

Clinical Trial Protocol

Iranian Registry of Clinical Trials

08 Jul 2026

A Clinical trial to study the effect of information prescription in reducing relaps among patients with inflammatory bowel disease

Protocol summary

Summary

The aim of this study was to evaluate the effect of treatment with prescription information, to inflammatory bowel disease. The sample size was 160 patients with inflammatory bowel disease who were referred to a hospital clinic of Imam Reza (AS) Tabriz, during a visit of the first Persian date Mordad 1394 to 1395 is the first pole of the year. Random sampling will be carried out. The study will be a blinded. Blind will also evaluate the data. Evidence-based information regarding the current situation of the patient to his doctor prescribes, Prepared by an expert librarian And after assessments and simplify it in terms of intelligibility For patients in a printed format in writing to the intervention group and the oral explanation provided. But groups control only receive oral information in accordance with the usual procedure. The implications of this study are: The effect of therapeutic intervention in reducing relapses, the effect of therapeutic intervention in health care costs; The effect of therapeutic intervention in the frequency of complications of hypochondriasis after the release of health information, the effect of therapeutic intervention in the reduction of drug and dosage, the effect of therapeutic intervention in inflammatory bowel disease, quality of life.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201510137612N2**

Registration date: **2016-05-24, 1395/03/04**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2016-05-24, 1395/03/04

Registrant information

Name

Vahideh Zarea Gavgani

Name of organization / entity

Medical Science of Tabriz University

Country

Iran (Islamic Republic of)

Phone

+98 41 1335 6915

Email address

zarehv@tbzmed.ac.ir

Recruitment status

Recruitment complete

Funding source

Tabriz University of Medical Sciences - Research Department

Expected recruitment start date

2015-07-23, 1394/05/01

Expected recruitment end date

2016-06-21, 1395/04/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

A Clinical trial to study the effect of information prescription in reducing relaps among patients with inflammatory bowel disease

Public title

The Effect of information therapy prescribed by physician to reduce relaps in patients with inflammatory bowel disease

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: patients with inflammatory bowel

disease; literate (minimum cycle) or at least the carer to be literate. Consciousness, no access to information other than intervention such as family members. Age between 18 to 85 years, consent to participate in the study. Exclusion criteria: Prior knowledge and informed: Patients who already have other sources of information other than the version information Such as having access to a doctor in the family, or close friends in that case, patients should be excluded; Lack of awareness; Chronic digestive diseases other than that for which the drugs.

Age

From **18 years** old to **85 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **160**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Single blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Tabriz University of Medical Sciences

Street address

Tabriz, GOLGASHT, University Avenue, University of Medical Sciences

City

Tabriz

Postal code

5166615739

Approval date

2015-07-06, 1394/04/15

Ethics committee reference number

TBZMED.REC.1394.355

Health conditions studied**1****Description of health condition studied**

Inflammatory bowel disease

ICD-10 code

K50

ICD-10 code description

Crohn disease [regional enteritis]

2**Description of health condition studied**

Inflammatory bowel disease

ICD-10 code

K51

ICD-10 code description

Ulcerative colitis

Primary outcomes**1****Description**

Reduction of relapses

Timepoint

Two and four months after intervention

Method of measurement

Phone calls and questionnaires

Secondary outcomes**1****Description**

medical expenses

Timepoint

Two and four months after intervention

Method of measurement

Call-questionnaire

2**Description**

Frequency of complications Hypochondrias

Timepoint

Two and four months after intervention

Method of measurement

Call-questionnaire

3**Description**

Change in the number of drugs and dose of intake

Timepoint

Two and four months after intervention

Method of measurement

Call-questionnaire

4**Description**

Quality of life

Timepoint

Two and four months after intervention

Method of measurement

Call-questionnaire

Intervention groups

1

Description

In this study, the type of intervention in the form of a written copy of the information prescribed by a doctor. Patients in the intervention group in addition to the usual information that is given to patients. Treatment with oral prescription information to librarians about the information they receive. Information content includes information about inflammatory bowel disease, medications, tests, symptoms, exercise and self-care is health. The control group did not receive written information and oral librarian.

Category

Prevention

2

Description

Patients in control group only received verbal information typically provided by your doctor, and the doctor does not receive health information.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Reza Hospital

Full name of responsible person

Dr. Mohammad Hossein Somi

Street address

Tabriz, GOLGASHT, Imam Reza Hospital

City

Tabriz

2

Recruitment center

Name of recruitment center

Sheikh Alrys clinic affiliated with the University of Medical Sciences

Full name of responsible person

Dr. Mohammad Hossein Somi

Street address

Tabriz, Liberty Avenue, not far from the GOLGASHT, Avicenna Clinic

City

Tabriz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tabriz University of Medical Sciences Research

Council

Full name of responsible person

Dr. Mohammad Reza Rashidi, Deputy Director for Research

Street address

Tabriz, GOLGASHT, University Avenue, University of Medical Sciences

City

Tabriz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tabriz University of Medical Sciences Research Council

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Tabriz University of Medical Sciences

Full name of responsible person

Parisa Akbari Aykdh Lu

Position

A graduate student in Library and Information Science Medicine

Other areas of specialty/work

Street address

Tabriz, GOLGASHT, Street University, Faculty of management and medical informatics

City

Tabriz

Postal code

Phone

+98 910 408 0053

Fax

Email

parisa.akbari68@yahoo.comredflower0053@gmail.com

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Tabriz University of Medical Sciences

Full name of responsible person

dr. Vahideh Zarea Gavvani

Position

Associate professor of medical library and information sciences

Other areas of specialty/work

Street address

GOLGASHT, Street University, Faculty of Management and Information Sciences, room 405 b. Tabriz
University of Medical Sciences

City

Tabriz

Postal code

Phone

+98 914 234 0268

Fax

Email

vgavgani@gmail.com, vgavgani@yahoo.com,
zarehv@tbzmed.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Tabriz University of Medical Sciences

Full name of responsible person

Parisa Akbari Aykdh Lu

Position

A graduate student in Library and Information Science
Medicine

Other areas of specialty/work

Street address

Tabriz, GOLGASHT, Street University, Faculty of management and medical informatics

City

Tabriz

Postal code

Phone

+98 910 408 0053

Fax

Email

parisa.akbari68@yahoo.com
redflower0053@gmail.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty