

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Evaluating the effect of NeoPUTTY as an apical plug used in mandibular first molar in postoperative pain and flare up; a randomized clinical trial

#### Protocol summary

##### Study aim

evaluating pain and flare-up after treatment following the use of NeoPUTTY as an apical plug in mandibular first molar teeth

##### Design

The study is conducted as a single-center double-arm trial. Thirty patients will be divided into two equal groups (15 patients each).

##### Settings and conduct

Department of Endodontics, Faculty of Dentistry, Mashhad

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: • Patients in the age range of 6 to 15 years • Necrotic immature mandibular first molar with open apex (size 60 to 100) • A tooth with chronic apical periodontitis with a radiolucency greater than 3 mm<sup>2</sup> in periapical radiography. • A tooth without tract sinus, no drainage from the canal, no swelling and no acute apical periodontitis • Patients should not have pain in the desired tooth area before starting the treatment • Patients have not received any medicine before starting the treatment  
Non-entry criteria: • Teeth with root fractures, resorption or calcifications • Non-cooperative child • Teeth with damaged periodontal structure, severe mobility

##### Intervention groups

Shaping and cleaning of the tooth root canal is done using Protaper rotary file system up to number F3. Irrigation 2.5% sodium hypochlorite using a 27-gauge side vent needle and activation with the sonic Endoactivator device. In the first group, OrthoMTA and in the second group, NEOPUTTY will be prepared, it will be taken into the canal using System MAP One and will be condensed into a 3-5 mm thick plug at the apical end of the root canal. Then, in both groups, the canal will be temporarily restored using cavitec, and the second session 24 hours later, canal obturation will be performed using warm vertical compression technique with AH 26 sealer. Three, 6, 12, 24, 48 and 72 hours after root canal

treatment, the patient's pain and swelling are evaluated according to VAS criteria.

##### Main outcome variables

Pain; swelling; flare-up

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20240607062028N1**

Registration date: **2024-08-28, 1403/06/07**

Registration timing: **prospective**

Last update: **2024-08-28, 1403/06/07**

Update count: **0**

##### Registration date

2024-08-28, 1403/06/07

##### Registrant information

##### Name

Maryam Khorasanchi

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 933 611 9705

##### Email address

khorasanchim4011@mums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2024-11-05, 1403/08/15

##### Expected recruitment end date

2025-05-05, 1404/02/15

##### Actual recruitment start date

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Evaluating the effect of NeoPUTTY as an apical plug used in mandibular first molar in postoperative pain and flare up; a randomized clinical trial

**Public title**

Evaluating the effect of NeoPUTTY as an apical plug used in 6th tooth of lower jaw in postoperative pain

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Patients in the age range of 6 to 15 years Necrotic immature mandibular first molar with open apex (size 60 to 100) A tooth with chronic apical periodontitis with the presence of a radiolucency greater than 3 mm<sup>2</sup> in periapical radiography Tooth without sinus tract, no drainage from the canal, no swelling and no acute apical periodontitis Patients should not have pain in the area of the target tooth before starting the root canal treatment Patients should have not received any medical treatment before starting the root canal treatment Teeth without root deviation, root resorption or calcification Tooth without previous root canal treatment or crown Teeth without any root fracture or craze lines

**Exclusion criteria:**

Necrotic immature mandibular first molar with open apex (larger than size 100) Teeth with root fracture, craze lines, root deviation, resorption or calcifications lack of child cooperation Teeth with compromised periodontal structure, severe mobility Teeth with previous root canal treatment, post or crown Teeth with open apex and severe destruction that are unrestorable Patient unwillingness to participate Major systemic disease (ASA 3 or higher) The patient's severe pain that led to the use of analgesic

**Age**

From **6 years** old to **15 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

- Participant
- Outcome assessor
- Data analyser
- Data and Safety Monitoring Board

**Sample size**

Target sample size: **30**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Patients are entered into the study according to the inclusion criteria and are randomly assigned to one of the two study groups using double blocks and tap/line (coin toss). In order to ensure an equal number of

intervention and control group samples in each of the mesial and distal root subgroups, first, the sample in odd sequences is assigned to the intervention or control group in the form of tap/line, and in even sequences as The reverse is done with the odd sequence of allocation. If there is a need to put a plug in both roots of the first molar of the mandible, first one of the roots is selected as a tap/line and the other root will be in the same group as the first root.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

In this study, the participants, the evaluators for the follow-up of the patient's pain, and the statistical data analysts will not know about the study groups. Only the operator who performs the treatment process of the patients will be aware of the participants' grouping after the allocation and immediately before the treatment. As for the patients blinding, the preparation of the substance will be done away from the patient's sight.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

