

Clinical Trial Protocol

Iranian Registry of Clinical Trials

07 Jul 2026

Comparison the effect of face to face and telephone counseling on women sexual satisfaction in Ahvaz,Iran

Protocol summary

Summary

Objective: Comparison of telephone and face to face counseling on women sexual satisfaction Method: Randomized clinical trial with single blind Group Population: All married women referred to health care facilities of Ahvaz University of Medical Sciences Inclusion criteria: Married women, at least 1 to 5 years have passed their marriage, sexual dissatisfaction with the initial test and having cell phone Exclusion criteria: history of any illness that may affect sexual function, pregnancy and recent death of a family member Sample: 23 patients in each group (face-to-face counseling and telephone counseling) Intervention: In face to face group we have 4 weeks of sexual counseling, that each week we would have one session of face to face counseling. In telephone counseling group we have 4 weeks of counseling by cell phone each week. Two groups would be free for more counseling. Sexual satisfaction questionnaire will be completed before the consultation and one week after intervention for both groups Study outcomes: This study was conducted to determine the effective counseling on women's sexual satisfaction, to established counseling centers in health care facilities.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201109237619N1**
Registration date: **2013-08-18, 1392/05/27**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2013-08-18, 1392/05/27

Registrant information

Name

Shirin Zargar Shoushtari

Name of organization / entity

Ahvaz Jondishapur University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 61 1373 8311

Email address

zargar-s@ajums.ac.ir

Recruitment status

Recruitment complete

Funding source

Ahvaz Jondishapur University of Medical Sciences and Faculty of Arvand International Division

Expected recruitment start date

2013-05-22, 1392/03/01

Expected recruitment end date

2013-08-24, 1392/06/02

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison the effect of face to face and telephone counseling on women sexual satisfaction in Ahvaz,Iran

Public title

Comparison the effect of face to face and telephone counseling on women sexual satisfaction

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:At least 1 to 5 years have passed their marriage: Having cell phone: Ability to write and read
Exclusion criteria: History of any medical condition: Well-known sexual diseases affecting sexual function: Well-

known cases of mental illness: History of divorce: Recent death of a family member: Well-known sexual disorders in couples: Pregnancy: The premarital sexual abuse or harassment: Addiction to drugs and alcohol

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 46

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ahvaz Jondishapur University of Medical Sciences

Street address

Golestan Highway

City

Ahvaz

Postal code

Approval date

2013-05-11, 1392/02/21

Ethics committee reference number

ajums.REC.1392.50

Health conditions studied

1

Description of health condition studied

Other sexual dysfunction, not caused by organic disorder or disease

ICD-10 code

f52.8

ICD-10 code description

f52.8

Primary outcomes

1

Description

Sexual Satisfaction Index

Timepoint

Onset time, 1 month after intervention

Method of measurement

ISS standard questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Face to Face Counseling

Category

Behavior

2

Description

Telephone Counseling

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

N 11, East, Health Center

Full name of responsible person

Shirin Zargar Shoushtari

Street address

Koye Tolab

City

Ahvaz

2

Recruitment center

Name of recruitment center

N 5, West, Health Center

Full name of responsible person

Shirin Zargar Shoushtari

Street address

Kianabad

City

Ahvaz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Ahvaz Jundishapour
University of Medical Sciences and Faculty of Arvan

Full name of responsible person

Dr Mostafa Feqhi

Street address

Golestan highway

City

Ahvaz

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice chancellor for research, Ahvaz Jundishapour
University of Medical Sciences and Faculty of Arvan

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Ahvaz Jondishapur University of Medical Sciences-
Faculty of Arvand International Division

Full name of responsible person

Shirin Zargar Shoushtari

Position

Master of science at midwifery

Other areas of specialty/work**Street address**

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty