Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

Effect of Group Reminiscence on the Cognitive Status of Elderly

Protocol summary

Summary

This study was a randomized non-blinded controlled clinical trial. We enrolled 100 elderly people who were under the support of Ilam Welfare Organization, western Iran in 2013. Balanced block randomization method was used to randomize the participants into case and control groups. Inclusion criteria :Age over 60 years; No risk of dementia; ability to communicate visually and verbally and participate in the reminiscence classes. exclusion criteria: Cognitive state assessment scores less than 10. In the case group participated in a group reminiscence program consisted of two one-hour sessions per week for 8 consecutive weeks. Data were collected using Mini Mental State Examination. The questionnaire was completed four times by the participants; before, immediately after, two and three months after the intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201405147531N7**
Registration date: **2014-06-19, 1393/03/29**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-06-19, 1393/03/29

Registrant information

Name
Iran Jahanbin
Name of organization / entity
University of Medical Sciences Shiraz
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Iran (Islamic Republic of)
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+98 917 313 7399
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jahanbii@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2013-10-10, 1392/07/18

Expected recruitment end date

2014-06-06, 1393/03/16

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of Group Reminiscence on the Cognitive Status of Elderly

Public title

The Effect of Group Reminiscence on the Cognitive Status of Elderly People Supported by Ilam Welfare Organization in 2013

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria :Age over 60 years ;No risk of dementia; ability to communicate visually and verbally and participate in the reminiscence classes. exclusion criteria: Cognitive state assessment scores less than 10.

Age

From **60 years** old to **85 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size
Target sample size: **100**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics Committee of Shiraz University of Medical Sciences
Street address
Shiraz University of Medical Sciences, Zand Street
City
Shiraz
Postal code
Approval date
2013-04-28, 1392/02/08
Ethics committee reference number
92-6922

Health conditions studied

1

Description of health condition studied
Cognitive
ICD-10 code
F06.7
ICD-10 code description
Mild cognitive disorder

Primary outcomes

1

Description
Cognitive
Timepoint
The questionnaire was completed four times by the participants; before, immediately after, two and three months after the intervention.
Method of measurement
Standard questionnaire Mini Mental State Examination

Secondary outcomes

empty

Intervention groups

1

Description
Elderly people in the case group participated in a group reminiscence program consisted of two one-hour sessions per week for 8 consecutive weeks. Data were collected using Mini Mental State Examination . The questionnaire was completed four times by the participants; before, immediately after, two and three months after the intervention.
Category
Other

2

Description
The elderly participants of the control group received no intervention.
Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Ilam Welfare Organization
Full name of responsible person
Fatemh Mohammadnejad
Street address
Beheshti Street , Darreh Shahr ,Ilam Welfare Organization
City
Darreh Shahr

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Shiraz University of Medical Sciences
Full name of responsible person
Dr.Gholamreza Hatam
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Vice chancellor for research Shiraz University of Medical Sciences, The Seventh floor, Central Building of Shiraz University of Medical Sciences, Zand Street
City
Shiraz
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Shiraz University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
College of Nursing and Midwifery, Shiraz
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty