

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

The Effect of Spiritual and Religious group psychotherapy on suicidal ideation in depressed patients

Protocol summary

Summary

(1) Objectives: The aim of this study is to examine the effect of spiritual and religious group psychotherapy on suicidal ideation in depressed patients. (2) Design: This research is an experimental study with “pre-test and post-test with control group” design. (3) Setting and conduct: The sample size of this study estimated 54 persons that randomly 27 persons in control group and 27 persons in experimental group allocated. Instruments for data gathering are Demographic Questionnaire, Beck Suicide Scale Ideation and Beck Depression Inventory. (4) Participants including major eligibility criteria: Patients with diagnosis of depression and suicidal thoughts; with age range 18 to 60 years old; have the ability to listen and sit in group therapy sessions; have the ability to respond to written questions; and are not in the acute phase of depression according to the diagnosis of psychiatrist. Exclusion Criteria including the Patients who discharge before the completion of group therapy sessions; have the Alcohol and Drug Dependency; and have Mental retardation. (5) Intervention: Firstly the pre-test will be done in both groups. The experimental group will attend 6 sessions of 90 minutes in group therapy. The control group will not receive any intervention in this duration. Finally the post-test will be done in both groups and the results of two groups will be compared with together. (6) The main outcome variable: Decreasing of suicidal ideation of depressed patients.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201206206834N4**

Registration date: **2012-11-14, 1391/08/24**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2012-11-14, 1391/08/24

Registrant information

Name

Hossein Ebrahimi

Name of organization / entity

Tabriz University of Medical Sciences

Country

Iran (Islamic Republic of)

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+98 41 1475 1709

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ebrahimih@tbzmed.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Tabriz University of Medical Sciences

Expected recruitment start date

2012-11-05, 1391/08/15

Expected recruitment end date

2013-02-03, 1391/11/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Spiritual and Religious group psychotherapy on suicidal ideation in depressed patients

Public title

The Effect of Spiritual and Religious group psychotherapy on suicidal ideation in depressed patients

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion Criteria including the Patients with diagnosis of depression and suicidal thoughts; with age range 18 to 60 years old; have the ability to listen and sit in group therapy sessions; have the ability to respond to written questions; are not in the acute phase of depression according to the diagnosis of psychiatrist. Exclusion Criteria including the Patients who discharge before the completion of group therapy sessions; have the Alcohol and Drug Dependency; and have Mental retardation.

Age

From **18 years** old to **60 years** old

Gender

Both

Phase

2

Groups that have been masked

No information

Sample size

Target sample size: **54**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Tabriz University of Medical Sciences, Vice chancellor for research

Street address

Third floor, Central Building- No 2, Golgasht Street

City

Tabriz

Postal code

Approval date

2012-10-15, 1391/07/24

Ethics committee reference number

91121

Health conditions studied

1

Description of health condition studied

Affective disorder, Symptoms and signs involving emotional state

ICD-10 code

F31, F32,

ICD-10 code description

Depression, Suicidal ideation

Primary outcomes

1

Description

suicidal ideation

Timepoint

Before intervention and one week after finishing intervention

Method of measurement

Beck Scale for Suicidal Ideation (BSSI)

Secondary outcomes

1

Description

Depression

Timepoint

Before intervention and one week after finishing intervention

Method of measurement

Beck Depression Inventory

Intervention groups

1

Description

Intervention group: First, the pre-test will be done. Intervention group will receive 6 sessions group therapy. Then, the post-test will be done. Finally, the differences of pre-test and post-test are compared with each other.

Category

Prevention

2

Description

Control group: This group will not receive any intervention. The differences of pre-test and post-test are measured and are compared with each other.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Razi Psychiatric Hospital

Full name of responsible person

Dr Arash Mohaghegi

Street address

Tabriz Razi Psychiatric Hospital, Elgoli Boulevard

City
Tabriz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor for research, Tabriz University of Medical Sciences

Full name of responsible person
Dr Kazem Shakouri

Street address
Third floor, No 2 Building of Tabriz University of Medical Sciences, Golgasht Ave

City
Tabriz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice chancellor for research, Tabriz University of Medical Sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Person responsible for scientific inquiries

Contact

Name of organization / entity
Tabriz University of Medical Sciences

Full name of responsible person
Dr Hossein Ebrahimi

Position
PhD in nursing

Other areas of specialty/work

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Person responsible for updating data

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MS in Psychiatric Nursing, Student

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty