

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

21 Jun 2026

### Comparison of ovarian response to ovulation induction after laparoscopic cystectomy or medical management among infertile women with endometrioma undergoing assisted reproductive technology

#### Protocol summary

##### Summary

The purpose of this study is to compare the ovarian response to ovulation induction after laparoscopic cystectomy or medical management among infertile women suffering from endometrioma going through assisted reproductive technology. Our main objective is to define the exact number of oocytes retrieved after these two processes. The sample includes all infertile women aged 40 years or less, with asymptomatic endometrioma undergoing assisted reproductive technology. Diagnosis of endometrioma is based on the evidence found through trans vaginal ultrasound indicating round shaped homogeneous hypoechoe tissue. Infertile couples with maternal cause who undergo TESE (Testicular Sperm Extraction) or PESA (Percutaneous Epididimal Sperm Aspiration) are excluded from the current study. The sample includes 80 patients divided in two groups. First group involves patients with asymptomatic endometrioma receiving IM Dipherelin prior to ovulation induction and the second group are the patients undergoing ovulation induction after laparoscopic ovarian cystectomy followed by IM Dipherelin injection. All patients in both groups receive a single IM dose of Dipherelin monthly for 3 consecutive months before the start of ovulation induction by Gonadotropins. After observing at least two 18 mm follicles in trans vaginal ultrasound, 10 000 units, hCG (10000 units, IM) is injected. The following step is ovarian puncture guided by trans vaginal ultrasound under general anesthesia 36 hours later. Trans cervical embryo transfer is performed 3 days after the puncture. In this study, the following outcomes are compared between two groups: number of retrieved oocytes, dominant follicles, embryos; quality of embryos; the rate of fertilization, chemical and clinical pregnancy.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201106116689N2**  
Registration date: **2012-11-05, 1391/08/15**  
Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2012-11-05, 1391/08/15

##### Registrant information

##### Name

Sedigheh Hosseinimousa

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 8800 8810

##### Email address

hoseinimosa@sina.tums.ac.ir

##### Recruitment status

##### Recruitment complete

##### Funding source

Vice Chancellor for Research, Tehran University of Medical Sciences

##### Expected recruitment start date

2012-01-04, 1390/10/14

##### Expected recruitment end date

2012-12-30, 1391/10/10

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

Comparison of ovarian response to ovulation induction after laparoscopic cystectomy or medical management among infertile women with endometrioma undergoing assisted reproductive technology

### Public title

Treatment of endometrioma in infertile women

### Purpose

Treatment

### Inclusion/Exclusion criteria

Inclusion criteria: Infertile women with endometrioma requiring assisted reproductive technology Exclusion criteria: Age over 40 years; Endometrioma smaller than 2 cm or larger than 6 cm; Male infertility TESE (Testicular Sperm Extraction) or PESA (Percutaneous Epididimal Sperm Aspiration)

### Age

From **20 years** old to **40 years** old

### Gender

Female

### Phase

N/A

### Groups that have been masked

*No information*

### Sample size

Target sample size: **80**

### Randomization (investigator's opinion)

Randomized

### Randomization description

### Blinding (investigator's opinion)

Not blinded

### Blinding description

### Placebo

Not used

### Assignment

Parallel

### Other design features

All volunteers with inclusion criteria are asked to participate in the current study if agreed, a informed consent form is signed. she is randomly assigned to one of two groups based in Bertoli distribution. If she has an objection, we will switch her to another group.

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethic Committee of Tehran University of Medical Sciences

##### Street address

Ethic Committee, Tehran University of Medical Sciences, Poorsina Street, Tehran

##### City

Tehran

##### Postal code

##### Approval date

2012-01-02, 1390/10/12

##### Ethics committee reference number

90-02-30-14261-40996

## Health conditions studied

### 1

#### Description of health condition studied

Infertility

#### ICD-10 code

N97

#### ICD-10 code description

ناباروري زنانه

### 2

#### Description of health condition studied

Endometriomas

#### ICD-10 code

N80.1

#### ICD-10 code description

اندومتریوز بزرگ تخمدان

## Primary outcomes

### 1

#### Description

The number of retrieved oocytes

#### Timepoint

84 days after the first Dipherelin injection

#### Method of measurement

Invert Microscope, Diaphot 300, Nikon, Japan

## Secondary outcomes

### 1

#### Description

The number of dominant follicles

#### Timepoint

82 days after the first Dipherelin injection

#### Method of measurement

nGS= number of observed gestational sac in trans vaginal sonography, nET= number of embryonal transfer, clinical pregnancy rate(%)= nGS/ nET x100

