Clinical Trial Protocol
Iranian Registry of Clinical Trials

31 Oct 2026

Effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease

Protocol summary

Summary
Objectives: to determine the effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease. Study Design: non randomized clinical trial; research environment: Iran alzheimers association. Family caregivers of persons with Alzheimer's disease will be studied. Inclusion criteria: caregivers of people with Alzheimer's and their close family members to care for them permanently; lack of hearing impairment; the ability to understand the reading curriculum. Exclusion criteria: unwillingness to continue cooperation; death of persons with Alzheimer disease; change primary caregiver for person with Alzheimer's disease. Sample size: 66 persons. Intervention: educational program using group discussion-Weekly for 4 sessions.

General information

Acronym
perceived stigma
IRCT registration information
IRCT registration number: **IRCT201502047212N6**
Registration date: **2015-05-31, 1394/03/10**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**
Registration date
2015-05-31, 1394/03/10

Registrant information
Name
Elham Navab
Name of organization / entity
Tehran University of Medical Sciences
Country
Iran (Islamic Republic of)
Phone
+98 21 2610 1319
Email address
enavab@razi.tums.ac.ir

Recruitment status
Recruitment complete
Funding source
Tehran University of Medical Sciences

Expected recruitment start date
2015-04-19, 1394/01/30
Expected recruitment end date
2015-06-20, 1394/03/30
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
Effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease

Public title
Effect of an educational program using group discussion on the perceived stigma
Purpose
Other
Inclusion/Exclusion criteria
Inclusion criteria: caregivers of people with Alzheimer's and their close family members to care for them permanently; lack of hearing impairment; reading comprehension ability; willingness to participate in training programs and educational materials; ability to answer questions and participate in group discussions. Exclusion criteria: unwillingness to continue cooperation; death of persons with Alzheimer disease; change primary caregiver for persone with Alzheimer's disease.
Age

From **65 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size:

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

School of Nursing and Midwifery, Tehran University of Medical Sciences

Street address

Nosrat St., Tohid Sq., 1419733171, Tehran, Iran

City

Tehran

Postal code

Approval date

2015-05-11, 1394/02/21

Ethics committee reference number

250/802/94/ص

Health conditions studied

1

Description of health condition studied

Alzheimer disease

ICD-10 code

G30

ICD-10 code description

Alzheimer disease

Primary outcomes

1

Description

perceived stigma

Timepoint

Before the intervention, two months, three months(intervention)

Method of measurement

perceived stigma

Secondary outcomes

empty

Intervention groups

1

Description

Effect of an educational program using group discussion on the perceived stigma(for intervention group) no intervention control group

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Iran Alzheimers Association

Full name of responsible person

Mahboobe Alipour

Street address

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Dr. Masood Yunesian

Street address

Tehran University of Medical Sciences, Qhods st., Keshavarz blvd.

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
School of Nursing and Midwifery, Tehran University of Medical Sciences
Full name of responsible person
Mahboobe Alipour
Position
Master Student of Geriatric Nursing
Other areas of specialty/work
Street address
Nosrat St., Tohid Sq., 1419733171, Tehran, Iran
City
Tehran
Postal code
1419733171
Phone
+98 21 6692 7171
Fax
+98 21 6105 4170
Email
nursing_intl@tums.ac.ir
Web page address
fnmsite@tums.ac.ir

Person responsible for scientific inquiries

Contact
Name of organization / entity
School of Nursing and Midwifery, Tehran University of Medical Sciences
Full name of responsible person
Mahboobe Alipour
Position
Master Student of Geriatric Nursing
Other areas of specialty/work
Street address
Nosrat St., Tohid Sq., 1419733171, Tehran, Iran
City
Tehran
Postal code
1419733171
Phone
+98 21 6692 7171
Fax
+98 21 6105 4170
Email
nursing_intl@tums.ac.ir
Web page address
fnmsite@tums.ac.ir

Person responsible for updating data

Contact
Name of organization / entity
School of Nursing and Midwifery, Tehran University of Medical Sciences
Full name of responsible person
Mahboobe Alipour
Position
Master Student of Geriatric Nursing
Other areas of specialty/work
Street address
City
Postal code
1419733171
Phone
+98 21 6692 7171
Fax
Email
nursing_intl@tums.ac.ir
Web page address
fnmsite@tums.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty