

Clinical Trial Protocol

Iranian Registry of Clinical Trials

15 Jul 2026

The Effects of Group Logotherapy on Self-esteem of Elderly Adults Referred to Mehr Retirement Center in Kermanshah in 2013

Protocol summary

Summary

This is a quasi-experimental, double-blinded and interventional study. Goal of the study: to determine the effects of group logotherapy training on the self-esteem of the elderly people aged 60 to 80 referred to Mehr retirement center in Kermanshah and scored over eight on the lie scale of Coopersmith inventory. The study was conducted between June to October 2013. Sampling methods: participants (N=30) are matched based on self-esteem scores and are randomly assigned into two groups: case and control groups (two groups of 15 each). After obtaining informed consent, demographic questionnaire and Coopersmith self-esteem inventory short form were completed by participants before the intervention. Inclusion criteria included age over 60, scored over eight on the lie scale of Coopersmith inventory, lack of cognitive and learning disabilities and willingness to participate in the study; while exclusion criteria included unwillingness to participate in the study and any types of cognitive disorders. The older adults in the case group participated in group logotherapy program consisted of two two-hour sessions per week for 5 consecutive weeks; while the participants of the case group received no intervention. The questionnaires are completed by the participants of both groups immediately after, one month and three months after the intervention to ensure the sustainability of trainings. The study is lasted for a four-month period in both groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201312287531N4**

Registration date: **2014-05-19, 1393/02/29**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-05-19, 1393/02/29

Registrant information

Name

Iran Jahanbin

Name of organization / entity

University of Medical Sciences Shiraz

Country

Iran (Islamic Republic of)

Phone

+98 917 313 7399

Email address

jahanbii@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research Affairs, Shiraz University of Medical Sciences

Expected recruitment start date

2013-06-26, 1392/04/05

Expected recruitment end date

2013-10-17, 1392/07/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effects of Group Logotherapy on Self-esteem of Elderly Adults Referred to Mehr Retirement Center in Kermanshah in 2013

Public title

The Effects of Group Logotherapy on Self-esteem of Elderly Adults Referred to Mehr Retirement Center in Kermanshah in 2013

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: age over 60; scored over eight on the lie scale of Coopersmith inventory; lack of cognitive and learning disabilities; willingness to participate in the study
Exclusion criteria: unwillingness to participate in the study; any types of cognitive disorders

Age

From **60 years** old to **80 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Shiraz University of Medical Sciences

Street address

Zand Blvd, Central building of Shiraz University of Medical Sciences

City

Shiraz

Postal code

Approval date

2013-10-08, 1392/07/16

Ethics committee reference number

CT-92-6686

Health conditions studied

1

Description of health condition studied

Low self-esteem

ICD-10 code

F88

ICD-10 code description

Other disorders of psychological development

Primary outcomes

1

Description

self-esteem

Timepoint

immediately, after one month and after three month of the training

Method of measurement

Cooper smith self-esteem questionnaire including 25 question

Secondary outcomes

empty

Intervention groups

1

Description

10 sessions of logo-therapy, two sessions two hours a week, to the experimental group The goals of teaching were:-Improving empowerment abilities in elderlies, teaching self acceptance and finding capabilities and positive points of their social and communication skills.

Category

Prevention

2

Description

without any intervention on the control group

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Mehr retirement center of Kermanshah

Full name of responsible person

Mr. Najafi

Street address

Near Ferdowsi Square, Kermanshah

City

Kermanshah

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Sciences, Vice Chancellor for Research Affairs

Full name of responsible person

Dr. Basir Hashemi

Street address

Shiraz University of Medical Sciences, Vice Chancellor
for Research Affairs, Zand Ave.

City

Shiraz

Grant name**Grant code / Reference number****Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding source

Shiraz University of Medical Sciences, Vice Chancellor for
Research Affairs

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Fatemeh Collage of Nursing and Midwifery (P.B.U.H),
Shiraz, Iran

Full name of responsible person

Elham Cheraghpouran

Position

MS candidate of Geriatric Nursing

Other areas of specialty/work**Street address**

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Full name of responsible person

Iran Jahanbin

Position

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Web page address**Person responsible for updating data****Contact****Name of organization / entity**

Fatemeh Collage of Nursing and Midwifery (P.B.U.H)

Full name of responsible person

Elham Cheraghpouran

Position

MS candidate of Geriatric Nursing

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City

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Postal code**Phone**

+98 83 1723 4883

Fax**Email**

cheraghpuran@sums.ac.ir

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty