Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

Investigating the Effect of Empowerment on Self-Care of Child Laborers in the Prevention of Sexual Abuse

Protocol summary

Study aim

The purpose of this study is to improve self-care behavior, reduce the possibility of sexual abuse, and subsequently reduce the harmful consequences of this for them. As a result of the positive effects of this study, this educational method is used to protect children and raise a healthy generation. And a healthy and, consequently, a strong and developed society in the future, he proposed welfare organizations and related centers.

Design

A semi-experimental intervention with two control and intervention groups, convenience sampling, 30 samples in each control and intervention group

Settings and conduct

Child laborer's schools (Molavi and Khavaran centers), pre-testing and then training for the intervention group in 4 one-hour sessions, post-testing immediately and 3 months after the intervention (during the three months after the intervention, conducting ten reminder sessions)

Participants/Inclusion and exclusion criteria

Inclusion criteria: 1-children between the ages of 7 and 12, 2-referees to the Molavi and Khavaran child laborer protection centers, 3-not suffering from incurable or untreated neurological, mental disorders, or mental retardation. Exclusion criteria: 1- Unwillingness to participate or continue attending the study 2- Not attending two or more training sessions 3- Not filling out more than 20% of the questionnaire

Intervention groups

Intervention group: educating 9 steps to prevent sexual abuse such as 1- introducing private parts of the body to children according to the age of the child (your body belongs to you) 2- recognizing good contact and bad contact Control group: will be subjected to pre-test and post-test only, and after the completion of the project, they will be trained in 9 steps designed for the intervention group.

Main outcome variables

Empowerment of child laborers for self-care against sexual abuse

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20220410054484N1**
Registration date: **2023-10-09, 1402/07/17**
Registration timing: **prospective**

Last update: **2023-10-09, 1402/07/17**
Update count: **0**

Registration date

2023-10-09, 1402/07/17

Registrant information

Name

niloofar najafali dizaji

Name of organization / entity

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-10-22, 1402/07/30

Expected recruitment end date

2024-03-20, 1403/01/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date
empty

Scientific title
Investigating the Effect of Empowerment on Self-Care of Child Laborers in the Prevention of Sexual Abuse

Public title
Preventing Sexual Abuse among Child Laborers
Purpose
Prevention
Inclusion/Exclusion criteria
Inclusion criteria:
Children between the ages of 7 and 12 Referees to the Molavi and Khavaran child laborer protection centers Not suffering from incurable or untreated neurological and mental disorders or mental retardation
Exclusion criteria:
Unwillingness to participate or continue attending the study Not attending two or more training sessions Not filling more than 20% of the questionnaires
Age
From **7 years** old to **12 years** old
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **30**
Randomization (investigator's opinion)
Not randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Other
Other design features
In this study, educational methods such as: group discussion, role playing and positive behavioral reinforcement to increase the effectiveness and durability of information in the minds of child laborers in the field of 9 important axes of self-care against sexual abuse will be used.

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Joint Organizational Ethics Committee of the School of Nursing, Midwifery and Rehabilitation
Street address
Dr Mikhani Street, Tohid Square
City
Tehran
Province
Tehran
Postal code
1419733171
Approval date
2020-09-30, 1399/07/09
Ethics committee reference number
IR.TUMS.FNM.REC.1399.102

Health conditions studied

1

Description of health condition studied
Sexual Abuse
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
Empowerment of Child Laborers for Self- Care Against Sexual Abuse
Timepoint
1-At the beginning of the intervention, 2- Immediately after the end of the intervention, and 3- 3 months after the end of the intervention
Method of measurement
1- Demographic questionnaire, 2- Children's knowledge of abuse questionnaire- revised, 3- What if situation test(CWIST), 4- Child sexual abuse attitude scale

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: Educating 9 steps to prevent sexual abuse: 1- Introducing private parts of the body to children according to their age (your body belongs to you) 2- Recognizing good contact and bad contact 3- Recognizing good secrets from bad secrets 4- Recognizing the abuser and that the abuser is not just a strange 5. Ways the abuser will try to trick the child into accompanying him or her to another place (Never go anywhere with an unknown person, even if he or she offers you a reward 6- Saying no and resisting inappropriate behaviors and requests and escaping from dangerous situation 7- Exposing abuse 8. Who can the child share this matter with, and ask for help 9- Do not blame yourself for sexual harassment
Category
N/A

2

Description
Control group: They will be educated after finishing the intervention.

Category
N/A

Recruitment centers

1

Recruitment center

Name of recruitment center
Khavaran Child Laborer Center

Full name of responsible person
Niloofar Najafali Dizaji

Street address
Department of Child laborer. District 15, Department of Soacial-welfare affairs, Azam Nizami Alley, Khavaran Street, Khorasan Square

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2

Recruitment center

Name of recruitment center
Molavi Child Laborer Center

Full name of responsible person
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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Tehran University of Medical Sciences

Full name of responsible person
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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Tehran University of Medical Sciences

Proportion provided by this source
60

Public or private sector
Public

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Tehran University of Medical Sciences

Full name of responsible person
Niloofar Najafali Dizaji

Position
Instructor

Latest degree
Master

Other areas of specialty/work
Nursery

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Person responsible for scientific inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Yes - There is a plan to make this available

Study Protocol
Yes - There is a plan to make this available

Statistical Analysis Plan
Yes - There is a plan to make this available

Informed Consent Form
Yes - There is a plan to make this available

Clinical Study Report
Yes - There is a plan to make this available

Analytic Code
Yes - There is a plan to make this available

Data Dictionary
Yes - There is a plan to make this available

Title and more details about the data/document
Submitted and will be published

When the data will become available and for how long
Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

To whom data/document is available
Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

Under which criteria data/document could be used
Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

From where data/document is obtainable
Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

What processes are involved for a request to access data/document
Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.

Comments
Through the corresponding author's email and correspondence with the responsible author, the information will be provided to the authors who declare a need after the study is completed.