

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

the effect of life skills training on parenting stress of elementary school blind children's mothers in Shourideh Shirazi institution in Shiraz; 2014

Protocol summary

Summary

Goal: to investigate the effect of life skills training on parenting stress of elementary school blind children's mothers in Shourideh Shirazi institution in Shiraz; 2014. this study is a randomized controled trial study.participants (n=57) are randomly assigned into two groups(intervention and control). Randomization was done through block randomization size 4.the questionnaire of Parenting Stress Index completed by the memebers of control and intervention groups, then intervention group attended 5 sessions of life skills training but control group didn't. immediately and one month after intervention PSI questionnaires completed by the two groups. Inclusion criteria: mother should have a blind chlid from the age group of 7 to 12 years old; she should live in Shiraz; be inclined to attend the educational sessions; be able to participate the sessions. Exclusion criteria : mother of the blind child has taken part in life skills training sessions before; be absent more than two sessions of educational plan; dispenses with participating in this study in every stage of it; uses medication for a psychologiactal diagnosis. interveten was a course of 5 session, each session 120 minutes, one session a week. we used a criteria in which WHO, UNICEF and UNESCO have listed ten skills for life skills education. we expect that the mean of Parenting Stress score becomes statistically meaningful different immediately and 1 month after intervention for intervention group members.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201405147531N6**

Registration date: **2014-06-12, 1393/03/22**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-06-12, 1393/03/22

Registrant information

Name

Iran Jahanbin

Name of organization / entity

University of Medical Sciences Shiraz

Country

Iran (Islamic Republic of)

Phone

+98 917 313 7399

Email address

jahanbii@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research affairs,Shiraz University Of Medical Sciences

Expected recruitment start date

2014-01-05, 1392/10/15

Expected recruitment end date

2014-01-15, 1392/10/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

the effect of life skills training on parenting stress of elementary school blind children's mothers in Shourideh Shirazi institution in Shiraz; 2014

Public title

the effect of life skills training on parenting stress of mothers with blind children

Purpose

Supportive

Inclusion/Exclusion criteria

(Inclusion criteria: mother should have a blind child from the age group of 7 to 12 years old; she should live in Shiraz; be inclined to attend the educational sessions; be able to participate the sessions.) (Exclusion criteria : mother of the blind child has taken part in life skills training sessions before; be absent more than two sessions of educational plan; dispenses with participating in this study in every stage of it; uses medication for a psychological diagnosis.)

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 57

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Vice chancellor for research,
Shiraz university of medical sciences

Street address

Shiraz university of medical sciences, Zand Blvd.

City

Shiraz

Postal code

14336- 71348

Approval date

2014-05-04, 1393/02/14

Ethics committee reference number

CT-9376-7006

Health conditions studied

1

Description of health condition studied

parenting stress

ICD-10 code

Z73.3

ICD-10 code description

Stress, not elsewhere classified

Primary outcomes

1

Description

parenting stress

Timepoint

before the intervention, immediately after intervention,
one month after intervention

Method of measurement

Parenting Stress Index(PSI)

Secondary outcomes

empty

Intervention groups

1

Description

Intervention Group : life skills training according to the main areas which WHO has determined for life skills education. duration of intervention is 5 sessions through lecturing and group discussion methods, each session 120 minutes, one session a week, giving educational booklet and CD at the end of the course;

Category

Lifestyle

2

Description

control group: without any intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Shourideh Shirazi boarding school for the blind

Full name of responsible person

Mrs. Zeraatpisheh

Street address

Shiraz, Kolbe Saadi Square, at the Nasr Boulevard

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Dr. Seyed Basir Hashemi

Street address

central building of Shiraz University of Medical Sciences, Zand Blvd

City

Shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shiraz University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Science

Full name of responsible person

Elham Khooshab

Position

M.S. candidate in community health nursing

Other areas of specialty/work

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Person responsible for scientific inquiries

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Position

Master of Science in community health nursing; faculty member

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

