

Clinical Trial Protocol

Iranian Registry of Clinical Trials

12 Jul 2026

Evaluation of the effect of magnesium sulfate on the intensity and duration of pain in renal colic patients by a double-blind clinical trial in the case and control groups

Protocol summary

Study aim

Considering drug shortages and the prevalence of narcotic drugs in pain relief, this study is designed to reduce the need for narcotic drugs and define new drug combinations to relieve the pain of renal colic patients.

Design

A controlled, parallel-group, double-blind, randomized, phase 3 clinical trial on 160 patients, to randomize an emergency medicine specialist.

Settings and conduct

This double-blind randomized clinical trial was designed to investigate the effect of intravenous magnesium sulfate in relieving pain in patients referred to the emergency department of Imam Khomeini Hospital (ED) following renal colic. Before entering the study, all patients will be given appropriate explanations about the study and sign the informed consent to enter the study, they are free to refuse to participate in the study and withdraw from the study. The place of research is Imam Khomeini Hospital in Ahvaz.

Participants/Inclusion and exclusion criteria

The inclusion criteria for this study are: clinical diagnosis of renal colic, age between 18 and 55 years, and pain intensity > 5 based on visual analog scale (VAS). Exclusion criteria were as follows: history of seizures. any heart, liver, kidney or metabolic disease; Fever (oral temperature > 38°C), systolic blood pressure less than 90 mmHg, pregnancy, acute abdomen, use of pargoric drug 3 hours before going to the emergency room, history of drug addiction or allergy and use of calcium channel blockers, recent gastrointestinal bleeding, Active peptic ulcer or recent perforation

Intervention groups

30 mg of ketorolac plus 15 mg/kg of 50% magnesium sulfate in 500 ml of normal saline is injected in 15 minutes.

Main outcome variables

Systolic blood pressure at 0, 30 and 60 minutes Diastolic blood pressure at 0, 30 and 60 minutes Pain intensity at 0, 30 and 60 minutes Pulse rate at 0, 30 and 60 minutes

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20230726058930N2**

Registration date: **2023-11-18, 1402/08/27**

Registration timing: **registered_while_recruiting**

Last update: **2023-11-18, 1402/08/27**

Update count: **0**

Registration date

2023-11-18, 1402/08/27

Registrant information

Name

Ali Vefagh Nematollahi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 61 3367 5436

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2023-11-11, 1402/08/20

Expected recruitment end date

2023-12-21, 1402/09/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of the effect of magnesium sulfate on the intensity and duration of pain in renal colic patients by a double-blind clinical trial in the case and control groups

Public title

Evaluation of the effect of magnesium sulfate in renal colic patients

Purpose

Treatment

Inclusion/Exclusion criteria**Inclusion criteria:**

Clinical diagnosis of renal colic Age between 18 and 55 years Having a pain intensity > 5 based on the analog vision scale (VAS)

Exclusion criteria:

History of seizures Any heart, liver, kidney or metabolic disease Fever (oral temperature > 38 degrees Celsius) Systolic blood pressure less than 90 mm Hg pregnancy acute abdomen Taking pargoric medicine 3 hours before going to the emergency room History of drug addiction or allergy Taking calcium channel blockers Recent gastrointestinal bleeding, active peptic ulcer or recent perforation

AgeFrom **18 years** old to **55 years** old**Gender**

Both

Phase

3

Groups that have been masked

- Participant
- Investigator

Sample sizeTarget sample size: **160****Randomization (investigator's opinion)**

Randomized

Randomization description

Patients are randomly divided into two groups using the balanced block randomization technique. For this purpose, blocks of four are prepared, the name of the witness is written on two sheets and the interventionist's name is written on the other two sheets. The sheets are piled up and placed in the container, and one sheet is pulled out for each patient without placing it. Then four sheets are returned to the container and this process is repeated until the sample volume is reached.

Blinding (investigator's opinion)

Double blinded

Blinding description

The student researcher conducting the research who is responsible for data collection and the patients participating in this research were kept blinded. The emergency doctor and nurses know the difference between the control group and the intervention group. Patients will be adequately explained about the trial and

will be excluded from the study if they do not wish to participate. After the patient's discharge, the research student will be informed about the medicine received by the patient.

Placebo

Used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Research ethics committees of Ahbaz Jundishapur University of Medical Sciences

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No. 385, Oribehesht St. Golestan

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Province

Khouzestan

Postal code

6135833843

Approval date

2023-08-26, 1402/06/04

Ethics committee reference number

IR.AJUMS.REC.1402.315

Health conditions studied**1****Description of health condition studied**

renal colic

ICD-10 code

N23

ICD-10 code description

Unspecified renal colic

Primary outcomes**1****Description**

intensity of pain

Timepoint

0, 30 and 60 minutes after starting the drug

Method of measurement

Visual Analogue Scale

2**Description**

Systolic blood pressure

Timepoint

0, 30 and 60 minutes after starting the drug

Method of measurement

Electronic sphygmomanometer

3

Description

diastolic blood pressure

Timepoint

0, 30 and 60 minutes after starting the drug

Method of measurement

Electronic sphygmomanometer

4

Description

age

Timepoint

upon arrival

Method of measurement

Based on the patient's date of birth

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: A dose of 30 mg of Ketorolac from Abidi Company plus 15 mg/kg of 50% magnesium sulfate from Shahid Ghazi Pharmaceuticals Company in 500 ml of normal saline is injected in 15 minutes.

Category

Treatment - Drugs

2

Description

Control group: patients receive 30 mg Ketorolac from Abidi Company and 30 ml of normal saline as a placebo in 500 ml of normal saline.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Khomeini Hospital

Full name of responsible person

Ali Vefagh Nematollahi

Street address

Imam Khomeini Medical Education Center Ahvaz-
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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Ahvaz University of Medical Sciences

Full name of responsible person

Mehrnoush ZakerKish

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Ahvaz University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Ahvaz University of Medical Sciences

Full name of responsible person

Ali Vefagh Nematollahi

Position

Assistant professor

Latest degree

Specialist

Other areas of specialty/work

Emergency Medicine

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available