

Clinical Trial Protocol

Iranian Registry of Clinical Trials

26 Jul 2026

The effect of sexual counseling and sexual education based on self-efficacy theory on sexual function and marital satisfaction of women with breast cancer

Protocol summary

Study aim

Determining the effect of sexual education and counseling based on self-efficacy theory on sexual function and marital satisfaction of women with breast cancer

Design

This intervention is a randomized controlled clinical trial with parallel groups. Samples (50 Patient) will be randomly assigned into 2 groups by block method (25 in control group and 25 in intervention group).

Settings and conduct

Participants will be selected from breast cancer patients referred to the hematology department of a hospital in Bushehr city and hematology clinic, who have medical records and meet the study criteria. The purpose of the study will be explained to them through interviews. Written consent forms will be obtained from individuals who are willing to participate. Then, the sexual function questionnaire will be completed by each woman diagnosed with breast cancer. If these patients have at least one area of sexual dysfunction and their sexual function score in each area is below 3.9, it will be considered a disorder, and they will be included in the study. After that, the marital satisfaction questionnaire will be completed by women with breast cancer. This study was not blinded.

Participants/Inclusion and exclusion criteria

Inclusion: Have breast cancer and at least have lobectomy, Women of childbearing age, Being married, Has done radiation therapy or chemotherapy at least 3 months ago, Have problems in at least one field of sexual function. Exit criteria: Severity of illness, Pregnancy, use of psychiatric medications and sexual function enhancing drugs, Have disorders that disrupt sexual function

Intervention groups

In the intervention group, two training sessions and three counseling sessions based on self-efficacy theory will be

held, and the control group will be given a booklet in the end.

Main outcome variables

Sexual function and marital satisfaction

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20231102059930N1**

Registration date: **2023-12-04, 1402/09/13**

Registration timing: **registered_while_recruiting**

Last update: **2023-12-04, 1402/09/13**

Update count: **0**

Registration date

2023-12-04, 1402/09/13

Registrant information

Name

Azadeh Jamshidi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 917 272 5235

Email address

azadejam17@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-12-01, 1402/09/10

Expected recruitment end date

2023-12-21, 1402/09/30

Actual recruitment start date

empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title
The effect of sexual counseling and sexual education based on self-efficacy theory on sexual function and marital satisfaction of women with breast cancer

Public title
The effect of sexual counseling and sexual education on sexual function and marital satisfaction of women with breast cancer

Purpose
Education/Guidance

Inclusion/Exclusion criteria
Inclusion criteria:
 Women who have breast cancer and at least have lobectomy. Women of childbearing age. Being married. Have enough physical ability to attend meetings. Has done radiation therapy or chemotherapy at least 3 months ago. Have willingness to participate in the research. Have problems in at least one field of sexual function.
Exclusion criteria:
 Pregnant patients. Patients using psychiatric medications. Have a history of using drugs to improve sexual function. Have disorders that disrupt sexual function(ovarian removal in women, mental problems, Alzheimer's and mental retardation and multiple sclerosis). Have received sexual education and sexual counseling at least 6 months before the research.

Age
From **20 years** old to **50 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **50**

Randomization (investigator's opinion)
Randomized

Randomization description
Patients are divided into intervention and control groups by block randomization method. 5 blocks of 10 numbers will be used for blocking. At first, blocks of ten numbers are named with the labels A (intervention group) and B (control group), which will have 252 different states. Then 5 blocks are randomly selected from among the blocks. By choosing each block of ten numbers based on the order of letters, patients are placed in one of two groups, that is, with each block, 5 chances are given to each group.

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Bushehr University of Medical Sciences

Street address

school of nursing and midwifery, Bushehr university of medical sciences, Rishahr avenue, Sabzabad avenue, Bushehr

City

Bushehr

Province

Boushehr

Postal code

7518759577

Approval date

2023-07-05, 1402/04/14

Ethics committee reference number

IR.BPUMS.REC.1402.071

Health conditions studied

1

Description of health condition studied

Breast Cancer

ICD-10 code

C50

ICD-10 code description

Malignant neoplasm of breast

Primary outcomes

1

Description

sexual function

Timepoint

Before the intervention begins, after the intervention, as well as one month after the intervention

Method of measurement

Women's Sexual Function Questionnaire 19 questions

Secondary outcomes

1

Description

Marital Satisfaction

Timepoint

Before the intervention begins, after the intervention, as well as one month after the intervention

Method of measurement
Enrich Marital Satisfaction Questionnaire 23 questions

Intervention groups

1

Description

Intervention group: Holding 2 training sessions and three counseling sessions based on self-efficacy theory for one month and weekly follow-up by phone to answer questions one month after the end of the intervention.

Category

N/A

2

Description

Control group: There is no intervention.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Department of Hematology shohadaye khalij Hospital

Full name of responsible person

Azadeh Jamshidi, senior consultant in midwifery

Street address

shohadaye khalij Hospital, Bushehr, Bushehr Province

City

Bushehr

Province

Boushehr

Postal code

۷۵۱۷۹۳۳۷۵۵

Phone

+98 77 3345 5381

Email

azadejam17@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Boushehr University of Medical Sciences

Full name of responsible person

Dr. Akram Farhadi

Street address

school of nursing and midwifery, Bushehr university of medical sciences, Rishahr avenue, Sabzabad avenue, Bushehr

City

بوشهر

Province

Boushehr

Postal code

7518759577

Phone

+98 77 3345 0178

Email

azadejam17@gmail.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

No

Title of funding source

Bushehr University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Boushehr University of Medical Sciences

Full name of responsible person

Tayebeh Gharibi

Position

Trainer of Bushehr midwifery school

Latest degree

Master

Other areas of specialty/work

Midwifery

Street address

school of nursing and midwifery, Bushehr university of medical sciences, Rishahr avenue, Sabzabad avenue, Bushehr

City

Bushehr

Province

Boushehr

Postal code

7518759577

Phone

+98 77 3345 0187

Email

tayebehgharibi@yahoo.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Boushehr University of Medical Sciences

Full name of responsible person

Tayebeh Gharibi

Position
Trainer of Bushehr midwifery school

Latest degree
Master

Other areas of specialty/work
Midwifery

Street address
school of nursing and midwifery, Bushehr university of medical sciences, Rishahr avenue, Sabzabad avenue, Bushehr

City
Bushehr

Province
Boushehr

Postal code
7518759577

Phone
+98 77 3345 0187

Email
tayebehgharibi@yahoo.com

Person responsible for updating data

Contact

Name of organization / entity
Boushehr University of Medical Sciences

Full name of responsible person
Azadeh Jamshidi

Position
Master's student in counseling in midwifery

Latest degree
Bachelor

Other areas of specialty/work
Midwifery

Street address
Pardis dormitory, Rishahr avenue, Sabzabad avenue,

Bushehr

City
Bushehr

Province
Boushehr

Postal code
7371736838

Phone
+98 917 272 5235

Fax

Email
azadejam17@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

There is not a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available