

Clinical Trial Protocol

Iranian Registry of Clinical Trials

11 Sep 2026

Comparing the effect of tele-occupational therapy and face-to-face occupational therapy on improving reading in children with dyslexia in primary school

Protocol summary

Study aim

Comparing the effect of Tele-occupational therapy and face-to-face occupational therapy on improving reading in children with dyslexia in primary school

Design

The clinical trial with a control group, with intervention groups, a blinded, randomized phase 0 on 30 dyslexic children, will be used for randomization using the random block method with the help of the blokrand function in R 4.2.2 software.

Settings and conduct

The research in the field of working memory and attention in order to improve reading comprehension and reading of dyslexic children will be done in Haft Seng Institute and Sampling will be done from learning disorder centers. Dyslexic children will be randomly divided into two groups by an uninformed expert using the blokrand function.

Participants/Inclusion and exclusion criteria

1. The second, third and fourth grade. 2. Diagnosis of special learning disorder by a psychiatrist 3. Informed consent of parents to enter the research 4. Not suffering from other disorders along with special learning disorder

Intervention groups

The control group of dyslexic children who receive face-to-face occupational therapy interventions and the experimental group of dyslexic children who receive remote occupational therapy interventions through video call in the field of working memory and attention. Interventions will be provided in 14 sessions of 45 minutes in each two groups.

Main outcome variables

The main outcome of the intervention is the effect on working memory, attention and comprehension on improving the reading of children with dyslexia.

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20240527061919N1**

Registration date: **2024-10-18, 1403/07/27**

Registration timing: **prospective**

Last update: **2024-10-18, 1403/07/27**

Update count: **0**

Registration date

2024-10-18, 1403/07/27

Registrant information

Name

Zeynab Moravvej

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 4426 6001

Email address

zey.moravvej@uswr.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2024-10-21, 1403/07/30

Expected recruitment end date

2025-01-19, 1403/10/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparing the effect of tele-occupational therapy and face-to-face occupational therapy on improving reading in children with dyslexia in primary school

Public title

The effectiveness of tele-occupational therapy compared to face-to-face occupational therapy

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Be second, third and fourth grade A diagnosis of special learning disorder has been mentioned by a psychiatrist
Parents must have informed consent to enter the research

Exclusion criteria:

Having other disorders along with learning disorder

Age

From **7 years** old to **11 years** old

Gender

Both

Phase

N/A

Groups that have been masked

- Participant

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

The participants will be divided into two groups using the random block method with the help of the blokrand function in R 4.2.2 software. It is worth noting that randomization will be done in the following arrangement: B B A A A B A B B A B A B A A B A B B A A A B B B A; where B will represent placement in the test group and A will represent placement in the control group.

Blinding (investigator's opinion)

Single blinded

Blinding description

The participants in the research will enter the research knowingly. A pre-test will be taken from all participants in the study to enter the study. None of the participants will know how to be placed in the groups and the type of group.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Social Welfare and Rehabilitation Sciences university

Street address

University of Rehabilitation Sciences and Social Health., Kodakyar dead end., Student Blvd., Velenjak

City

Tehran

Province

Tehran

Postal code

1985713871

Approval date

2024-09-28, 1403/07/07

Ethics committee reference number

IR.USWR.REC.1403.137

Health conditions studied

1

Description of health condition studied

Dyslexia

ICD-10 code

R48.0

ICD-10 code description

Dyslexia and alexia

Primary outcomes

1

Description

Working memory

Timepoint

The first, middle and final session of the research

Method of measurement

Cantab test sub-test of spatial working memory

2

Description

Attention

Timepoint

The first, middle and final session of the research

Method of measurement

Cantab test sub-test of intra-dimensional/extra-dimensional shift

3

Description

Comprehension

Timepoint

The first, middle and final session of the research

Method of measurement

reading and dyslexia test

Secondary outcomes

empty

Intervention groups

1

Description

Control group: clients with dyslexia who receive occupational therapy interventions in person. Interventions in the control group will be provided face-to-face by the therapist in 14 45-minute sessions. Before allocating people to two groups, there will be a pre-test and a post-test at the end of the interventions, and a follow-up will be done after 2 months. The first, middle and final sessions will be considered to ensure the cooperation of the families. The second to sixth sessions and the eighth to thirteenth sessions will be interventions in the field of working memory and attention and in order to improve and understand the content.

Category

Rehabilitation

2

Description

Intervention group: Clients with dyslexia who receive occupational therapy interventions remotely. Interventions of the experimental group will be provided in the form of video calls and providing interventions from behind the phone and explanations to parents in 14 sessions of 45 minutes. Before assigning people to two groups, a pre-test and a post-test will be taken at the end of the interventions, and a follow-up will be done after 2 months. The first, middle and final sessions will be held in person to evaluate and ensure the cooperation of the families. The second to sixth sessions and the eighth to thirteenth sessions will be interventions in the field of working memory and attention and to improve reading and comprehension.

Category

Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center

Mahan Rehabilitation Center

Full name of responsible person

Mahdi Karami

Street address

No. Second floor , 5 , in front of the door of Shariat Razavi Hospital., Shahid Abdollahi Street., South Mehrabad

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Tehran

Province

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1385674931

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+98 21 6663 4409

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m.karami453@gmail.com

2

Recruitment center

Name of recruitment center

Tavanafarin Rehabilitation Clinic

Full name of responsible person

Mozhgan Kabki

Street address

No. 3rd floor, 168 , next to gas station., in front of 4th Niro Air Force., Pirozi St., niroohavayi

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Phone

+98 21 7741 7958

Email

Mozhgankabki@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of social welfare and rehabilitation sciences

Full name of responsible person

Mohamad Saeed Khanjani

Street address

University of Rehabilitation Sciences and Social Health., Kodakhyar dead end., Student Blvd., Velenjak

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1985713871

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sa.khanjani@uswr.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of social welfare and rehabilitation sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
University of social welfare and rehabilitation sciences
Full name of responsible person
Zeynab moravvej
Position
Occupational therapist
Latest degree
Bachelor
Other areas of specialty/work
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Person responsible for updating data

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Zeynabmoravvej78@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available

Title and more details about the data/document

Research data. The data will only be made available to professors and principal researchers.

When the data will become available and for how long

The access period starts 6 months after the results are published

To whom data/document is available

The data will be in the hands of the original researchers, and after the work is completed, the results will be published in authoritative articles.

Under which criteria data/document could be used

In case, non-identifiable data will be provided to people for research in line with the continuation of said research.

From where data/document is obtainable

To receive the data, they can refer to Dr. Ghazaleh Mandani. Address: Occupational Therapy Training

Group., university of social welfare and rehabilitation sciences ., dead end kodakyar., daneshjo blv., velenjak., tehran Postal code: 1985713871 Email: ghazal.mandani@gmail.com

What processes are involved for a request to access data/document

After sending the data application request, if approved by the professors, the data file will be sent. It will take at least one month from the time of sending the confirmation of the data request application to the sending of the data.

Comments