

Clinical Trial Protocol

Iranian Registry of Clinical Trials

22 Jun 2026

Effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease

Protocol summary

Summary

Objectives: to determine the effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease. Study Design: non randomized clinical trial; research environment: Iran alzheimers association. Family caregivers of persons with Alzheimer's disease will be studied. Inclusion criteria: caregivers of people with Alzheimer's and their close family members to care for them permanently; lack of hearing impairment; the ability to understand the reading curriculum. Exclusion criteria: unwillingness to continue cooperation; death of persons with Alzheimer disease; change primary caregiver for person with Alzheimer's disease. Sample size: 66 persons. Intervention: educational program using group discussion-Weekly for 4 sessions.

General information

Acronym

perceived stigma

IRCT registration information

IRCT registration number: **IRCT201502047212N6**

Registration date: **2015-05-31, 1394/03/10**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2015-05-31, 1394/03/10

Registrant information

Name

Elham Navab

Name of organization / entity

Tehran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 2610 1319

Email address

enavab@razi.tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Tehran University of Medical Sciences

Expected recruitment start date

2015-04-19, 1394/01/30

Expected recruitment end date

2015-06-20, 1394/03/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease

Public title

Effect of an educational program using group discussion on the perceived stigma

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria: caregivers of people with Alzheimer's and their close family members to care for them permanently; lack of hearing impairment; reading comprehension ability; willingness to participate in training programs and educational materials; ability to answer questions and participate in group discussions. Exclusion criteria: unwillingness to continue cooperation; death of persons with Alzheimer disease; change primary caregiver for person with Alzheimer's disease.

Age

From **65 years** old
Gender
Both
Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size:
Randomization (investigator's opinion)
Not randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
School of Nursing and Midwifery, Tehran University of Medical Sciences
Street address
Nosrat St., Tohid Sq., 1419733171, Tehran, Iran
City
Tehran
Postal code
Approval date
2015-05-11, 1394/02/21
Ethics committee reference number
250/802/94/ص

Health conditions studied

1

Description of health condition studied
Alzheimer disease
ICD-10 code
G30
ICD-10 code description
Alzheimer disease

Primary outcomes

1

Description
perceived stigma
Timepoint

Before the intervention, two months, three months(intervention)
Method of measurement
perceived stigma

Secondary outcomes

empty

Intervention groups

1

Description

Effect of an educational program using group discussion on the perceived stigma(for intervention group) no intervention control group

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center
Iran Alzheimers Association
Full name of responsible person
Mahboobe Alipour
Street address
City
Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Tehran University of Medical Sciences
Full name of responsible person
Dr. Masood Yunesian
Street address
Tehran University of Medical Sciences, Qhods st., Keshavarz blvd.
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Tehran University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty

Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
School of Nursing and Midwifery, Tehran University of
Medical Sciences
Full name of responsible person
Mahboobe Alipour
Position
Master Student of Geriatric Nursing
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty