Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The Effects of Group Logotherapy on Self-esteem of Elderly Adults Referred to Mehr Retirement Center in Kermanshah in 2013

Protocol summary

Summary

This is a quasi-experimental, double-blinded and interventional study. Goal of the study: to determine the effects of group logotherapy training on the self-esteem of the elderly people aged 60 to 80 referred to Mehr retirement center in Kermanshah and scored over eight on the lie scale of Coopersmith inventory. The study was conducted between June to October 2013. Sampling methods: participants (N=30) are matched based on self-esteem scores and are randomly assigned into two groups: case and control groups (two groups of 15 each). After obtaining informed consent, demographic questionnaire and Coopersmith self- esteem inventory short form were completed by participants before the intervention Inclusion criteria included age over 60, scored over eight on the lie scale of Coopersmith inventory, lack of cognitive and learning disabilities and willingness to participate in the study; while exclusion criteria included unwillingness to participate in the study and any types of cognitive disorders. The older adults in the case group participated in group logotherapy program consisted of two two-hour sessions per week for 5 consecutive weeks; while the participants of the case group received no intervention. The questionnaires are completed by the participants of both groups immediately after, one month and three months after the intervention to ensure the sustainability of trainings. The study is lasted for a four- month period in both groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201312287531N4**
Registration date: **2014-05-19, 1393/02/29**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-05-19, 1393/02/29

Registrant information

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Iran Jahanbin
Name of organization / entity
University of Medical Sciences Shiraz
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Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research Affairs, Shiraz University of Medical Sciences

Expected recruitment start date

2013-06-26, 1392/04/05

Expected recruitment end date

2013-10-17, 1392/07/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effects of Group Logotherapy on Self-esteem of Elderly Adults Referred to Mehr Retirement Center in Kermanshah in 2013

Public title

The Effects of Group Logotherapy on Self-esteem of Elderly Adults Referred to Mehr Retirement Center in Kermanshah in 2013

Purpose
Prevention
Inclusion/Exclusion criteria
Inclusion criteria: age over 60; scored over eight on the lie scale of Coopersmith inventory; lack of cognitive and learning disabilities; willingness to participate in the study Exclusion criteria: unwillingness to participate in the study; any types of cognitive disorders
Age
From **60 years** old to **80 years** old
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **30**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics Committee of Shiraz University of Medical Sciences
Street address
Zand Blvd, Central building of Shiraz University of Medical Sciences
City
Shiraz
Postal code
Approval date
2013-10-08, 1392/07/16
Ethics committee reference number
CT-92-6686

Health conditions studied

1

Description of health condition studied
Low self-esteem
ICD-10 code
F88
ICD-10 code description
Other disorders of psychological development

Primary outcomes

1

Description
self-esteem
Timepoint
immediately, after one month and after three month of the training
Method of measurement
Cooper smith self-esteem questionnaire including 25 question

Secondary outcomes

empty

Intervention groups

1

Description
10 sessions of logo-therapy, two sessions two hours a week, to the experimental group The goals of teaching were:-Improving empowerment abilities in elderlies, teaching self acceptance and finding capabilities and positive points of their social and communication skills.
Category
Prevention

2

Description
without any intervention on the control group
Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Mehr retirement center of Kermanshah
Full name of responsible person
Mr. Najafi
Street address
Near Ferdowsi Square, Kermanshah
City
Kermanshah

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Shiraz University of Medical Sciences, Vice Chancellor for Research Affairs

Full name of responsible person
Dr. Basir Hashemi
Street address
Shiraz University of Medical Sciences, Vice Chancellor for Research Affairs, Zand Ave.
City
Shiraz
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Shiraz University of Medical Sciences, Vice Chancellor for Research Affairs
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Fatemeh Collage of Nursing and Midwifery (P.B.U.H), Shiraz, Iran
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty