

Clinical Trial Protocol

Iranian Registry of Clinical Trials

03 Jul 2026

Evaluation of acupuncture effectiveness in comparison with petidin on labour pain and delivery length

Protocol summary

Summary

The aim of this study is evaluation of acupuncture effectiveness on labor pain. Inclusion criteria:18-35 age, first or second term pregnancy(37-42 weeks),active phase of labor (4-5 cm dilatation), no history of abortion, EP,Mole, chronic or acute illness, infertility, no CPD, have not received any painkiller until four hours before intervention . Exclusion criteria: fetal distress, severe maternal hemorrhage and thick meconium pregnant women in control group underwent the hospital's routine cares.The Pethidine group, after entering into the active phase of labor, received 50 mg intramuscular Pethidine but the injection was no longer repeated.In acupuncture group when entering into the active phase of labor was proved two needles were inserted in LI 4 point (Hegu point) in two hands and in ST-36 point (Zu san li point) in two legs that were disinfected by alcohol.The needles are left in the points for 20 to 30 minutes. Before intervention, using VAS pain ruler, pain severity was measured in three groups and between the contractions. Then thirty minutes after intervention, pain severity was again assessed, and once more it was measured at the end of the first phase at full dilatation.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201311157513N9**

Registration date: **2013-12-22, 1392/10/01**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2013-12-22, 1392/10/01

Registrant information

Name

Hatav Ghasemi Tehrani

Name of organization / entity

Isfahan University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 913 113 4081

Email address

tehrani@med.mui.ac.ir

Recruitment status

Recruitment complete

Funding source

Isfahan University of Medical Science

Expected recruitment start date

2009-09-10, 1388/06/19

Expected recruitment end date

2010-09-13, 1389/06/22

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of acupuncture effectiveness in comparison with petidin on labour pain and delivery length

Public title

Effectiveness of acupuncture on labour pain

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria:18-35 age:first or second term pregnancy(37-42 weeks):active phase of labor (4-5 cm dilatation):no history of abortion, Ep:Mole:chronic or acute illness:infertility: no CPD:have not received any painkiller until four hours before intervention . Exclusion criteria: fetal distress:severe maternal hemorrhage :thick

meconium

Age

From **18 years** old to **35 years** old

Gender

Female

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Isfahan University of Medical Sciences. Etical committee

Street address

Isfahan medical school-Hezar Jerib St-Azadi Square

City

Isfahan

Postal code

8184851153

Approval date

2010-08-20, 1389/05/29

Ethics committee reference number

81206

Health conditions studied

1

Description of health condition studied

Labor pain

ICD-10 code

R10.2

ICD-10 code description

Pelvic and perineal pain

Primary outcomes

1

Description

Decrease labour pain

Timepoint

Before and after intervention and at the end of active phase

Method of measurement

Macgil visual scale

Secondary outcomes

1

Description

Newborn side effects

Timepoint

At birth time

Method of measurement

APGAR score

Intervention groups

1

Description

control group- no intervention

Category

N/A

2

Description

Acupuncture group In this group accupunctur was done at active phase of labour for reduce severity of pain

Category

Prevention

3

Description

petidin group in this group 50 mg petedin was injected at active phase of labour for reduce labour pain

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid Beheshti Hospital

Full name of responsible person

Hatav Ghasemi Tehrani

Street address

Alzahra Hospital

City

Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Isfahan University of Medical Science

Full name of responsible person

Hatav Ghasemi Tehrani

Street address

Alzahra Hospital

City

Isfahan

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Isfahan University of Medical Science

Proportion provided by this source**Public or private sector**

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

2

Sponsor

Name of organization / entity

Isfahan University of Medical Science

Full name of responsible person

Hatav Ghasemi Tehrani

Street address

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Isfahan

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Isfahan University of Medical Science

Proportion provided by this source**Public or private sector**

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact

Name of organization / entity

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Full name of responsible person

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty