

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Jul 2026

Investigating the effectiveness of the intervention of Narrative Experiences Online using both qualitative and quantitative methods in people with Attenuated Psychosis Syndrome

Protocol summary

Study aim

Investigating the effectiveness of the intervention of Narrative Experiences Online in people with Attenuated Psychosis Syndrome

Design

The present study includes an experimental group and a control group, and the intervention of online narrative experiences is implemented for the experimental group. The control group received no intervention. The number of participants in each group is 15 people, who are replaced randomly in two experimental and control groups after purposeful sampling. In this study, there is no blinding, and at the end of the intervention (52 weeks), the data will be analysis in two quantitative (Mancova) and qualitative (Narrative – Reflective thematic) methods.

Settings and conduct

The place of sample selection, obtaining informed consent, completing the questionnaire, conducting interviews and recording the narratives is the Psychiatry and Psychology Clinic in Taleghani Hospital, Tehran.

Participants/Inclusion and exclusion criteria

Inclusion criteria: including age over 18 years, non-diagnosis of schizotypal disorder, mood disorders, substance use disorder, learning disabilities and intellectual disabilities, as well as language disorders. exclusion criteria: subjects withdraw from participating in the research process.

Intervention groups

In the Narrative Experiences Online intervention, stories from people with similar lived experiences are collected and made available to subjects to see, hear and read in the NEON intervention. This intervention lasts 52 weeks and the change model underlying it is basically Transdiagnostic. Also, in this study, the control group does not receive treatment, and only after the intervention of the experimental group, the use of

treatment sessions is suggested to the control group.

Main outcome variables

Lived experiences

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230405057823N2**

Registration date: **2023-10-13, 1402/07/21**

Registration timing: **prospective**

Last update: **2023-10-13, 1402/07/21**

Update count: **0**

Registration date

2023-10-13, 1402/07/21

Registrant information

Name

maryam amini fasakhoudi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 4470 2905

Email address

amini.maryam329@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-12-22, 1402/10/01

Expected recruitment end date

2024-06-19, 1403/03/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the effectiveness of the intervention of Narrative Experiences Online using both qualitative and quantitative methods in people with Attenuated Psychosis Syndrome

Public title

Investigating the effectiveness of the intervention of Narrative Experiences Online in people with Attenuated Psychosis Syndrome

Purpose

Prevention

Inclusion/Exclusion criteria**Inclusion criteria:**

1. No diagnose Schizotypal personality disorder 2. No history of Schizophrenia and mood disorders 3. No history of taking Antipsychotic drugs 4. No drug abuse 5. No diagnose severe learning and mental disabilities and medical or neurological diseases that cause psychotic symptoms

Exclusion criteria:

1. Diagnosis of psychotic spectrum disorders 2. Age below 18 years 3. Diagnosis of mood disorders 4. Lack of informed consent

AgeFrom **18 years** old**Gender**

Both

Phase

N/A

Groups that have been masked*No information***Sample size**Target sample size: **30****Randomization (investigator's opinion)**

Randomized

Randomization description

In the present study, after selecting the subjects by targeted sampling in qualitative studies, we will then randomly assign people to two groups of experimental and control. To do this, we give the subjects number 1 to 30 and after we put them in a container, we remove two numbers each time and one in the experimental group and one in the group We put control. As such, the subjects of both groups are selected. In this study, there is no blind maker, and after the intervention, the control groups of the control group use several treatment sessions.

Blinding (investigator's opinion)

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Faculty of Medicine, Shahid Beheshti University of Medical Sciences

Street address

Shahid Arabi Street, Shahid Beheshti University of Medical Sciences, Faculty of Medicine

City

Tehran

Province

Tehran

Postal code

1985717443

Approval date

2023-03-07, 1401/12/16

Ethics committee reference number

IR.SBMU.MSP.REC.1401. 699

Health conditions studied**1****Description of health condition studied**

Attenuated Psychosis Syndrome

ICD-10 code

F23

ICD-10 code description

Brief psychotic disorder

Primary outcomes**1****Description**

Lived experiences

Timepoint

Pre-test and Post-test

Method of measurement

Semi-structured interview, unstructured interview and picture cards

Secondary outcomes**1****Description**

Quality of Life

Timepoint

Week 1, 12 and 52 (quantitative part)

Method of measurement

Quality of life questionnaire

2

Description

Hope

Timepoint

Week 1, 12 and 52 (quantitative part)

Method of measurement

Hope questionnaire

3

Description

Prodromal symptoms

Timepoint

Pre-test and Post-test

Method of measurement

Prodromal symptoms questionnaire and semi-structured interview

4

Description

Psychotic attachment

Timepoint

Pre-test and Post-test

Method of measurement

Psychotic attachment questionnaire

Intervention groups

1

Description

Intervention group: Narrative Experiences Online The NEON programme evaluates whether having online access to people's real-life stories of recovery from mental health problems can be helpful for people affected by mental health problems. The NEON Intervention is delivered through a webapplication to its users. The NEON Intervention Foundation is a recommender system that matches users with narratives deemed beneficial to them. In NEON we are using recovery stories which are first-person lived experience accounts, include elements of both adversity/struggle and of strength/success/survival related at least in part to mental health problems (i.e. is about recovery). This intervention lasts 52 weeks.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Taleghani Hospital, Tehran

Full name of responsible person

Maryam Amini Faskhoudi

Street address

Golestan town, Gol Azin St., East Diba Alley, No. 1

City

Tehran

Province

Tehran

Postal code

1493946761

Phone

+98 21 4470 2905

Email

amini.maryam329@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Dr. Afshin Zarghi

Street address

Faculty of Medicine, Shahid Beheshti University of Medical Sciences

City

Tehran

Province

Tehran

Postal code

1985717443

Phone

+98 21 2243 9770

Email

Vu-Execut@sbu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahid Beheshti University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Maryam Amini Faskhoudi

Position

student

Latest degree

Master

Other areas of specialty/work

Psychology

Street address

Gol Azin Street, Diba Alley, Golestan Town

City

Tehran

Province

Tehran

Postal code

1493946761

Phone

+98 21 4470 2905

Email

amini.maryam329@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Maryam Amini Faskhudi

Position

student

Latest degree

Master

Other areas of specialty/work

Psychology

Street address

Gol Azin Street, Diba Alley, Golestan Town

City

Tehran

Province

Tehran

Postal code

1493946761

Phone

+98 21 4470 2905

Email

amini.maryam329@gmail.com

Person responsible for updating data

Contact

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Maryam Amini Faskhudi

Position

student

Latest degree

Master

Other areas of specialty/work

Psychology

Street address

Gol Azin Street, Diba Alley, Golestan Town

City

Tehran

Province

Tehran

Postal code

1493946761

Phone

+98 21 4470 2905

Email

amini.maryam329@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable