barjmand@sina.tums.ac.ir

**Person responsible for general inquiries****Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Babak Arjmand

**Position**

Associated Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Internal Medicine

**Street address**

No 111, 19th St., North Kargar Ave., Tehran 14114,  
Iran, 1457965597, Tel +98 218 835 4367

**City**

tehran

**Province**

Tehran

**Postal code**

1457965597

**Phone**

+98 21 8835 4367

**Fax****Email**

barjmand@sina.tums.ac.ir

**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Babak Arjmand

**Position**

Assistant Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Internal Medicine

**Street address**

No 111, 19th St., North Kargar Ave., Tehran 14114,

**Person responsible for updating data****Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Babak Arjmand

**Position**

Associated Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Internal Medicine

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**Phone**

+98 21 8835 4367

**Fax****Email**

barjmand@sina.tums.ac.ir

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Not applicable

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Not applicable

**Analytic Code**

Not applicable

**Data Dictionary**

Not applicable