Clinical Trial Protocol
Iranian Registry of Clinical Trials

09 Nov 2026

The effect of solution focused approach on the coping and resilience of women victims of spouse abuse

Protocol summary

Study aim
The effect of the solution-oriented approach on the adaptation and resilience of women victims of spousal abuse is determined

Design
A clinical trial with a control group, without blinding, with block randomization on 60 participants, was used for randomization from the website.

Settings and conduct
A study on 60 women who will be placed in two groups of 30 people. After the pre-test, the intervention group will receive short-term solution-oriented intervention during 6 sessions, and the control group will not receive any intervention. Immediately after the end of the post-test intervention, 4 and 12 weeks after the end of the intervention, follow-up is done.The location of the study is the selected health center of Arak University of Medical Sciences.

Participants/Inclusion and exclusion criteria
Entry conditions: Age 18 to 39 years Having at least one year of cohabitation with a spouse Having experienced violence from the husband at least during the last year Obtaining a resilience score of <50 from the Connor and Davidson questionnaire Having a permanent marriage and being married at the moment Non-entry conditions: Having impaired consciousness Abuse of alcohol and drugs in yourself or your spouse Having a history of hospitalization in the neurology department

Intervention groups
The intervention of this research is short-term solution focused counseling. The members of the intervention group receive solution focused intervention in 6 sessions in groups of 10 people, according to Deshazer's (1985) model, and the members of the control group do not receive any intervention.

Main outcome variables
Coping, with the questionnaire, Coping with Intimate Partner Violence (CIIPV) and Resilience, with Conner and Davidson's Resilience Questionnaire (2003) (CD-RISC)

General information

Reason for update

Acronym

IRCT registration information
IRCT registration number: **IRCT20240704062329N1**
Registration date: **2024-07-23, 1403/05/02**
Registration timing: **registered_while_recruiting**

Last update: **2024-07-23, 1403/05/02**
Update count: **0**

Registration date
2024-07-23, 1403/05/02

Registrant information

Name
Hadiseh Arab

Name of organization / entity

Country
Iran (Islamic Republic of)

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Recruitment status
Recruitment complete

Funding source

Expected recruitment start date
2024-07-22, 1403/05/01

Expected recruitment end date
2024-08-22, 1403/06/01

Actual recruitment start date
empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title

The effect of solution focused approach on the coping and resilience of women victims of spouse abuse

Public title
Effect of solution focused of spouse abuse
Purpose
Education/Guidance
Inclusion/Exclusion criteria
Inclusion criteria:
Age 18 to 39 years Having at least one year of cohabitation with a spouse Having experienced violence from the husband at least during the last year (getting at least one score from the subscales of physical assault, psychological aggression, negotiation, sexual coercion and injury of the aggressive form of the CTS2 questionnaire) Obtaining a resilience score of <50 from the Connor and Davidson questionnaire Ability to understand and speak Persian Having at least a third middle school degree Having Iranian nationality Having a permanent marriage and being married at the moment Absence during pregnancy and postpartum period (up to 6 months after delivery) Failure to simultaneously participate in counseling courses with the same content as the present intervention Not experiencing any severe stressors such as divorce, accident and bereavement of relatives in the last 6 months
Exclusion criteria:
Taking psychotropic drugs including anti-anxiety drugs (such as clonazepam, alprozolam, lorazepam), antidepressants (such as fluoxetine, paroxetine, sertraline), antipsychotic drugs (such as chlorpromazine, fluphenazine, haloperidol), mood stabilizers (such as lithium, carbamazepine, sodium valproate)) and stimulants (such as amphetamine, dexmethylphenidate, dextroamphetamine) within 6 months before participating in the study and during the study Having a history of hospitalization in the neurology department Having any underlying and incurable diseases such as cancer or malignant tumors Abuse of alcohol and drugs in yourself or your spouse Having impaired consciousness
Age
From **18 years** old to **39 years** old
Gender
Female

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **60**
Randomization (investigator's opinion)
Randomized
Randomization description
In the current research, block randomization method is used (15 to 4 blocks), in each block, two allocations are considered for the intervention group and two allocations for the control group. Random sequence generation is done by the web method using the site (https://www.sealedenvelope.com) and by the respected professor of statistics.
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Factorial
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Arak University of Medical Sciences
Street address
No.2, Golha6, Shahid Golmohammadi St, Emam Khomeini St.
City
Arak
Province
Markazi
Postal code
3816197175
Approval date
2024-02-20, 1402/12/01
Ethics committee reference number
IR.ARAKMU.REC.1403.008

Health conditions studied

1

Description of health condition studied
Women victims of spouse abuse
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
Coping score in the coping inventory for intimate partner violence
Timepoint
Measurement time, before the start of the intervention (pre-test), immediately after the end of the intervention (post-test), 4 weeks and 12 weeks after the last session of the intervention (follow-up)
Method of measurement
Coping is measured with Coping Inventory for Intimate Partner Violence (CIIPV)uestionnaire designed by Taherkhani (2022).

Secondary outcomes

1

Description
Resilience score in the questionnaire Connor-Davidson Resilience Scale
Timepoint
The measurement time is before the start of the intervention (pre-test), immediately after the end of the intervention (post-test), 4 weeks and 12 weeks after the last session of the intervention (follow-up).
Method of measurement
Resilience is measured by Conner and Davidson's (2003)Connor-Davidson Resilience Scale (CD-RISC)

Intervention groups

1

Description
Intervention group: The intervention of this research is short-term solution oriented counseling. After the pre-test, the members of the intervention group will benefit from short-term solution-oriented intervention in groups of 10, according to the Deshazer (1985) model, during 6 sessions of 90 minutes (one session per week). The members of the control group do not receive any intervention. Counseling sessions are conducted by students who have completed the relevant workshop and have an educational certificate, under the supervision of a project psychologist, in selected health centers in Arak city. Immediately after the end of the intervention (post-test), 4 weeks and 12 weeks after the end of the intervention (follow-up), adaptation and resilience questionnaires are completed for both groups by trained interviewers who are unaware of the placement of people in the intervention and control groups.
Category
Behavior

2

Description
Control group: The members of the control group do not receive any intervention.
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Health care centers affiliated to Arak University of Medical Sciences
Full name of responsible person
Sakineh Taherkhani
Street address
No. 2, Golha 6, Shahid Golmohammadi Alley, Imam khomeini St.
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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Esmaili
Street address
Sardasht, Basij Square, Prophet Azam University Complex
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Arak
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Markazi
Postal code
3848176941
Phone
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Email
paramed@arakmu.ac.ir
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Arak University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Hadiseh Arab
Position
Master's student in counseling in midwifery
Latest degree

Bachelor

Other areas of specialty/work
Midwifery

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No 2,Golha 6, Shahid Golmohammadi St, Imam Khomeini St.

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Person responsible for scientific inquiries

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Yes - There is a plan to make this available

Study Protocol
Yes - There is a plan to make this available

Statistical Analysis Plan
Yes - There is a plan to make this available

Informed Consent Form
Yes - There is a plan to make this available

Clinical Study Report
Not applicable

Analytic Code
Not applicable

Data Dictionary
Not applicable

Title and more details about the data/document
Part of the data related to the main outcome can be shared.

When the data will become available and for how long
The access period starts 6 months after the results are published.

To whom data/document is available
Researchers working in academic and scientific institutions

Under which criteria data/document could be used
The use of documentation in educational and health centers

From where data/document is obtainable
Hadiseh Arab 09183476506
arabhadise95940321189@gmail.com

What processes are involved for a request to access data/document
6 months after the results are printed, it takes time for these documents to be available to you.

Comments