

Clinical Trial Protocol

Iranian Registry of Clinical Trials

08 Jul 2026

Investigating the Effect of Empowerment on Self-Care of Child Laborers in the Prevention of Sexual Abuse

Protocol summary

Empowerment of child laborers for self-care against sexual abuse

Study aim

The purpose of this study is to improve self-care behavior, reduce the possibility of sexual abuse, and subsequently reduce the harmful consequences of this for them. As a result of the positive effects of this study, this educational method is used to protect children and raise a healthy generation. And a healthy and, consequently, a strong and developed society in the future, he proposed welfare organizations and related centers.

Design

A semi-experimental intervention with two control and intervention groups, convenience sampling, 30 samples in each control and intervention group

Settings and conduct

Child laborer's schools (Molavi and Khavaran centers), pre-testing and then training for the intervention group in 4 one-hour sessions, post-testing immediately and 3 months after the intervention (during the three months after the intervention, conducting ten reminder sessions)

Participants/Inclusion and exclusion criteria

Inclusion criteria: 1-children between the ages of 7 and 12, 2-referees to the Molavi and Khavaran child laborer protection centers, 3-not suffering from incurable or untreated neurological, mental disorders, or mental retardation. Exclusion criteria: 1- Unwillingness to participate or continue attending the study 2- Not attending two or more training sessions 3- Not filling out more than 20% of the questionnaire

Intervention groups

Intervention group: educating 9 steps to prevent sexual abuse such as 1- introducing private parts of the body to children according to the age of the child (your body belongs to you) 2- recognizing good contact and bad contact Control group: will be subjected to pre-test and post-test only, and after the completion of the project, they will be trained in 9 steps designed for the intervention group.

Main outcome variables

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20220410054484N1**

Registration date: **2023-10-09, 1402/07/17**

Registration timing: **prospective**

Last update: **2023-10-09, 1402/07/17**

Update count: **0**

Registration date

2023-10-09, 1402/07/17

Registrant information

Name

niloofar najafali dizaji

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 44 3384 4864

Email address

najafali.n@umsu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-10-22, 1402/07/30

Expected recruitment end date

2024-03-20, 1403/01/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the Effect of Empowerment on Self-Care of Child Laborers in the Prevention of Sexual Abuse

Public title

Preventing Sexual Abuse among Child Laborers

Purpose

Prevention

Inclusion/Exclusion criteria**Inclusion criteria:**

Children between the ages of 7 and 12 Referees to the Molavi and Khavaran child laborer protection centers Not suffering from incurable or untreated neurological and mental disorders or mental retardation

Exclusion criteria:

Unwillingness to participate or continue attending the study Not attending two or more training sessions Not filling more than 20% of the questionnaires

Age

From **7 years** old to **12 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Not randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Other

Other design features

In this study, educational methods such as: group discussion, role playing and positive behavioral reinforcement to increase the effectiveness and durability of information in the minds of child laborers in the field of 9 important axes of self-care against sexual abuse will be used.

Secondary Ids

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Joint Organizational Ethics Committee of the School of Nursing, Midwifery and Rehabilitation

Street address

Dr Mikhani Street, Tohid Square

City

Tehran

Province

Tehran

Postal code

1419733171

Approval date

2020-09-30, 1399/07/09

Ethics committee reference number

IR.TUMS.FNM.REC.1399.102

Health conditions studied**1****Description of health condition studied**

Sexual Abuse

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Empowerment of Child Laborers for Self- Care Against Sexual Abuse

Timepoint

1-At the beginning of the intervention, 2- Immediately after the end of the intervention, and 3- 3 months after the end of the intervention

Method of measurement

1- Demographic questionnaire, 2- Children's knowledge of abuse questionnaire- revised, 3- What if situation test(CWIST), 4- Child sexual abuse attitude scale

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: Educating 9 steps to prevent sexual abuse: 1- Introducing private parts of the body to children according to their age (your body belongs to you) 2- Recognizing good contact and bad contact 3- Recognizing good secrets from bad secrets 4- Recognizing the abuser and that the abuser is not just a strange 5. Ways the abuser will try to trick the child into accompanying him or her to another place (Never go anywhere with an unknown person, even if he or she offers you a reward 6- Saying no and resisting inappropriate behaviors and requests and escaping from dangerous situation 7- Exposing abuse 8. Who can the child share this matter with, and ask for help 9- Do not blame yourself for sexual harassment

Category

N/A

2

Description

Control group: They will be educated after finishing the intervention.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Khavaran Child Laborer Center

Full name of responsible person

Niloofer Najafali Dizaji

Street address

Department of Child laborer. District 15, Department of Soacial-welfare affairs, Azam Nizami Alley, Khavaran Street, Khorasan Square

City

Tehran

Province

Tehran

Postal code

5716136874

Phone

+98 21 3343 2739

Email

niloo.7430@gmail.com

2

Recruitment center

Name of recruitment center

Molavi Child Laborer Center

Full name of responsible person

Niloofer Najafali Dizaji

Street address

No.7, Saba's School Alley, Shahid Mehdi Hosseini Alley, Bor Bor Street, Shahrdari Street, Mostafa Khomeini Ave

City

Tehran

Province

Tehran

Postal code

3176148574

Phone

+98 21 5557 6687

Email

niloo.7430@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Akbar Fotuhi

Street address

Tehran University of Medical Sciences Headquarters, Qods corner, Keshavarz Blvd

City

Tehran

Province

Tehran

Postal code

1461884513

Phone

+98 21 81631

Email

tumspr@tums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

60

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Niloofer Najafali Dizaji

Position

Instructor

Latest degree

Master

Other areas of specialty/work

Nursery

Street address

Urmia University of Medical Sciences, 11 km of Sero Road

City

Urmia

Province

West Azarbaijan

Postal code

5756115335

Phone

+98 44 3275 4961

Email

najafali.n@umsu.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Jamalodin Begjani

Position

associate professor

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

Street address

District 6, East Nusrat Street

City

Tehran

Province

Tehran

Postal code

1419733171

Phone

+98 21 6105 4424

Email

jamalbegjani@gmail.com

Person responsible for updating data

Contact

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

Niloofer Najafali Dizaji

Position

instructor

Latest degree

Master

Other areas of specialty/work

Nursery

Street address

Urmia University of Medical Sciences, 11 km of Sero Road

City

urmia

Province

West Azarbaijan

Postal code

5756115335

Phone

+98 939 023 7430

Email

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

Submitted and will be published

When the data will become available and for how long

Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

To whom data/document is available

Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

Under which criteria data/document could be used

Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

From where data/document is obtainable

Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

What processes are involved for a request to access data/document

Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

Comments

Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.