

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

17 Jun 2026

### Effectiveness of Reduction of Bullying Training Program on The Rate of this Behaviors of Second & Fourth Stage of Elementary Male School Students in Isfahan City

#### Protocol summary

##### Summary

The objective of this randomized trial was to investigate the effects of Reduction of Bullying Training Program on the rate of these behaviors in male's students of elementary schools in Isfahan City. A total of 40 Bullying children, who were chosen after three stages of sampling by random multi-stage method, were randomly assigned into experimental or control group. The Experimental group took part in 10 sessions of Reduction of Bullying Training Program twice a week. Sociometry and Peer Relationship Questionnaire, with three subscales including bullying, victim and prosocial behaviors were measured and compared between groups.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201109197592N1**

Registration date: **2011-10-17, 1390/07/25**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2011-10-17, 1390/07/25

##### Registrant information

##### Name

Nasim Esteki Azad

##### Name of organization / entity

University of Isfahan

##### Country

Iran (Islamic Republic of)

##### Phone

##### Email address

azad.psy@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

Personal

##### Expected recruitment start date

2010-11-07, 1389/08/16

##### Expected recruitment end date

2011-01-06, 1389/10/16

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Effectiveness of Reduction of Bullying Training Program on The Rate of this Behaviors of Second & Fourth Stage of Elementary Male School Students in Isfahan City

##### Public title

Effectiveness of Reduction of Bullying Training Program on The Rate of this Behaviors

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Inclusion criteria: male bully children of 4th and 5th degree of primary school in Isfahan Exclusion criteria: more scores at Prosocial behavior or victims subscale

##### Age

From **8 years** old to **10 years** old

##### Gender

Male

##### Phase

N/A

##### Groups that have been masked

*No information*

##### Sample size

Target sample size: **40**  
**Randomization (investigator's opinion)**  
Randomized  
**Randomization description**  
**Blinding (investigator's opinion)**  
Not blinded  
**Blinding description**  
**Placebo**  
Not used  
**Assignment**  
Parallel  
**Other design features**

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

**Name of ethics committee**

University of Isfahan

**Street address**

Hezarjirib Street,Azadi Square,Isfahan.

**City**

Isfahan

**Postal code**

**Approval date**

2010-02-01, 1388/11/12

**Ethics committee reference number**

88/71952

## Health conditions studied

### 1

#### Description of health condition studied

Bullying Behaviors

**ICD-10 code**

**ICD-10 code description**

## Primary outcomes

### 1

#### Description

Bullying Behaviors

#### Timepoint

A week before and a week after the intervention and 6 months after the intervention

#### Method of measurement

Peer Relationship Questionnaire(PRQ)

## Secondary outcomes

### 1

#### Description

Victim Behaviors

## Timepoint

One Week for Pretest & Posttest-six Mounth for Follow

## Method of measurement

Peer Relationship Questionnaire(PRQ)

### 2

#### Description

Prosocial behaviors

#### Timepoint

A week before and a week after the intervention and 6 months after the intervention

#### Method of measurement

Peer Relationship Questionnaire(PRQ)

## Intervention groups

### 1

#### Description

Experimental group received educational intervention to reduce bullying in ten 60-hour sessions for 45 days. The content of the training sessions was important peer relationships skills such as self-control and homogeneous.

#### Category

Behavior

### 2

#### Description

The control group received no intervention.

#### Category

N/A

## Recruitment centers

### 1

#### Recruitment center

**Name of recruitment center**

Male Schools of Isfahan

**Full name of responsible person**

**Street address**

**City**

Isfahan

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Personal:Nasim Esteki Azad

**Full name of responsible person**

Nasim Esteki Azad

**Street address**

No.68, shafagh Alley, tehran Street, Isfahan.

**City**

Isfahan

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Personal:Nasim Esteki Azad

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

*empty*

**Person responsible for general inquiries****Contact****Name of organization / entity**

University of Isfahan

**Full name of responsible person**

Nasim Esteki Azad

**Position**

M.A.

**Other areas of specialty/work****Street address**

No.68, shafagh Alley, tehran Street, Isfahan.

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**Postal code****Phone**

+98 31 1235 5142

**Fax****Email**

azad.psy@gmail.com

**Web page address****Person responsible for scientific inquiries****Contact****Name of organization / entity**

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**Web page address****Person responsible for updating data****Contact****Name of organization / entity**

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**Full name of responsible person**

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+98 31 1235 5142

**Fax****Email**

azad.psy@gmail.com

**Web page address****Sharing plan****Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*