

Clinical Trial Protocol

Iranian Registry of Clinical Trials

11 Sep 2026

Comparison of effects of single session auditory versus visual feedback on balance in the children with Hemiplegic Spastic Cerebral Palsy

Protocol summary

Study aim

To compare the effects of single-session auditory versus visual feedback on balance in hemiplegic Cerebral Palsy.

Design

Two parallel groups randomized control trial with assessor-blinded

Settings and conduct

The assessor will have no knowledge of the type of intervention and will employ a pre-test/post-test design immediately following a single session for the same patients: first receiving conventional therapy plus visual or auditory feedback and after 48 hours as washing time they will receive conventional therapy plus auditory or visual feedback depend to the sampling result.

Participants/Inclusion and exclusion criteria

Inclusion 1. Aged between 6 years to 12 years; 2. Diagnosis of hemiplegic spastic CP, 3. Grade of 1 & 2 on the Modified Ashworth Scale (MAS) 4. Level I & II (able to walk without limitations) of the Gross Motor Function Classification System according to child's age, 5. No uncorrected vision or hearing impairments; 6. Able to follow and accept the verbal instructions. 7. Able to stand without lower limbs brace. Exclusion The participants will exclude if they having: 8. Other neurological condition like hydrocephalus. 9. Having leg length and Muscles shortening. 10. Having pes cavus. 11. Having any recent fracture or any other condition that poses a threat to stability. 12. Having vestibular or Optical pathology.

Intervention groups

Conventional Balance Therapy by balance board + Visual Feedback or Auditory Feedback Then after 48 hours will receive Conventional Balance Therapy by balance board + Auditory Feedback or visual feedback based on the result of sampling. Total treatment time will be Conventional Physical Therapy 30 mins + 10 mins of visual or auditory feedback training.

Main outcome variables

Modified Ashworth Scale Pediatric Balance Scale (Berg

Balance) Timed One-Leg Stance test Time Up and Go test (TUG) Centre of Pressure (COP) displacement

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230903059340N1**

Registration date: **2023-11-19, 1402/08/28**

Registration timing: **prospective**

Last update: **2023-11-19, 1402/08/28**

Update count: **0**

Registration date

2023-11-19, 1402/08/28

Registrant information

Name

Ghaith Alhashimi

Name of organization / entity

Country

Iraq

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-12-01, 1402/09/10

Expected recruitment end date

2024-04-01, 1403/01/13

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of effects of single session auditory versus visual feedback on balance in the children with Hemiplegic Spastic Cerebral Palsy

Public title

Effects of auditory and visual feedback on balance in the children with cerebral palsy

Purpose

Treatment

Inclusion/Exclusion criteria**Inclusion criteria:**

Aged between 6 years to 12 years; Diagnosis of hemiplegic spastic CP, Grade of 1 & 2 on the Modified Ashworth Scale (MAS) scoring from 0 = (No increase in tone) to 4 = (limb rigid in flexion or extension) in the ankle plantar flexors muscles and quadriceps muscles. Level I & II (able to walk without limitations) of the Gross Motor Function Classification System according to child's age, the levels range is (Level I: able to walk without limitations) to (Level V: transported in manual wheelchair). No uncorrected vision or hearing impairments; Able to follow and accept the verbal instructions. Able to stand without lower limbs brace.

Exclusion criteria:

Other neurological conditions like hydrocephalus. Having leg length and Muscles shortening. Having pes cavus. Having any recent fracture or any other condition that poses a threat to stability. Having vestibular or Optical pathology.

AgeFrom **6 years** old to **12 years** old**Gender**

Both

Phase

N/A

Groups that have been masked

- Outcome assessor

Sample sizeTarget sample size: **50****Randomization (investigator's opinion)**

Randomized

Randomization description

The researcher will use a convenience sampling method with sample random for the participants who meet the inclusion criteria to determine which intervention the patient will receive in the beginning with consideration of the matching between the groups in terms of side effects of the body and age. The lottery method will be used for randomization to minimize bias.

Blinding (investigator's opinion)

Single blinded

Blinding description

The assessor will have no knowledge of the type of intervention

Placebo

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

ethics committee of Tehran University of Medical Sciences

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No. 21, Dameshgh St., Vali-e Asr Ave., Tehran , Iran

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Approval date

2023-11-18, 1402/08/27

Ethics committee reference number

IR.TUMS.FNM REC.1402.158

Health conditions studied**1****Description of health condition studied**

Spastic Hemiplegic Cerebral palsy

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Spasticity

Timepoint

Before intervention and after finish the intervention immediately.

Method of measurement

The modified Ashworth scale.

2**Description**

Balance ability

Timepoint

Before intervention and after finish the intervention immediately.

Method of measurement

Berg Balance scale

3**Description**

Walking speed
Timepoint
Before intervention and after finish the intervention immediately.
Method of measurement
Time up and go test

4

Description
Balance Time
Timepoint
Before intervention and after finish the intervention immediately.
Method of measurement
One leg stands test

5

Description
Center of Pressure displacement
Timepoint
Before intervention and after finish the intervention immediately.
Method of measurement
Nintendo Wii Balance Board

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: Conventional Balance Therapy by balance board Plus Visual Feedback.
Category
Rehabilitation

2

Description
Intervention group: Conventional Balance Therapy by balance board plus Auditory Feedback.
Category
Rehabilitation

Recruitment centers

1

Recruitment center
Name of recruitment center
Sadr Alqanat Medical Rehabilitation Center
Full name of responsible person
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Sponsors / Funding sources

1

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Grant name
Ghaith Fadhil Lafta Alhashimi
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
No
Title of funding source
Personal Funding
Proportion provided by this source
100
Public or private sector
Private
Domestic or foreign origin
Foreign
Category of foreign source of funding
Sponsor: country of origin
Country of origin
IQ
Type of organization providing the funding
Other

Person responsible for general inquiries

Contact
Name of organization / entity
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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available