

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

11 Jun 2026

### The effect of life review with spirituality approach in quality of life in cancer patients

#### Protocol summary

##### Summary

The present study will be done to determine how effective "life review treatment with spiritual approach" is to improve the quality of life in cancer patients hospitalized in Shahid Beheshti Hospital of Kashan. Among all cancer patients hospitalized in Shahid Beheshti Hospital of Kashan who are 20-75 years old, undergoing chemotherapy, and not being in severe conditions or other physical and mental disorders which interferes with taking part in the study, a random sample of 80 patients will be allocated into two groups "experiment and control". These two groups will be matched in sex, age and duration of illness. This study is interventional with pretest and posttest design with control group. At first, quality of life will be measured for the two groups by using EORTC QLQ-C30 questionnaire. Then six episodes of individual counseling of life review treatment with spiritual approach will be done for experiment group in six weeks, once a week, and one hour. In this period, no interventions will be done for control group. At last, quality of life will be measured again by using EORTC QLQ-C30 questionnaire. Then gathered data will be analyzed using descriptive and deductive statistical tests in SPSS statistical software.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201108297440N1**  
Registration date: **2012-05-24, 1391/03/04**  
Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2012-05-24, 1391/03/04

#### Registrant information

##### Name

Narges Sayyadi

##### Name of organization / entity

Kashan University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 913 263 3805

##### Email address

sayyadi\_n@kaums.ac.ir

#### Recruitment status

##### Recruitment complete

#### Funding source

Vice chancellor for research, Kashan University of Medical Sciences and Health Services

#### Expected recruitment start date

2011-04-05, 1390/01/16

#### Expected recruitment end date

2012-03-19, 1390/12/29

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

The effect of life review with spirituality approach in quality of life in cancer patients

#### Public title

Life review with spirituality approach in quality of life

#### Purpose

Supportive

#### Inclusion/Exclusion criteria

Inclusion criteria: 20-75 years old cancer patients, undergoing chemotherapy; passing 2 weeks from diagnosis; being able to answer the questions; not being in severe conditions or other physical and mental

disorders. Exclusion criteria: receiving other treatments; not willing to take part in the study, getting other physical and mental disorders.

#### **Age**

From **20 years** old to **75 years** old

#### **Gender**

Both

#### **Phase**

N/A

#### **Groups that have been masked**

*No information*

#### **Sample size**

Target sample size: **80**

#### **Randomization (investigator's opinion)**

Randomized

#### **Randomization description**

#### **Blinding (investigator's opinion)**

Double blinded

#### **Blinding description**

#### **Placebo**

Not used

#### **Assignment**

Parallel

#### **Other design features**

### **Secondary Ids**

empty

### **Ethics committees**

#### **1**

##### **Ethics committee**

###### **Name of ethics committee**

Kashan University of Medical Sciences and Health Services

###### **Street address**

Kashan University of Medical Sciences and Health Services, Ravand Blvd

###### **City**

Kashan

###### **Postal code**

8715988141

##### **Approval date**

2011-03-01, 1389/12/10

##### **Ethics committee reference number**

3533/1/5/29/پ

### **Health conditions studied**

#### **1**

##### **Description of health condition studied**

cancer

##### **ICD-10 code**

C80.9

##### **ICD-10 code description**

Malignant neoplasm, unspecified

### **Primary outcomes**

#### **1**

##### **Description**

quality of life

##### **Timepoint**

before and after the intervention

##### **Method of measurement**

EORTC QLQ-C30

### **Secondary outcomes**

empty

### **Intervention groups**

#### **1**

##### **Description**

life review with spiritual in intervention group

##### **Category**

Behavior

#### **2**

##### **Description**

There is no intervention in control group.

##### **Category**

N/A

### **Recruitment centers**

#### **1**

##### **Recruitment center**

###### **Name of recruitment center**

Kashan University of Medical Sciences and Health Services

###### **Full name of responsible person**

###### **Street address**

###### **City**

Kashan

### **Sponsors / Funding sources**

#### **1**

##### **Sponsor**

###### **Name of organization / entity**

Kashan University of Medical Sciences and Health Services

###### **Full name of responsible person**

Gholamali Hamidi

###### **Street address**

Kashan University of Medical Sciences and Health Services, Ravand Blvd

###### **City**

Kashan

##### **Grant name**

##### **Grant code / Reference number**

##### **Is the source of funding the same sponsor**

**organization/entity?**

Yes

**Title of funding source**

Kashan University of Medical Sciences and Health Services

**Proportion provided by this source**

100

**Public or private sector***empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty*

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Taghadosi\_m@kaums.ac.ir**Web page address**<http://feyz.kaums.ac.ir>**Person responsible for general inquiries****Contact****Name of organization / entity**

Kashan University of Medical Sciences and Health Services

**Full name of responsible person**

Mohsen Taghadosi

**Position**

Scientific staff

**Other areas of specialty/work****Street address**

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Taghadosi\_m@kaums.ac.ir**Web page address**<http://feyz.kaums.ac.ir>**Person responsible for updating data****Contact****Name of organization / entity**

Kashan University of Medical Sciences and Health Services

**Full name of responsible person**

Ameneh Fahimifar

**Position**

Msc in family counseling

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**Full name of responsible person**

Mohsen Taghadosi

**Position**

PhD student in Nursing

**Other areas of specialty/work****Street address**

Kashan university of medical sciences and health

**Sharing plan****Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol***empty***Statistical Analysis Plan***empty***Informed Consent Form***empty***Clinical Study Report***empty***Analytic Code***empty***Data Dictionary***empty*