School of Dentistry - Mashhad University of Medical Sciences (Ethics Committee)

**Street address**

Azadi square

**City**

Mashhad

**Province**

Razavi Khorasan

**Postal code**

9117941909

**Approval date**

2024-03-09, 1402/12/19

**Ethics committee reference number**

IR.MUMS.DENTISTRY.REC.1403.019

**Health conditions studied****1****Description of health condition studied**

Flare-up and pain

**ICD-10 code**

K04.5

**ICD-10 code description**

Chronic apical periodontitis

## Primary outcomes

### 1

#### Description

Flare-up and pain

#### Timepoint

3, 6, 12, 24, 48 and 72 hours postoperative

#### Method of measurement

Visual Analogue Scale

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: NeoPUTTY (Avalon Biomed Inc., Bradenton, USA). A bioceramic, bioactive MTA is premixed in a syringe. This material is placed at the apical end of the roots as a plug by MAP One (Produits Dentaires S. A., Vevey, Switzerland). Using a suitable plugger, it will be compacted in the form of a plug to reach a thickness of 3-5 mm at the apical end of the root canal. After the MTA has solidified, the excess MTA on the canal wall is gently wiped off with wet cotton. According to the manufacturer's brochure, the setting time of this material is 4 hours. Therefore, a wet paper point will be placed on it and the canal is temporarily dressed with Cavit (3M ESPE, Seefeld, Germany). At the end of this session, a periapical radiograph is prepared to ensure the thickness of the placed plug. The next session, after 24 hours, if there is no pain and symptoms, under local anesthesia and rubber dam isolation, temporary dressing and wet cotton balls are removed. . The MTA setting is slowly checked with a #40k file. Obturation of the canal will be done by the hot vertical compression technique with AH 26 sealer, and the patient's root canal treatment will be completed. In total, 2 treatment sessions will take about 90 minutes each.

#### Category

Treatment - Other

### 2

#### Description

Control group: OrthoMTA (BioMTA, Seoul, Korea). An MTA is a powder that needs to be mixed with normal saline to achieve a sandy/creamy consistency. This material is placed at the apical end of the roots as a plug by MAP One (Produits Dentaires S. A., Vevey, Switzerland). Using a suitable plugger, it will be compacted in the form of a plug to reach a thickness of 3-5 mm at the apical end of the root canal. After the MTA has solidified, the excess MTA on the canal wall is gently wiped off with wet paper point. According to the manufacturer's brochure, the setting time of this material is 3 hours. Therefore, a wet paper point will be placed on it and the canal is temporarily dressed with Cavit (3M ESPE, Seefeld,

Germany). A periapical radiograph is prepared at the end of this session to ensure the thickness of the plug. In the next session, after 24 hours, if there is no pain and symptoms, under local anesthesia and isolation of Ruberdem, the temporary dressing and wet cotton balls are removed. The MTA setting is slowly checked with a #40k file. Obturation of the canal will be done by the hot vertical compression technique with AH 26 sealer, and the patient's root canal treatment will be completed. In total, 2 treatment sessions will take about 90 minutes each

#### Category

Treatment - Other

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Mashhad School of Dentistry

##### Full name of responsible person

Maryam Gharechahi

##### Street address

School of dentistry, University Campus, Azadi Square

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## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Dr Mohsen Tafaghodi

##### Street address

Research and Technology Vice-Chancellor, Qurashi Building, next to Hoizeh Cinema, University Street

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#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes  
**Title of funding source**  
Mashhad University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
Public  
**Domestic or foreign origin**  
Domestic  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
Academic

## Person responsible for general inquiries

**Contact**  
**Name of organization / entity**  
Mashhad University of Medical Sciences  
**Full name of responsible person**  
Maryam Khorasanchi  
**Position**  
Endodontics Resident  
**Latest degree**  
Medical doctor  
**Other areas of specialty/work**  
Dentistry  
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## Person responsible for scientific inquiries

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## Person responsible for updating data

**Contact**  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

### Justification/reason for indecision/not sharing IPD

No more info is available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

### Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available

### Title and more details about the data/document

Only part of the data, such as the information related to the main outcome, can be shared.

### When the data will become available and for how long

The access period starts after the results are printed

### To whom data/document is available

Researchers working in academic and scientific

institutions and people who are also engaged in industry  
**Under which criteria data/document could be used**  
Just for study and not for analysis  
**From where data/document is obtainable**  
Maryam Khorasanchi Khorasanchim4011@mums.ac.ir

**What processes are involved for a request to access data/document**

After receiving the request email, it will take about 2 to 4 weeks

**Comments**