

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

27 May 2026

### Comparison of the effect of dexmedetomidine and lower dose of neostigmine in pain relief after cesarean section with spinal anesthesia

#### Protocol summary

##### Study aim

Comparison of the effect of dexmedetomidine and lower dose of neostigmine in pain relief after cesarean section with spinal anesthesia

##### Design

Clinical trial with a control group, with parallel groups, double-blind, randomized, phase 3 on 102 patients. The rand function of Excel software was used for randomization.

##### Settings and conduct

This study is a randomized clinical trial study that will be conducted at Imam Khomeini Sari Educational-Therapeutic Hospital in Mazandaran province on women who are candidates for elective cesarean delivery and are between 18 and 50 years old. These women will be selected for the study based on the body status I and II of the American Society of Anesthesiology (ASA).

##### Participants/Inclusion and exclusion criteria

Entry criteria: women who had an elective cesarean delivery and are between 18 and 50 years old. Exclusion criteria: patients who refused to participate, or after spinal anesthesia, the required sensory level was not established and then underwent general anesthesia, as well as patients with a history of allergy to any of the drugs used in this research, a history of drug addiction. And moderate or severe heart, kidney, lung or nervous diseases, significant scoliosis or kyphosis, excessive obesity or blood coagulation disease will be excluded from the study. Patients with height less than 130 cm or BMI more than 35 are excluded from the study.

##### Intervention groups

Group (1): 50 micrograms of neostigmine plus 2.5 cc of bupivacaine 0.5% Group 2: 1 microgram of dexmedetomidine plus 2.5 cc of bupivacaine 0.5%

##### Main outcome variables

Pain intensity

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20210904052371N4**

Registration date: **2023-08-22, 1402/05/31**

Registration timing: **registered\_while\_recruiting**

Last update: **2023-08-22, 1402/05/31**

Update count: **0**

##### Registration date

2023-08-22, 1402/05/31

##### Registrant information

##### Name

Goli Aezi

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 11 3311 9875

##### Email address

gaezi@mazums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2023-08-17, 1402/05/26

##### Expected recruitment end date

2023-10-22, 1402/07/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Comparison of the effect of dexmedetomidine and lower dose of neostigmine in pain relief after cesarean section with spinal anesthesia

### Public title

Comparison of the effect of dexmedetomidine and lower dose of neostigmine in pain relief after cesarean section with spinal anesthesia

### Purpose

Treatment

### Inclusion/Exclusion criteria

#### Inclusion criteria:

Women who had an elective cesarean delivery Women who are between 18 and 50 years old.

#### Exclusion criteria:

Patients who refused to participate, or after spinal anesthesia, the required sensory level was not established and were then subjected to general anesthesia. Patients with a history of allergy to any of the drugs used in this research History of drug addiction Moderate or severe heart, kidney, lung or nervous diseases Significant scoliosis or kyphosis Excessive obesity Blood coagulation disease Patients with height less than 130 cm or BMI more than 35

### Age

From **18 years** old to **50 years** old

### Gender

Female

### Phase

3

### Groups that have been masked

- Participant
- Care provider
- Outcome assessor
- Data analyser
- Data and Safety Monitoring Board

### Sample size

Target sample size: **102**

### Randomization (investigator's opinion)

Randomized

### Randomization description

Patients after choosing and obtaining informed consent to participate in the study after explaining the steps of conducting the research by randomization block method (with various block sizes (multiples of 2)) by computer and online (using the website [www.random.org/integres](http://www.random.org/integres)) patients were randomly divided into two groups A and B, each of which had its own code. These codes were written on the final envelope in which the patient group was specified. Without knowing these codes, the research colleagues placed the patients in one of the two groups by selecting each envelope.

### Blinding (investigator's opinion)

Double blinded

### Blinding description

Blinding will be done in the following way: the project manager (anesthetist) will deliver neostigmine and dexmedetomidine drugs with specific dosage to be added to bupivacaine to the second year anesthesiology assistants (to perform spinal anesthesia).

### Placebo

Not used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Imam (RA) Sari Educational and Medical Hospital - Mazandaran University of Medical Sciences (Research)

##### Street address

Mazandaran University of Medical Sciences

##### City

Sari

##### Province

Mazandaran

##### Postal code

33131 - 48166

#### Approval date

2023-12-05, 1402/09/14

#### Ethics committee reference number

IR.MAZUMS.IMAMHOSPITAL.REC.1402.053

## Health conditions studied

### 1

#### Description of health condition studied

Severity of pain

#### ICD-10 code

R52

#### ICD-10 code description

Pain, unspecified

## Primary outcomes

### 1

#### Description

intensity of pain

#### Timepoint

0, 2, 4, 8 and 12 hours

#### Method of measurement

Visual Analogue Scale

## Secondary outcomes

### 1

#### Description

Sedation rate

#### Timepoint

Hours 0, 2, 4, 8 and 12

#### Method of measurement

Using the Ramsay scale

## Intervention groups

### 1

#### Description

Intervention group: 50 micrograms of neostigmine (manufactured by Subhan Pharmaceutical Company, Iran) plus 2.5 cc bupivacaine (manufactured by Elixir Pharmaceutical Company, Iran) 5% will be injected as a single dose in order to evaluate clinical outcomes.

#### Category

Treatment - Drugs

### 2

#### Description

Intervention group: 1 microgram of dexmedetomidine (manufactured by Daro Farah Pharmaceutical Company, Iran) plus 2.5 cc of bupivacaine (manufactured by Elixir Pharmaceutical Company, Iran) 5% will be injected as a single dose in order to evaluate clinical outcomes.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Imam Khomeini Hospital

##### Full name of responsible person

Goli Azzi

##### Street address

Amir Mazandarani St. Imam Khomeini Hospital

##### City

Sari

##### Province

Mazandaran

##### Postal code

48166-33131

##### Phone

+98 11 3336 1700

##### Fax

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##### Email

Gaezi@mazums.ac.ir

##### Web page address

<https://www.mazums.ac.ir>

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Mazandaran University of Medical Sciences

##### Full name of responsible person

Majid Saedi

##### Street address

Joybar intersection of Mazandaran University of Medical Sciences

##### City

Sari

##### Province

Mazandaran

##### Postal code

48157-33971

##### Phone

+98 11 3325 7230

##### Fax

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##### Email

m.saedi@mazums.ac.ir

##### Web page address

<https://www.mazums.ac.ir>

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Mazandaran University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

*empty*

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Mazandaran University of Medical Sciences

##### Full name of responsible person

Goli Azzi

##### Position

Associate professor

##### Latest degree

Specialist

##### Other areas of specialty/work

Anesthesiology

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## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**  
Mazandaran University of Medical Sciences

**Full name of responsible person**  
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Associate professor

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## Person responsible for updating data

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**Name of organization / entity**  
Mazandaran University of Medical Sciences

**Full name of responsible person**  
Goli Azzi

**Position**  
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**Latest degree**  
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**Other areas of specialty/work**  
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[Gaezi@mazums.ac.ir](mailto:Gaezi@mazums.ac.ir)

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<https://www.mazums.ac.ir>

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**  
Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**  
Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**  
Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**  
Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**  
Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**  
Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**  
Undecided - It is not yet known if there will be a plan to make this available