### 2

#### Description

fertilization rate

#### Timepoint

87 days after the first Dipherelin injection

#### Method of measurement

nE= number of total embryos, nI= number of injected oocytes, fertilization rate(%)= nE/ nI x 100

### 3

#### **Description**

The number and quality of embryos

#### **Timepoint**

87 days after the first Dipherelin injection

#### **Method of measurement**

Invert Microscope, Diaphot 300, Nikon, Japan

### 4

#### **Description**

chemical pregnancy

#### **Timepoint**

101 days after the first Dipherelin injection

#### **Method of measurement**

βhCG test

### 5

#### **Description**

clinical pregnancy rate

#### **Timepoint**

115 days after the first Dipherelin injection

#### **Method of measurement**

nGS= number of observed gestational sac in trans vaginal sonography, nET= number of embryonal transfer, clinical pregnancy rate(%)= nGS/ nET x100

## **Intervention groups**

### 1

#### **Description**

First group receives 3 consecutive single IM doses of Dipherelin 3.75mg (Beaufouipfen, France) in 3 consecutive months. Ten days after the third IM dose of Dipherelin ovarian stimulation is conducted by using Gonal F (Serono, Switzerland, 300-450IU daily), for one week. Then Gonal F is replaced by HMG (Ferring, Germany, 300-450IU daily) until the observation of 18mm follicles in trans vaginal ultrasound. For visualizing follicular development, trans vaginal ultrasound (Sonoline G20; Siemens Medical Solutions, California, USA) is performed every 4 days. After the observation of at least two 18mm follicles, HCG (Ferring Co, Germany, 10000IU, IM) is injected and after 36 hours oocyte retrieve is performed under general anesthesia. Three days after fertilization technique performed through intra cytoplasmic sperm injection (ICSI), trans cervical embryo transfer will be carried out. Detection of pregnancy is through serum BhCG analysis, 3 days after embryonic transfer and the clinical pregnancy is detected by the aid of trans vaginal ultrasound, two weeks later when the pregnancy sac is detected. Main outcome is the number of oocytes retrieved. The number of oocytes retrieved, dominant follicles, embryos; quality of embryos; the rate of fertilization, laboratory and clinical pregnancy are compared between two groups.

#### **Category**

Treatment - Drugs

### 2

#### **Description**

Second group receives 3 consecutive single IM doses of Dipherelin 3.75mg (Beaufouipfen, France) in 3 consecutive months after laparoscopic ovarian cystectomy. Ten days after the third IM dose of Dipherelin ovarian stimulation is conducted by using Gonal F (Serono, Switzerland, 300-450IU daily), for one week. Then Gonal F is replaced by HMG (Ferring, Germany, 300-450IU daily) until the observation of 18mm follicles in trans vaginal ultrasound. For visualizing follicular development, trans vaginal ultrasound (Sonoline G20, Siemens Medical Solutions, California, USA) is performed every 4 days. After observing at least two 18mm follicles, HCG (Ferring Co, Germany, 10000IU, IM) is injected and after 36 hours oocyte retrieve is performed under general anesthesia. Three days after fertilization technique performed through intra cytoplasmic sperm injection (ICSI), trans cervical embryo transfer is carried out. Detection of pregnancy is through serum BhCG analysis, 3 days after embryonic transfer and the clinical pregnancy is detected by the aid of trans vaginal ultrasound, two weeks later when the pregnancy sac is detected. Main outcome is the number of oocytes retrieved. The number of oocytes retrieved, dominant follicles, embryos; quality of embryos; the rate of fertilization, laboratory and clinical pregnancy are compared between two groups.

#### **Category**

Treatment - Surgery

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Infertility Unit, Shariati Hospital

##### **Full name of responsible person**

Dr Sedighe Hoseinimosa

##### **Street address**

Department of Infertility, Shariati Hospital, Tehran University of Medical Sciences, North Karegar Street

##### **City**

Tehran

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

##### **Name of organization / entity**

Vice Chancellor for Research, Tehran University of Medical Sciences

##### **Full name of responsible person**

Dr Akbar Fotouhi

##### **Street address**

Vice Chancellor for Research, Tehran University of Medical Sciences, Keshavarz Boulevard, Tehran

##### **City**

Tehran

**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Vice Chancellor for Research, Tehran University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
empty  
**Domestic or foreign origin**  
empty  
**Category of foreign source of funding**  
empty  
**Country of origin**  
**Type of organization providing the funding**  
empty

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
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**Full name of responsible person**  
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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**  
empty  
**Study Protocol**  
empty  
**Statistical Analysis Plan**  
empty  
**Informed Consent Form**  
empty  
**Clinical Study Report**  
empty  
**Analytic Code**  
empty  
**Data Dictionary**  
empty