

Clinical Trial Protocol

Iranian Registry of Clinical Trials

07 Jun 2026

The effect of 50000 IU Vitamin D supplement administered two weekly on neonatal and pregnant women outcome

Protocol summary

Summary

This study is a Randomized clinical trial conducted on 440 pregnant women who referred to pregnancy clinic of Shahid Sadoughi and Mojibian parathyroid Hospitals. The study population were randomly divided in two groups. Case group received 50000 IU of Vitamin D every 2 weeks and control group received 200 IU vitamin D3 daily. Blood samples were taken after 8 hours fasting. After serum extraction, samples were stored at -70 C until collection of all samples to measurement of serum 25-OHD. For all pregnant women screening for diabetes with a 75 gr oral glucose tolerance test and in 0, 1 & 2 hours (GTT) were done, Subjects with plasma glucose concentrations of one or more than 92 in 0, 180 in 1 & 153 in 2 hours were assumed positive for gestational diabetes. Inclusion criteria: all pregnant women came to prenatal clinic of Shahid Sadoughi and Mojibian Hospitals during first trimester with no history of corticosteroids or anticonvulsants use during the last 6 months were involved after blood sample taken for measurement of vitamin D serum level and were randomly assigned to two groups Exclusion criteria any person with history of thyroid or parathyroid diseases, receiving vitamin D more than maintenance dose during last 6 months, treated with corticosteroids or anticonvulsants and history of diabetes mellitus before pregnancy.

General information

Acronym

GDM

IRCT registration information

IRCT registration number: **IRCT201107237097N1**

Registration date: **2012-02-27, 1390/12/08**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2012-02-27, 1390/12/08

Registrant information

Name

Mahdiyeh Mojibian

Name of organization / entity

Obstetric and Gynecology department

Country

Iran (Islamic Republic of)

Phone

+98 35 1822 4000

Email address

m.mojibian@ssu.ac.ir

Recruitment status

Recruitment complete

Funding source

Shahid Sadoughi Yazd University of Medical Sciences

Expected recruitment start date

2011-07-23, 1390/05/01

Expected recruitment end date

2012-03-19, 1390/12/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of 50000 IU Vitamin D supplement administered two weekly on neonatal and pregnant women outcome

Public title

The effect of 50000 IU Vitamin D supplement administered two weekly on gestational Diabetes Mellitus

Purpose

Prevention

Inclusion/Exclusion criteria

All pregnant women who came to prenatal clinic of Shahid Sadoughi and Mojibian Hospitals during first trimester with no history of corticosteroids or anticonvulsants use during the last 3 months were included. Exclusion criteria: history of thyroid or parathyroid diseases; receiving vitamin D more than maintenance dose during the last 6 months; treatment with corticosteroids or anticonvulsants and history of diabetes mellitus before pregnancy.

Age

From **15 years** old to **48 years** old

Gender

Female

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **440**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shahid Sadoughi Yazd University of Medical Sciences

Street address

Bahonar SQ - Yazd

City

Yazd

Postal code

Approval date

2011-06-26, 1390/04/05

Ethics committee reference number

39312

Health conditions studied

1

Description of health condition studied

Gestational DM

ICD-10 code

O24.4

ICD-10 code description

Gestational diabetes mellitus NOS

2

Description of health condition studied

VitD deficiency

ICD-10 code

E55.9

ICD-10 code description

Vitamin D deficiency, unspecified

Primary outcomes

1

Description

Vit D

Timepoint

First trimester

Method of measurement

Blood sample test

Secondary outcomes

1

Description

Gestational DM

Timepoint

First trimester

Method of measurement

Blood test

Intervention groups

1

Description

Intervention group: vitamin D supplement, 50000u tab, every 2 weeks

Category

Prevention

2

Description

Control group: vitamin D Supplement, Calcium-D tablet, 200 IU daily

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Baghaipour Clinic

Full name of responsible person

Mrs Naghshin

Street address

City
Yazd

2

Recruitment center

Name of recruitment center
Gynecology Clinic of Mojibian Hospital
Full name of responsible person
Dr Maryam Jannati Moghaddam
Street address
City
Yazd

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Shahid Sadughi Yazd University of Medical Sciences
Full name of responsible person
Dr. Fatemeh Ezoddini
Street address
Bahonar sq.
City
Yazd

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahid Sadughi Yazd University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity
Dr Mojibian hospital
Full name of responsible person
Dr Maryam Jannati Moghadam
Position
GP
Other areas of specialty/work
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Email
m_janaty_m@yahoo.com

Web page address
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Person responsible for scientific inquiries

Contact

Name of organization / entity
Shahid Sadoughi University of Medical Science- Yazd
diabetics research center

Full name of responsible person
Dr Sedighe Soheilikhah

Position
Assistant professor

Other areas of specialty/work

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Safayie, Shahid Ghandi blv, Shahid Sadughi Hospital

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Web page address

Person responsible for updating data

Contact

Name of organization / entity
Mojibian Hospital

Full name of responsible person
Dr Maryam Janati Moghadam

Position
GP

Other areas of specialty/work

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8915635843

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Fax

Email
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty
Informed Consent Form
empty
Clinical Study Report
empty

Analytic Code
empty
Data Dictionary
empty