

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Jun 2026

Effectiveness of Reduction of Bullying Training Program on The Rate of this Behaviors of Second & Fourth Stage of Elementary Male School Students in Isfahan City

Protocol summary

Summary

The objective of this randomized trial was to investigate the effects of Reduction of Bullying Training Program on the rate of these behaviors in male's students of elementary schools in Isfahan City. A total of 40 Bullying children, who were chosen after three stages of sampling by random multi-stage method, were randomly assigned into experimental or control group. The Experimental group took part in 10 sessions of Reduction of Bullying Training Program twice a week. Sociometry and Peer Relationship Questionnaire, with three subscales including bullying, victim and prosocial behaviors were measured and compared between groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201109197592N1**

Registration date: **2011-10-17, 1390/07/25**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2011-10-17, 1390/07/25

Registrant information

Name

Nasim Esteki Azad

Name of organization / entity

University of Isfahan

Country

Iran (Islamic Republic of)

Phone

Email address

azad.psy@gmail.com

Recruitment status

Recruitment complete

Funding source

Personal

Expected recruitment start date

2010-11-07, 1389/08/16

Expected recruitment end date

2011-01-06, 1389/10/16

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effectiveness of Reduction of Bullying Training Program on The Rate of this Behaviors of Second & Fourth Stage of Elementary Male School Students in Isfahan City

Public title

Effectiveness of Reduction of Bullying Training Program on The Rate of this Behaviors

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: male bully children of 4th and 5th degree of primary school in Isfahan Exclusion criteria: more scores at Prosocial behavior or victims subscale

Age

From **8 years** old to **10 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **40**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
University of Isfahan
Street address
Hezarjirib Street,Azadi Square,Isfahan.
City
Isfahan
Postal code
Approval date
2010-02-01, 1388/11/12
Ethics committee reference number
88/71952

Health conditions studied

1

Description of health condition studied

Bullying Behaviors
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description

Bullying Behaviors
Timepoint
A week before and a week after the intervention and 6 months after the intervention
Method of measurement
Peer Relationship Questionnaire(PRQ)

Secondary outcomes

1

Description

Victim Behaviors

Timepoint

One Week for Pretest & Posttest-six Mounth for Follow

Method of measurement

Peer Relationship Questionnaire(PRQ)

2

Description

Prosocial behaviors

Timepoint

A week before and a week after the intervention and 6 months after the intervention

Method of measurement

Peer Relationship Questionnaire(PRQ)

Intervention groups

1

Description

Experimental group received educational intervention to reduce bullying in ten 60-hour sessions for 45 days. The content of the training sessions was important peer relationships skills such as self-control and homogeneous.

Category

Behavior

2

Description

The control group received no intervention.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center
Male Schools of Isfahan
Full name of responsible person
Street address
City
Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Personal:Nasim Esteki Azad
Full name of responsible person
Nasim Esteki Azad
Street address
No.68, shafagh Alley, tehran Street, Isfahan.
City
Isfahan
Grant name
Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Personal:Nasim Esteki Azad

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

University of Isfahan

Full name of responsible person

Nasim Esteki Azad

Position

M.A.

Other areas of specialty/work**Street address**

No.68, shafagh Alley, tehran Street, Isfahan.

City

Isfahan

Postal code**Phone**

+98 31 1235 5142

Fax**Email**

azad.psy@gmail.com

Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**

University of Isfahan

Full name of responsible person

Nasim Esteki Azad

Position

M.A.

Other areas of specialty/work**Street address**

No.68, shafagh Alley, tehran Street, Isfahan.

City

Isfahan

Postal code**Phone**

+98 31 1234 4191

Fax**Email**

azad.psy@gmail.com

Web page address**Person responsible for updating data****Contact****Name of organization / entity**

University of Isfahan

Full name of responsible person

Nasim Esteki Azad

Position

M.A.

Other areas of specialty/work**Street address**

No.68, shafagh Alley, tehran Street, Isfahan.

City

Isfahan

Postal code**Phone**

+98 31 1235 5142

Fax**Email**

azad.psy@gmail.com

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty