

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

Evaluation of the results and complications of phenol injection in the treatment of patients with simple pilonidal sinus referred to Imam Khomeini Hospital in ۲۰۲۳

Protocol summary

Study aim

Treatment of pilonidal sinus disease with fewer complications and a shorter recovery period

Design

A semi-experimental trial with one intervention group, on 20 patients, phase 3

Settings and conduct

Patients with mild form of pilonidal sinus referred to Imam Khomeini Hospital in 2023 will be included in the study. after local anesthesia, the skin will be prepared . First, curettage and then phenol crystal injection will be done, and after the sinus contents are removed, washing and dressing will be done. All patients will be followed up by phone call or visiting the clinic in person. Cases of pain, need for analgesia, discharge, infection and other complications, and duration of rest and time to return to normal activity will be recorded.

Participants/Inclusion and exclusion criteria

Patients with a mild form of pilonidal sinus (no lateral extension, no previous history of surgical treatment, no abscess)

Intervention groups

Intervention group: Use of phenol crystal

Main outcome variables

Pain; Need to receive painkillers, discharge or infection, time to return to normal life

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230602058367N1**

Registration date: **2023-09-15, 1402/06/24**

Registration timing: **prospective**

Last update: **2023-09-15, 1402/06/24**

Update count: **0**

Registration date

2023-09-15, 1402/06/24

Registrant information

Name

Mohammad Javad SheykhAboli

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 6119 2112

Email address

mjavadsh14@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-10-23, 1402/08/01

Expected recruitment end date

2023-12-30, 1402/10/09

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of the results and complications of phenol injection in the treatment of patients with simple pilonidal sinus referred to Imam Khomeini Hospital in ۲۰۲۳

Public title

results and complications of phenol injection in the treatment of patients with simple pilonidal sinus

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:
patients with a simple form of pilonidal sinus (only having a secretory pit in the mid- line) No previous history of surgical treatment

Exclusion criteria:
The presence of lateral extention (secretion pit on the outside of the midline). presence of abscess

Age
No age limit

Gender
Both

Phase
3

Groups that have been masked
No information

Sample size
Target sample size: 20

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics Committee of Tehran University of Medical Sciences

Street address
Dr. Gharib Street- At the end of Keshavarz Boulevard

City
Tehran

Province
Tehran

Postal code
۱۴۱۹۷۳۳۱۴۱

Approval date
2022-10-18, 1401/07/26

Ethics committee reference number
IR.TUMS.IKHC.REC.1401.357

Health conditions studied

1

Description of health condition studied

Pilonidal sinus

ICD-10 code
L05.92

ICD-10 code description
Pilonidal sinus without abscess

Primary outcomes

1

Description
pain,

Timepoint
Periods of 1, 2, 3, 6, 9 and 12 months

Method of measurement
Call or visit the clinic in person

2

Description
need to take painkillers

Timepoint
Periods of 1, 2, 3, 6, 9 and 12 months

Method of measurement
Call or visit the clinic in person

3

Description
discharge or infection

Timepoint
Periods of 1, 2, 3, 6, 9 and 12 months

Method of measurement
Call or visit the clinic in person

4

Description
Rest period and time to return to normal activity

Timepoint
Periods of 1, 2, 3, 6, 9 and 12 months

Method of measurement
Call or visit the clinic in person

Secondary outcomes

1

Description
need to take painkillers

Timepoint
Periods of 1, 2, 3, 6, 9 and 12 months

Method of measurement
Call or visit the clinic in person

Intervention groups

1

Description
Among the patients with pilonidal sinus disease referred in 2023, people with a simple form of pilonidal sinus

(with only a hole in the midline), without previous history of surgical treatment, will be selected as the inclusion criteria for the study. If there is a lateral extension (secreting hole on the outside of the midline) and an abscess, the patient will be excluded from the study (exclusion criteria). Among the selected people, different treatment methods will be explained. The advantages and disadvantages of using phenol will be explained, and if they are satisfied, the candidate will be treated with phenol crystal and will be included in the study. The required phenol crystal is provided through the Faculty of Pharmacy. After entering the study, on the day of surgery and after admitting the patient to the operating room, the patient lies in the prone position on the bed of the operating room. After exposing the surgical site and disinfecting the site with betadine (prep) and dropping them (drape), xylocaine/lidocaine anesthetic is injected. After obtaining the desired anesthesia, the surrounding area is lubricated with silver sulfadiazine or zinc oxide ointment (to protect the skin), probing is performed through the existing holes. After obtaining the size of the sinus by measuring the tip of the probe, the inside of the sinus is physically deepened by a curette and the material inside the sinus is removed. Then the phenol crystal will enter the sinus (the crystal will melt after contact with the body due to heat). After the effect of phenol, secretions and debris inside the sinuses will be removed. After finishing the work and cleaning the position, sterile dressing will be done.

Category
Treatment - Surgery

Recruitment centers

1

Recruitment center

Name of recruitment center
Imam Khomeini Hospital
Full name of responsible person
Mohammad Javad Sheikh Aboli
Street address
Dr. Gharib StreetAt - the end of Keshavarz Boulevard
City
Tehran
Province
Tehran
Postal code
۱۴۱۹۷۳۳۱۴۱
Phone
+98 21 6119 2112
Email
mjavadsh14@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Tehran University of Medical Sciences
Full name of responsible person

Dr. Akbar Fotuhi
Street address
Research and Technology Vice-Chancellor, Central Organization of the University 6th floor, corner of Quds St, Keshavarz Blvd
City
tehran
Province
Tehran
Postal code
1419733141
Phone
+98 21 8163 3685
Email
vcr@sina.tums.ac.ir

Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
No
Title of funding source
Research and Technology Vice-Chancellor
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Tehran University of Medical Sciences
Full name of responsible person
MohammadJavad Sheikhaboli
Position
General surgery residen
Latest degree
Medical doctor
Other areas of specialty/work
General Surgery
Street address
Imam Khomeini Hospital Complex, Tohid Squire, Tehran, Iran
City
Tehran
Province
Tehran
Postal code
1419733141
Phone
+98 21 6119 2112
Email
mjavadsh14@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Amir Keshvari

Position

Professor

Latest degree

Subspecialist

Other areas of specialty/work

General Surgery

Street address

Imam Khomeini Hospital Complex, Tohid Sqre,
Tehran, Iran

City

Tehran

Province

Tehran

Postal code

1419733141

Phone

+98 21 6119

Email

keshvari@tums.ac.ir

Person responsible for updating data

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Mohammad Javad SheykhAboli

Position

Resident

Latest degree

Medical doctor

Other areas of specialty/work

General Surgery

Street address

Central Pavilion, Imam Khomeini Hospital Complex;
South Side, Imam Khomeini Hospital Complex South

Side, End of Keshavarz Boulevard

City

Tehran

Province

Tehran

Postal code

1419733141

Phone

+98 21 6119 2112

Fax**Email**

mjavadsh14@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available

Title and more details about the data/document

The result of the study

When the data will become available and for how long

After publication

To whom data/document is available

Students and faculty

Under which criteria data/document could be used

Conduct additional research

From where data/document is obtainable

executor of plan

What processes are involved for a request to access data/document

Email

Comments